

Rekoa Watson

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Patient-focused and empathetic registered nurse seeking position with growing medical practice. Bringing experience of working in high-stress situations in the emergency room to help improve the lives of individuals.

Work Experience

Travel Nurse

HealthTrust Workforce, Los Robles ER Level II Trauma - Thousand Oaks, CA
December 2021 to Present

- Travel ER nurse to assist with staffing
- Provided safe and competent patient care through assessments, medication administration, hands on care and therapeutic communication with patients and families.
- Triage patients arriving to emergency room, determining acuity level and prioritizing care through rapid assessment
- Monitor patients receiving moderate and conscious sedation for procedures and monitor while recovering
- Implemented a plan of care guided by holistic, head to toe assessments considering medical, psychological and spiritual factors
- Following policies and procedures on stroke, STEMI and sepsis patients
- Skills and knowledge in critical thinking, problem solving and collaboration

Charge RN

Skagit Valley Hospital ED, Level III Trauma Center - Mount Vernon, WA
July 2019 to July 2021

- Responsible for the direction and coordination of personnel during a shift
- Monitor and assess staff completion of documentation and patient care and arranges for supplemental help to ensure timely workflow
- Arranges for breaks and meal coverage
- Supports direction of clinical operations and works with the director on improving patient care and customer satisfaction through the performance improvement process
- Make appropriate room and care-giver assignments to optimize patient placement and workload balance throughout the shift
- Serves as a liaison between other departments and an ambassador of the unit
- Promotes an environment of cooperation and mutual support to maintain focus on patient care and safety; and anticipates and support needs of other staff

May 2018 - July 2021

Skagit Valley Hospital ED, Level III Trauma Center, Mount Vernon, WA - Sta RN

Staff Nurse

Skagit Valley Hospital - Mount Vernon, WA
May 2018 to July 2021

- Provided safe and competent patient care through assessments, medication administration, hands on care and therapeutic communication with patients and families.
- Triage patients arriving to emergency room, determining acuity level and prioritizing care through rapid assessment
- Knowledge of Ultrasound Guided and difficult IV starts
- Monitor patients receiving moderate and conscious sedation for procedures and monitor while recovering
- Cared for patients undergoing respiratory, cardiac and trauma emergencies
- Implemented a plan of care guided by holistic, head to toe assessments considering medical, psychological and spiritual factors
- Following policies and procedures on stroke, STEMI and sepsis patients
- Skills and knowledge in critical thinking, problem solving and collaboration

Staff RN

Henrico Doctors Hospital ED, Level II Trauma Center - Richmond, VA
July 2017 to March 2018

- Provided safe and competent patient care through assessments, medication administration, hands on care and therapeutic communication with patients and families.
- Triage patients arriving to emergency room, determining acuity level and prioritizing care through rapid assessment
- Monitor patients receiving moderate and conscious sedation for procedures and monitor while recovering
- Cared for patients undergoing respiratory, cardiac and trauma emergencies
- Implemented a plan of care guided by holistic, head to toe assessments considering medical, psychological and spiritual factors
- Following policies and procedures on stroke, STEMI and sepsis patients
- Skills and knowledge in critical thinking, problem solving and collaboration

Education

Bachelor's in Nursing

South University_Richmond - Richmond, VA
October 2015 to June 2017

Skills

- Nursing
- Critical Care Experience
- Triage
- Epic
- Hospital Experience
- Meditech
- Pediatrics
- Medication Administration
- Vital Signs

- Supervising Experience
- Patient Care
- Phlebotomy
- Experience Administering Injections
- Venipuncture
- Teaching
- Leadership

Certifications and Licenses

Certified Emergency Nurse

Emergency Nursing Pediatric Course

PALS Certification

RN License

TNCC Certification

ACLS Certification

CPR Certification

BLS Certification