

SHERIA M. WESTON

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📍 Santa Rosa, CA 95404

PROFESSIONAL SUMMARY

To obtain a position as a Registered Nurse of which I can be genuinely excited in a setting where I can utilize my education and experience and thrive as a nurse while contributing nursing excellence to my environment. To grow into a position where my passion for patient care can be elemental in my advancement within a stellar medical environment. SUMMARY OF QUALIFICATIONS Dedicated, hardworking Registered nurse with a demonstrated passion for delivering the best in patient care. Recognized by supervisors, peers, and professors for team orientation, high level critical- thinking skills and desire for continuous learning.

SKILLS

- Patient Care Assessment
- Patient Examination
- Compassionate and Caring
- Critical Thinking
- Care Coordination
- Clear Patient Communication
- Infection Control Procedures
- Direct Patient Care
- Delegation and Motivation
- Student Precepting
- Patient Condition Monitoring
- Attention to Detail
- Accurate Documentation
- Medication Administration
- Monitoring Vital Signs

EDUCATION

Metropolitan Community College
Penn Valley, Kansas, Missouri

Associate degree: Nursing
GPA: 3.8

WORK HISTORY

Santa Rosa Memorial Hospital - Registered Nurse, Orthopedic Unit
Santa Rosa , CA • 06/2021 - Current

- Audited charts and reviewed clinical documents to verify accuracy.
- Conferred with physicians to discuss diagnoses and devise well-coordinated treatment approaches.
- Implemented medication and IV administration, catheter insertion and airway management.
- Educated patients, families and caregivers on diagnosis and prognosis, treatment options, disease process and management and lifestyle options.
- Collected blood, tissue and other laboratory specimens and prepared for lab testing.
- Organized and managed care of patients undergoing various therapies and procedures.
- Advocated for patients by communicating care preferences to practitioners, verifying interventions met treatment goals and identifying insurance coverage limitations.
- Managed care from admission to discharge.
- Taught patients how to improve lifestyle choices, dramatically reducing chance of symptom reoccurrence.
- Managed quality care for patients with heart failure, end-stage renal disease and coronary artery disease.
- Reviewed post-operative orders and continuously monitored patients' post-operative vitals, set up PCA and fluids and oriented patients to unit.
- Administered medications via oral, IV and intramuscular injections and monitored responses.
- Collaborated with physicians to quickly assess patients and deliver appropriate treatment while managing rapidly changing conditions.
- Maintained quality care and comfort for patients with heart failure, pulmonary hypertension and other conditions.
- Provided didactic and clinical instructions to orient new nurses and potential student nurses to achieve training outcomes.
- Advised patients and caregivers of proper wound management, discharge plan objectives, safe medication use and disease management.
- Assisted patients in execution of physical therapy exercises and

interventions, providing both physical and motivational support.

RN- LASERAWAY NOVATO CA - Registered Nurse

Novato , Ca • 08/2019 - 01/2022

- Assess and treat patients within established protocols
- Maintain laser and keep treatment room clean and stocked with supplies
- Keep patient charts up to date between treatments
- File any complication reports per protocol
- Maintain communication with physician regarding patient treatments as needed
- Educating patients regarding treatments and pre/post care
- Speak with patients regarding adding additional treatments
- Trained new nurses in proper techniques, care standards, operational procedures and safety protocols.
- Updated patient charts with data such as medications to keep records current and support accurate treatments.
- Organized and managed care of patients undergoing various therapies and procedures.
- Audited charts and reviewed clinical documents to verify accuracy.

RN - MILAN LASER HAIR REMOVAL

09/2018 - 08/2019

- Assess and treat patients within established protocols
- Maintain laser and keep treatment room clean and stocked with supplies
- Keep patient charts up to date between treatments
- File any complication reports per protocol
- Maintain communication with physician regarding patient treatments as needed
- Educating patients regarding treatments and pre/post care
- Speak with patients regarding adding additional treatments

RN - KINDRED HOSPITAL NORTHLAND LTACH

01/2017 - 08/2019

- Deliver quality patient care by contributing to the nursing care plan from admission to discharge
- Prepare assessment of patient's progress and keep family informed
- Monitor pain management procedures
- Participate in the discharge planning process
- Ensure current and accurate patient documentation
- Supervise ancillary staff members

RN, HOSPITAL PROGRESSIVE CARE UNIT

LIBERTY • 06/2016 - 06/2017

- Provide nursing care to cardiac patients of a step-down unit consisting of 36 beds
- Monitor individuals according to standard procedures for postoperative cardiac patients, using techniques such as cardioversion, EGD, bronchoscopy, tee, cardiac catheterization with PCI, peg placement and other procedures
- Assist patients in strength building toward a return to their home environment, ensuring readiness through health status monitoring and facilitation of treatment plans
- Consult with unit nurses, physicians, families, therapists and other

pertinent personnel regarding patient health, home readiness and expectations as part of ongoing recovery.

LPN CLAY PLATTE FAMILY MEDICINE

07/2015 - 06/2016

- Roomed patients
- Took vitals
- Medication reconciliation
- Administered vaccines for well child exams
- Administered flu shots
- Administered injections per physician orders
- Assistance with well woman exams
- Emr charting

LPN SAINT LUKE'S CARDIOVASCULAR CONSULTANTS

07/2014 - 09/2015

- Assist with follow-up instructions to patient under direction of physician, Nurse Practitioner or Cardiology Nurse Clinician
- Proficient in patient protocol, charting in EMR
- Obtaining vital signs, obtaining pertinent patient information history
- Greets patients and prepares them for examinations/EKG
- Screens patients for appropriate information
- Maintains orderly and efficient timely flow of patients
- Assist with preparation of home testing as needed
- Complete refills per protocol
- Communicate with outside labs and triage phone calls as needed
- Receive home monitoring test results and dose patients using intermountain protocol
- Receive outside lab results and dose patients using intermountain protocol
- Daily preparation of patients for appointments
- Gathering clinical data for chart prior to visit time
- Preparation and monitoring of exam room
- Interpret and recognize arrhythmias and respond to abnormal EKG interpretations
- Coordinate CBU time to optimize clinic resources
- Attend weekly clinic meetings
- Training/precepting Clinical Technicians

Biolife Plasma Services - Medical Historian

Independence, MO • 01/2011 - 01/2012

- Performed finger sticks to test Plasma for iron and protein levels
- Performed donor evaluations, taking vital signs and general info of donors