

Tammie Mendez

Registered Nurse

Boerne, TX 78006

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Dedicated and patient-focused Registered Nurse with 13 years experience in geriatric care, family advocacy, leadership with exceptional capacity to multitask: manage competing priorities with ease while fostering delivery of superior patient care. Demonstrated ability to lead and motivate fellow co-workers that provide top quality care.

I am a wife of an retired Army veteran after 35 years of service.

Willing to relocate: Anywhere

Authorized to work in the US for any employer

Work Experience

RN Case Manager Hospice

Alamo hospice

January 2021 to January 2022

Direct supervision of aides. ASSESSMENT OF PATIENTS AND PROVIDING COMFORT CARE FOR PATIENTS ON HOSPICE CARE. EDUCATE AND PROVIDE SUPPORT TO FAMILIES. ATTEND WEEKLY IDT MEETINGS TO DISCUSS PATIENTS ON CASELOAD. MEDICATION ADMINISTRATION, WOUND CARE, CATH CARE WHILE MAINTAINING GOOD RELATIONSHIPS WITH THE MANY FACILITIES I VISITED.

RN Case Manager Hospice

Capitol Hospice - Austin, TX

November 2019 to December 2020

Provide EOL care to pts. Provide teaching to family and providing comfort care. Document using kinnser/Well sky.

Charge nurse

Sagebrook Health Center - Cedar Park, TX

May 2019 to September 2019

Working PRN

Charge Nurse, RN

Cottonwood Creek Nursing and Rehabilitation

July 2014 to May 2019

I Worked as a charge nurse for both skilled and LTC patients in which I have over eight years of experience, three of which were strictly hospice care. I have experience with peg tubes, accessing central lines, wound care, Foley catheters, trach care as well as maintaining a Duopa pump via J tube.

ASSISTANT DIRECTOR OF NURSING

COTTONWOOD CREEK NURSING/REHAB - Cedar Park, TX

2016 to July 2017

Supervised LVNs, RNs, and CNAs in a 124 bed facility. Attend care plan meetings as needed. Provided education and training to nursing staff. I monitor staffing and fill in when needed as a charge nurse. Support nursing staff, monitor supplies, destroy medications as needed. Monitor and investigate incidents and accidents. In the absence of the DON I would perform his/her duties as well. Maintained patient and employee immunizations.

CHARGE NURSE

Cottonwood Nursing and Rehabilitation Center
2013 to 2016

Direct supervision of LVNs, CNAs, direct patient care, medication administration, wound care, oxygen therapy, respiratory therapy, catheter care, gastrostomy care, admissions/discharge, carrying out physicians orders, noting and documentation.

RN CASE MANAGER

Austin Hospice - Austin, TX
2012 to 2015

Direct supervision of aides. ASSESSMENT OF PATIENTS AND PROVIDING COMFORT CARE FOR PATIENTS ON HOSPICE CARE. EDUCATE AND PROVIDE SUPPORT TO FAMILIES. ATTEND WEEKLY IDT MEETINGS TO DISCUSS PATIENTS ON CASELOAD. MEDICATION ADMINISTRATION, WOUND CARE, CATH CARE WHILE MAINTAINING GOOD RELATIONSHIPS WITH THE MANY FACILITIES I VISITED.

RN Charge Nurse

ADON, SAN GABRIEL NURSING/REHAB - Round Rock, TX
2011 to 2012

on my unit, direct patient care, medication administration, wound care, oxygen therapy, respiratory therapy, respiratory therapy, catheter care, gastrostomy care, IV therapy, PICC care and removal, death pronouncement, noting, documentation carry out physicians orders. Attend daily meetings to discuss census, admissions, discharges, MCR/MCA residents. Worked closely with all disciplines.

DIRECTOR OF NURSING

HEARTHSTONE HEALTH CENTER
2011 to 2011

-2011

Director care of all staff, attend daily/weekly meetings, oversee staffing, report incidents/accidents to state if needed. Maintained incidents/accidents and investigate. Provide weekly numbers to the corporate office on a weekly basis. Assess new admit paperwork to determine clinical need and if appropriate for an admission. Provide support to all staff. Oversee supplies. Collaborate with administrator daily.

ASSISTANT DIRECTOR OF NURSING

HEARTHSTONE HEALTH CTR - Round Rock, TX
2010 to 2011

Direct supervision of nursing staff, direct patient care, medication administration, wound care, oxygen therapy, carry out physicians orders, documentation. Attend daily and weekly meetings to discuss census, admissions, discharges, MCR/MCD patients, family concerns or complaints. Worked closely with all disciplines. Attend care plans.

CHARGE NURSE

HEARTHSTONE HEALTH CTR - Round Rock, TX

2009 to 2010

Direct supervision of LVNs, CNAs, direct patient care, medication administration, wound care, oxygen therapy, respiratory therapy, catheter care, gastrostomy care, admissions/discharge, carrying out physicians orders, noting and documentation.

Education

Associate of Applied Science in nursing

Arizona Western College

Nursing Licenses

RN

Expires: May 2022

State: TX

Skills

- RN
- Staff Nurse
- Home Health
- Nursing
- Hospice Care
- Catheter Care
- EMR Systems
- Vital Signs
- Patient Care
- Medication Administration
- Case Management
- Social Work
- Home Care
- Medical Office Experience
- Nurse Management
- Documentation review
- Medical terminology
- Microsoft Office
- Computer skills
- Management

Certifications and Licenses

BLS Certification

Registered Nurse (RN)

CPR Certification

Compact State Nurse License

Assessments

Nursing Skills: Clinical Judgment — Proficient

January 2019

Measures a candidate's ability to assess a patient's condition and implement the appropriate medical intervention.

Full results: [Proficient](#)

First Aid Skills — Proficient

January 2019

Measures a candidate's ability to identify treatments for common medical emergencies.

Full results: [Proficient](#)

Electronic Medical Records Knowledge — Highly Proficient

January 2019

Measures a candidate's knowledge of EMR data and associated privacy regulations, as well as best practices for EMR use.

Full results: [Highly Proficient](#)

Problem Solving — Proficient

January 2019

Measures a candidate's ability to analyze relevant information when solving problems.

Full results: [Proficient](#)

Verbal Communication — Highly Proficient

January 2019

Measures a candidate's ability to effectively convey information when speaking.

Full results: [Highly Proficient](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.