

jmaslosky@aol.com | 6319210366 | Port Jefferson Station, NY 11776

Summary

Compassionate experienced Registered Nurse with strong understanding of long and short term care facilities. Skilled at developing comprehensive pre and post-treatment plans with patients and their team for quality healthcare. Committed to patient education and advocacy. I am very compassionate towards my patients and all the care I provide with an emphasis on a holistic approach. I believe in the physical and mental well being of the patient and caregivers are necessary to progress towards their goals. My employment in the field of medicine began decades ago as a CNA and progressed to my current degree as an RN. In this vast amount of time in my life, I have learned many skills in medicine, but I pride myself on not only medical experience, but the compassion and care to each individual I encounter.

Skills

- Creative Problem Solving
- Diet and Nutrition
- Attention to Detail
- Medication Administration
- Compassionate and Caring
- Care Coordination
- Accurate Documentation
- Critical Thinking
- Blood Draw and Sample Collection
- Culturally-Sensitive Care

- Palliative and Pain Management
- Strong Medical Ethic
- Family and Patient Support
- Nursing Plan Development and Modification
- Acute and Rehabilitative Care
- Psychiatric and Mental Health Care
- Long-Term Care
- Emotional Awareness
- Patient Care Assessment

Experience

NYHC | Patchogue, NY **Registered Nurse** 01/2022 - Current

- Oversaw patient admission and discharge processes to coordinate related paperwork.
- Assessed patients' response to treatment and suggested ways to combat side effects.
- Collaborated with doctors to plan post-treatment home care and prevent return hospitalization.
- Developed and adapted individualized treatment plans according to patient recovery goals.
- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.
- Updated physicians on patient test results and assisted in developing care plans.
- Assessed patients' response to treatment and suggested ways to combat side effects.
- Improved patient outcomes and quality of care by determining and suggesting changes to processes.
- Developed and adapted individualized treatment plans according to patient recovery goals.
- Used feedback and clinical data to improve care quality and patient

All Metro Health care agency | Port Jefferson Station, NY **Registered Nurse** 04/2021 - Current outcomes.

 Acted as patient advocate and implemented total patient care through team nursing process.

Christian Nursing Registry | Smithtown,

Registered Nurse

02/2020 - 04/2021

John J Foley | Yaphank, NY **Licensed Practical Nurse** 11/2010 - 08/2014

Quest Diagnostics | Manhasset, NY Phlebotomy Technician 02/1988 - 06/1993

South Oaks Hospital | Amityville, NY **Certified Nursing Assistant** 01/1985 - 06/1988

- Monitored and managed various treatment and care interventions.
- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.
- Administered medications, tracked dosages and documented patient conditions.
- Maintained personal and team compliance with medication administration standards and patient care best practices.
- Improved patient outcomes and quality of care by determining and suggesting changes to processes.
- Followed rehabilitation and treatment care plans to accelerate patient recovery, minimize pain and optimize patient outcomes.
- Prevented drug interactions and contributed to correct diagnosis by recording patient health information, monitoring vitals and updating patient files.
- Examined and addressed lacerations, contusions and physical symptoms to assess and prioritize need for further attention.
- Started, monitored and managed intravenous medication to stabilize patient heart and blood pressure.
- Cared for patients' acute and chronic wounds by changing dressings and applying medicated compounds.
- Obtained variety of blood samples through venipuncture or capillary puncture using syringes, butterfly needles and straight needles.
- Recognized and reported abnormalities or changes in patients' health status to nursing staff for immediate assessment.
- Assisted patients with shaving, bathing and oral hygiene to promote healthy habits and overall wellness.
- Facilitated activities of daily living, personal hygiene management, feeding and ambulation.
- Exhibited compassionate care and communication regarding issues surrounding death and dying.

Education and Training

Excelsior College | Albany, NY Associate Degree in Nursing in Registered Nurse 03/2020

Easter Suffolk Boces | Central Islip, NY Licensed Practical Nurse 06/2010

Provena | Ridgewood, NY Phlebotomist / IV Certification 01/1988

Suffolk County Community College | Selden, NY Some College (No Degree) in Nursing Pre-requisites

Excelsior College | Albany, NY **Bachelor of Applied Science** in BSN

Activities and Honors

Received a scholarship for academic excellence while attending Eastern Suffolk Boces. Graduated LPN Received partial scholarship for academic excellence from Excelsior College. Graduated RN Awarded for "Best new nurse" with Chrisitan Nursing registry for my dedication and work with pediatric population. Certificate for appreciation of services from Soundview pregnancies services for my volunteer work.