

Jessica M. Molina

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Objective

RN with ER, urgent care, outpatient specialty background looking to obtain a responsible, fast pace position in which my education, skills, and training can be utilized toward advancement by supporting the philosophy, objectives, and goals of the facility.

Licensure

California State Board of Registered Nurses, June 2017, License #95130981

Certifications

IV and Blood Draw- Los Angeles County College of Nursing, January 2012

Basic Life Support for Healthcare Providers- American Heart Association, June 2024

ACLS and PALS- American Heart Association, June 2024

Professional Experience

RN, Cedars-Sinai Medical Center, Los Angeles, CA

(September 2020-September 2021)

- Working in multiple specialty ambulatory departments providing smooth patient flow resulting in optimum patient satisfaction and clinic operation. Providing comprehensive care services to complex patients including but not limited to escorting patients to exam rooms, administering medications, infusions, obtaining and appropriately recording and monitoring patient vital signs/medication list, monitors patient flow, assists physicians with minor clinical procedures, performs EKGs, IVs, prepares patient chart with pertinent medical information, and prescription management as directed by physician.
- Demonstrates advanced assessment skills, integrating appropriate data sources to assess the signs, symptoms, reactions, behaviors, or general appearance to determine normal versus abnormal characteristics. Provides assistance to co-workers, new staff, temporary staff and students. Ensures patient's right to privacy, safety, and confidentiality is maintained. Maintains a safe environment in accordance with standards, policies, and safety regulations. Ensures compliance with infection control policies. Highly flexible, enthusiastic, have a proactive approach, excellent interpersonal and communication skills, work efficiently under pressure and work efficiently in a team environment.

RN, County of Los Angeles: Harbor-UCLA Medical Center, Torrance, CA

(March 2018-September 2020)

- Working knowledge of handling emergency cases in real-time environment. Demonstrates ability to observe vital signs, symptoms and behavior of patients to provide immediate emergency services. Services include specialized, life saving treatments including CPR and medical resuscitations.
- Thorough knowledge of administering medications and other physical therapies such as IVs, oxygen therapies, wound care, foley, NGTube skills.
- Critical thinking targeted at assessing patients health and determining when action is necessary. High attention to detail aimed at working with multitude of specialized treatments. Proven ability to stay calm in distressful situations with a keen capability of showing compassion. Exceptional communication skills aimed at calming down distressed patients and families.

- Able to take directions and following them with an aim to handle emergencies appropriately. Being well prepared for the unpredictable and diverse nature of emergencies that are the norm in ED. Ability to work successfully in a multifaceted and fast-paced triage medical facility

LVN, Medpost Urgent Care, Tenet health, Cerritos, CA

(February 2016- June 2017)

- Provided patient care from triage to discharge and coordinating follow-up care as necessary. Performed daily quality controls and maintenance of in house lab equipment. Accountable for stocking rooms, central supply, crash cart, med cabinet, & outgoing lab supply.
- Daily duties of providing oral, IM, SQ medications, diagnostic test, splinting, wound care, starting IV's, blood draws and monitoring fluid replacement, foley cath's I&O cath's for pediatric/adult, 911 emergency calls, assisting in abscess I & D and suture repair, breathing treatments, patient call backs, pharmacy calls, and laboratory.

LVN, County of Los Angeles: Long Beach Comprehensive Health Center, Long Beach, CA

(May 2015- Jan 2016)

- Assisted and triage patients appropriately base on their acuity. Working in a fast paced environment, responsibilities include taking appropriate vital signs, recording in medical record, setting up exam rooms/procedure rooms appropriately based on patient visit needs, assisting provider in examination/procedure rooms as needed. Following doctors orders with medication administration, diagnostic test and discharge instructions. Prepare designated lab work/specimens as directed by provider.
- Assisting/coordinating patients with concerns, consents, questions, phone calls, and follow up scheduling needs. Observe patient flow and ensure to provide appropriate care in timely manner while maintaining patient confidentiality and excellent patient service.
- In this position I worked in several different clinics from women's health, OBGYN, HIV, optometry, podiatry, dermatology, pediatrics, adult medicine and urgent care.

Charge Nurse, Lakewood Healthcare Center, Downey, CA

(April 2014 - March 2015)

- Provides and supervises delivery of clinical and psychiatric behavioral nursing care to patients in collaboration with the multi-disciplinary team. Effectively demonstrates patient centered and goal directed nursing care. Demonstrates professional demeanor and strong team participation. Ensures patient's right to privacy, safety, and confidentiality and ensures compliance with infection control policies.
- Delegating nursing assignments, preparing schedules, processes admissions and discharges, carrying out Doctors orders, monitoring and ordering medicines and supplies. Ensuring the safety and standard of patient care. Documents legibly in the patient chart according to health center policy.
- Read vital signs such as pulse, temperature, O2 sat, blood sugar, blood pressure and respiration. Administer medications with knowledge of purpose, action and possible side effects, administers injections, enemas, monitor catheters and collect samples for testing. Closely monitor patients and report any signs of treatment complications or adverse medication reactions.

Education

Cerritos College, Norwalk, California - Associate Degree in Liberal Arts, May 2009

St. Francis Career College, Lynwood, California- Vocational Nurse, December 2011

Los Angeles College of Nursing and Allied Health- Registered Nurse, December 2016

Chamberlain University, College of Nursing- Bachelors of Science in Nursing, September 2019

Volunteer Work

St. Francis Medical Center 2010-2012- Lynwood, Ca- Assisted blood drives, immunization clinics, diabetes testing, and many health fairs in the Los Angeles area.

CareNow 2012- Los Angeles, Ca- Assisted medical personal in triage for people with no health insurance in need of care.

St. Raymond Church – Downey, CA – Youth group leader of high school aged teens. Delivered food and clothing to shelters in Orange and Los Angeles Counties. Participated in fundraising and missionary trips to orphanages in Tijuana, Mexico.