

## Lydia A. Lartey, MSN, RN, FNP-BC

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### NURSE PRACTITIONER | REGISTERED NURSE

Excellence-driven board-certified family nurse practitioner with 8 months of experience as an NP and 12 years of nursing experience focused on providing quality care and maintaining direct line of communications with patients and the entire health-care team. Solid credentials and diversely experienced with comprehensive background in gynecology oncology, medical-surgical oncology, and primary care.

#### COMPETENCIES

Patient Education • Nursing Process • Nursing Process • Health Assessment  
Patient Advocacy • Team Collaboration • Problem Resolution • Chemotherapy • Medical-Surgical

#### EXPERIENCES

##### **Bon Secours Mercy Health, Portsmouth, VA Nurse Practitioner, Gynecologic Oncology**

**9/2021 – Current**

Performs history and physical exams, writes progress notes, monitor chemotherapy toxicities and surveillance in collaboration with attending physician on 70 percent outpatient and 30 percent inpatient gynecologic oncology patients.

- Writes orders for medications, medical devices, intravenous fluids, treatments, laboratory/diagnostic studies, procedures.
- Collaborates and consult with multidisciplinary team to ensure safe, effective and continuity of care
- Develops and implements treatment plan by prescribing/dispensing medications and/or injections in compliance with medical practice guidelines and state laws.
- Evaluates the physical and psychological state of the cancer patient. Provides support through teaching, counselling, and referral to community agencies as appropriate
- Performs and/ or assist with invasive procedures such as cervical/vulvar/vaginal biopsies, colposcopy, endometrial biopsy, PAP smears, and pelvic examination according to scope of practice
- Performs admission, consults, rounding, and discharges on 40 percent hospitalized patients
- Dictates/documents follow-up, consult and rounding/call notes in accordance with policies
- Participates in teaching students.

##### **Naval Medical Center Portsmouth, Portsmouth, Virginia Registered Nurse**

**12/2014 – 8/2021**

Performed multi-system physical assessments, developed nursing plan of care, coordinated care with interdisciplinary team, initiated appropriate measures per protocol to manage patients care including EMR documentation. Administered medications accurately; classified acuity level of 3 to 4 assigned patients daily on Hem/Onc patients

- Administered chemotherapy and biotherapy drugs, blood products, IVIG, antibiotics, hydration daily on 3 to 4 patients daily on a 12-bed inpatient oncology unit
- Educated and counselled patients and family members on diagnosis, disease prevention, plan of care, and treatment plans
- Monitored and assessed changes in patients' health status, receiving and processing orders from physicians
- Performed charge nurse duties

**Chesapeake Regional Medical Center, Chesapeake, Virginia**  
**Registered Nurse**

**5/2011 - 08/2014**

Provided care for a wide variety of patients: medical surgical, oncology, surgery.

- Developed and implemented plan of care with interdisciplinary team, assessed, monitored, and documented patient care treatments, IV starts, cared for central lines, Inserted catheters, placed NG tube, managed chest tubes, tracheostomy care, tube feedings, and wound care
- Administered hydration, chemotherapy and biotherapy, blood and blood products

**EDUCATION • LICENSURE • CERTIFICATION**

**Master of Science, Nursing**, Walden University - Minneapolis, Minnesota

**Bachelor of Science, Nursing**, Walden University - Minneapolis, Minnesota

**Associates of Science, Nursing**, Paul D. Camp Community College - Franklin, Virginia

**Licensed Nurse Practitioner in the State of Virginia**. License # 0024178344; NPI and DEA  
**American Nurses Credentialing Center (ANCC) Board Certified as Family Nurse Practitioner**  
(Valid from September 2019-September 2024)

**Registered Nurse for the State of Virginia** (RN # 0001226458; expires, February 2024)

**Basic Life Support (BLS) Certification** (Expires March 2024)

**Oncology Nursing Society; Chemotherapy | Biotherapy Certified** (expires, August 2022)

**COMMUNITY INVOLVEMENT**

**Western Tidewater Medical Reserve Corps (2019 to Present)**

- Assist in mass casualty events exceeding the capacity of regional hospitals and alternate facilities
- Support prophylaxis operations, such as mass vaccinations
- Disaster response efforts
- Assisting in making follow-up phone calls to patients affected with COVID-19