Vivian Fowler

1601 Creep Loop Rd. Apt 303

Raleigh, North Carolina 27607

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**OBJECTIVE**

**SEEKING OPPORTUNITY FOR FURTHER ADVANCEMENT IN A CUSTOMER FACING ROLE**

**EXPERIENCE**

Collaborate with the Surgeon and Interdisciplinary team to ensure data is verified for scheduled surgical procedures preoperative and intra-perioperative process. Pre-operative nursing duties includes assisting scrub tech with setting up the operating room, communicating with pre-op nurse to ensure medical surgical consent is obtained, labs data and other necessary charting has been completed. During intraoperative perform sterile skin preparation for intended incision site on the patient and ensuring sterile procedures are followed. Additional pre-operative and intraoperative includes assisting additional operative team, administering medications needed for procedure to the sterile field, collect medications needed for the anesthesia team and perfusionist. Follow-up by updating patient's family, following up with inpatient blood bank department per orders, obtaining necessary surgical supplies or implants required for surgical procedures. Outstanding skills with computerized charting

**Scripps Mercy-San Diego Medical Center- Level 1 Trauma Center January 2022- Present**

**Ronald Reagan UCLA Medical Center- Level 1 Trauma Center September 2020- January 2022**

**Vanderbilt University Medical Center – Level 1 Trauma Center August 2018- August 2020**

**WakeMed-Raleigh** **February 2018- July- 2018**

**University of Mississippi Medical Center – Level 1 Trauma Center August 2017- February 2018**

## CRITICAL CARE SPECIALTY UNITS

## University of North Carolina Medical Center January 2016- August 2017

## Registered Nurse-Intermediate Cardiac Care Unit/Cardiac Stepdown- Perform competent nursing care in to patients diagnosed with acute and chronic cardiovascular disease or injury such as ischemic heart disease/ acute coronary syndrome, such as hypertension, cardiomyopathy, dysrhythmias, myocardial infarction, peripheral vascular disease, requiring close nursing assessment which monitors for potential complications that may result in a life threatening event following post-operative invasive cardiac and vascular procedures.

Additional skills and knowledge: Interpretation of 12 lead EKG leads for monitoring cardiac rhythms and cardiac pacing; post-operative care, cardiac invasive and non-invasive diagnostic testing, cardiac surgery skin prep, chest tube monitoring, blood product administration, ventilation management, intravenous medication via central line, Intravenous fluid maintenance, and computerized charting.

## Piedmont Medical Center- Atlanta, GA (Nursing contract -Soliant Health) October 2015 – December 2015

## Registered Nurse- Cardiac Stepdown-Perform competent nursing care in to patients diagnosed with acute and chronic cardiovascular disease or injury such as ischemic heart disease/ acute coronary syndrome, such as hypertension, cardiomyopathy, dysrhythmias, myocardial infarction, peripheral vascular disease, requiring close nursing assessment which monitors for potential complications that may result in a life threatening event following post-operative invasive cardiac and vascular procedures. Implement core-measures for Myocardial Infarction, stroke, or transient ischemic attach, along with preventative measures by administering antibiotics, intravenous medications and fluid management, blood products, Insulin management, ambulatory electrocardiogram monitoring. Perform literate skills in Epic charting.

## Vanderbilt University Hospital – Nashville, TN May 2014 - June 2015

**Registered Nurse- Cardiac Step-down**-Performed competent nursing care to patients diagnosed with ischemic heart disease/ acute coronary syndrome, such as hypertension, cardiomyopathy, dysrhythmias, myocardial infarction, peripheral vascular disease, requiring close nursing assessment which monitors for potential complications that may result in a life threatening event following post-operative invasive cardiovascular procedures. Administered intravenous cardiogenic medications, maintenance dose medications sotalol, tikosyn, administer anticoagulant medications, nitrates, antibiotics, and pain management. Initiate Heart Failure education to improve patient wellbeing and decrease disease progression. Early admission and discharge teaching

Additional skills and knowledge: Interpretation of 12 lead EKG leads for monitoring cardiac rhythms and cardiac pacing; perform percutaneous blood lab values, invasive and non-invasive diagnostic testing, cardiac surgery skin prep, chest tube monitoring, blood product administration, ventilation management, intravenous medication via central line, Intravenous fluid maintenance, and computerized charting.

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**EXPERIENCE**

**Trinity Medical Center- Birmingham, AL October 2013 – May 2014**

**Registered Nurse- Operating Room Circulator**-Registered Nurse-Operating Room Circulator-Worked with the Surgeon and interdisciplinary operative team to ensure all preoperative data was verified for the scheduled surgical procedures. Assist the surgical tech with physician preference card to ensure surgical supplies, instrumentation, medications, and equipment are available..

## Saint Vincent’s Health System-Birmingham AL June 2013 – October 2013

**Registered Nurse- Post-Operative Medical Surgical Unit**-Performed direct patient care in post-surgical/medical surgical utilizing core-measures for VTE protocol; perform clinical nursing skills such as medication administration via oral, intramuscular, subcutaneous, TPN, intravenous (peripheral/central line route); patient assessments, discharge and provide interdisciplinary care with a multi-team staff. Types of surgical procedures include General surgery such as appendectomy, cholecystectomy, penile implants, colon re-section, thyroidectomy, breast augmentation and radical mastectomy. Inpatient hospital stay ranged from 1-3 days.

## Wellstar Health System June 2012 – May 2013

## Registered Nurse-Neurology/Stroke Unit-Performed bedside nursing care specializes with nursing core-measures for stroke and cardiac patients. Provide care to patients with high risk neurologic injuries such as and ischemic or hemorrhagic stroke; Comprehensive, continuous patient centered care includes: NIH assessment, computer documenting, planning, implementing stroke protocols, patient teaching for discharge, developing, and evaluating a comprehensive nursing plan of care; delegated assignment to patient care assistants within scope of practice per facility policies. Administered medications via oral, intramuscular, subcutaneous, TPN, intravenous (peripheral/central line route).

**Northwest Medical Center June 2011-December 2011**

**Registered Nurse-Medical Surgical Unit**-Direct Patient care for age-appropriate care ranging from young adult hood o geriatric population in medical surgical which consisted of core-measures for Myocardial Infarction, stroke, or transient ischemic attach, surgical procedures, provide preventative measures by administering antibiotics, intravenous medications and fluid management, blood products, glucose management, ambulatory electrocardiogram monitoring, palliative nursing, and computer charting.

ALLIED HEALTH SKILLS

**Surgical Technologist**

**Central Mississippi Medical Center** - Jackson, MS **Oct. 2004-July 2007**

Assist the surgeon in obstetrical/gynecological procedures and collaborate with the Registered Nurse and other interdisciplinary staff with maternal/postpartum patient care, prepared the operating room for surgical procedures to ensure surgical equipment and instruments are properly functioning during surgical procedures

**University of Mississippi Medical Center** - Jackson, MS **Aug. 2000-May 2002**

Provide the surgical team with basic surgical assistance ensures patient comfort and provides quality patient care; ensure surgical equipment and instruments were sterilized in accordance with infection control and regulatory standards; assist with patient transport to PACU.

# EDUCATION

## Mississippi College School of Nursing December 2010

**Bachelors of Science in Nursing Degree**

## Hinds Community College

**Vocational Practical Nursing Certificate** December 2004

**Associate of Science in Surgical Technology** August 2000

**General Associate in Arts Studies**  July 1998

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# LEADERSHIP PERFORMANCE

**Scripps Mercy Hospital**

**Main OR Charge Nurse March 2022-Present**

**Fortis Institute**

**Registered Nurse-Adjunct/Clinical Instructor for Vocational Nursing program** **September 2013-May 2014**

Collaborate with other faculty members to meet student needs; carry out classroom, clinical and laboratory skills teaching to help students prepare and perform successfully for NCLEX-PN. Provide clinical instruction to students in approved health care settings; Provide remediation plan for unsuccessful students.

**Southern Healthcare- Nursing contract Agency March 2011-June 2011**

**Registered Nurse Supervisor-Long Term Care**

Supervised LPN and ancillary staff and delegated duties for competent safe patient care. Performed wound care to diabetic patients and obtain blood lab values. Assist patient families with concerns by solving and reporting unresolved complaints to facility administrator.

# Registered License and Certifications

California Board of Nursing License 9522154 -Expires January 2024

Compact State license Renewal submitted for North Carolina Board of Nursing

BLS Expiration March 2024

ACLS TEST PASSED/CLASS PENDING 2022