

CURRICULUM VITAE

Christina Ditchkofsky, RN, MSN

San Antonio, Texas 78202

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SUMMARY OF QUALIFICATIONS

- Professional registered nurse with over 10 years of experience in patient care, serving over 6 years as charge/lead nurse.
- Served as chair-elect on the shared governance committee at the National Institutes of Health.
- Excellent writer and detail-oriented.
- Deeply committed to understanding the legal policies and regulations influencing how healthcare organizations provide safe patient care.

EDUCATION

Juris Master (J.M.) in Health Law

Liberty University School of Law

Anticipated June 2023

Lynchburg, VA

Master of Science in Nursing – Executive Leadership

Walden University School of Nursing

2020 – 2022

Minneapolis, MN

Capstone project: Assessing Leadership Perception of Work Culture within a College of Nursing

Bachelor of Science in Nursing

Cedar Crest College School of Nursing

2009 – 2011

Allentown, PA

LICENSURES AND CERTIFICATIONS

State of Texas Professional Nurse License (RN) #1049251

Expires: 04/2024

State of Pennsylvania Professional Nurse License (RN) # RN635028

Expires: 04/2023

Basic Life Support (BLS)

Expires: 08/2024

Advanced Cardiac Life Support (ACLS)

Expires: 10/2022

Progressive Care Certification (PCCN), American Association of Critical-Care Nursing

Expires: 04/2023

Qualified Mental Health Professional-Community Services (QMHP-CS)

Expires: 03/2023

TEACHING EXPERIENCE

Full-time Faculty Instructor

2022 – Present

Galen College of Nursing, San Antonio, TX

- Teach face-to-face bachelorette nursing (BSN) students in the clinical setting, focusing on fundamentals and adult health I and III.
- Grade written work and coach students for success.

PROFESSIONAL NURSING EXPERIENCE

Behavioral Health Registered Nurse, **Center for Health Care Services**, San Antonio, TX 2022

- Provide exceptional individualized care to consumers through an individualized crisis treatment plan of care to assure safety and psychological well-being.
- Perform charge nurse duties: delegate and supervise non-licensed staff and LVN to maximize treatment resources and safeguard the efficiency of the current healthcare plan.
- Collaborate with various medical emergency departments, state and local behavioral health facilities, and treatment centers to appropriately assist our clients' continuity of mental well-being through placement

Seasonal Registered Nurse, **Methodist Hospital Metropolitan**, San Antonio, TX 2021 – 2022

- Utilized nursing knowledge to provide advanced care to patients with central lines, Peg tubes, JP tubes, GI tubes, colostomy bags, and wound care and highly experienced with pre-and post-management of cardiac catheterization, gastric bypass, suicidal, detoxing, and stroke patients.

Clinical Research Nurse, **National Institutes of Health Clinical Center**, Bethesda, MD 2019 – 2021

Direct Patient Care

- Monitored and assessed high-acuity surgical research participants utilizing expert skills in IV access, blood draws, complex wound care, surgical drains, chest tubes, central and peripheral and central lines, pain management (PCAs), and provided patient privacy (HIPAA).

Leadership Roles

- Performed charge nurse duties: created assignments, worked directly with nursing supervisor and manager to maintain the flow of patients, conducted chart audits per shift, collaborated with medical team and staff through daily rounds.
- Appointed Nursing Practice Council (NPC) Chair-elect: created protocols and policies, oversaw the work of standing committees and supporting professional nursing practice, and worked directly with the DON.

Education Roles

- Nurse Preceptor and mentor to novice-experienced nurses and contracted nurses.

Travel Registered Nurse, **AB-Staffing**, Gilbert, Arizona 2019-2020

Contracted to **National Institutes of Health Clinical Center**, Bethesda, MD

- Collaborated with medical team players to offer excellent nursing skills and advanced critical thinking to support protocol implementation while collecting research data.

Travel Registered Nurse, **Trusted Nurse Staffing**, Buffalo, NY 2017 – 2019

Contracted to **Guthrie Robert Packer**, Sayre, Pennsylvania MAR 2018-JAN 2019

- Admitted, monitored, and discharged complex cardiac patients on a fast-paced 36-bed cardiac step-down unit, leading to the delivery of outstanding care by managing treatment; via oral, IV drips, intramuscular injections, trach care, and chest tubes.

Contracted to **Lehigh Valley Muhlenberg**, Bethlehem, Pennsylvania JAN 2018 – FEB 2018

- Ensured quality of care to complex patient needs in a 198-bed Level I trauma Magnet teaching facility on a transitional care floor 28-bed unit.

Contracted to **Asante Rogue Reginal**, Medford, OR AUG 2017 – NOV 2017

- Provided exceptional patient care to critical cardiac patients on a fast-paced step-down cardiovascular unit in a 378-bed Level II trauma Magnet facility on a 30-bed unit.

Contracted to **Sky Lakes Medical Center**, Klamath Falls, OR APRIL 2017 – JULY 2017

- Delivered direct patient care to critically ill cardiac patients by assessing and implementing the nursing domain of care to patients on a Step-down/PCU floor in a 176-bed facility on a 30-bed unit.

Registered Nurse, **Lehigh Valley – Pocono**, East Stroudsburg, PA

2012 – 2017

Direct Patient Care

- Provided direct patient care in a 192-bed facility, on a 33-bed unit, by assessing and managing the treatment plan for complex patient diagnoses of CHF, DM, Cancer, GI, end of life care, Pneumonia, PE, DVT, MI, and pre- and post-management of cardiac catheterization.

Leadership Roles

- Participated in Professional Development & Education Committee, Shared Governance, served on Wound Care Committee implementing a new protocol that improved patient care, and served on Pain and Palliative Care Committee, working with the local hospice house to provide the best patient care.
- Participated in charge nurse orientation to assume leadership responsibilities within the organization.
- Achieved specialty certification in Progressive Care, PCCN.
- Served on Cultural Diversity Committee, working with peer colleagues to increase knowledge of various cultures by hosting monthly Cultural Luncheons and poster presentations on the diversity within the organization and our patient population.

Education Roles

- Served on Handle with Care Committee as a certified trainer to hospital staff.
- Utilized expert nursing knowledge, mentored new hires, and participated in preceptorship to nursing students.
- Demonstrated best practice in instructing students during clinical classes through guidance and feedback while collaborating with faculty.

Registered Nurse, **Monroe County Correctional Facility**, Snydersville, PA

2012 – 2012

- Utilized nursing scope of practice by providing directed patient care to determine the presence or absence of substance abuse problems, monitored vital signs for signs and symptoms of instability during withdrawal and administered medication as ordered by the provider.

ADDITIONAL EXPERIENCES

Tutor: Peer, **Northampton Community College**, Tannersville, PA

2008 – 2009

Certified Nursing Assistant, **Self-employed**

1997 – 2009

Certified Nursing Assistant, **Pleasant Valley Manor**, Snydersville, PA

1997

COMMUNITY INVOLVEMENT

Tutor, Licensed Vocational Nursing student, Northampton Community College, Tannersville, PA

2007 – 2011

Secretary, Pocono Highlands Community, Henryville, PA

2011 – 2015

PUBLICATIONS/WRITTEN WORK

Elephant Journal

PROFESSIONAL AFFILIATIONS AND AWARDS

Recipient Phi Theta Kappa Honor Society Transfer Scholarship

Awarded 2009

Recipient, Linda Lael Miller Scholarship, Linda Leal Miller Scholarship

Awarded 2010

Charlotte Newcombe Scholarship

Awarded 2010

Alpha Sigma Lambda Honor Society

Awarded 2010

Member Sigma Theta Tau International Honor Society of Nursing (Sigma)

○ *Theta Rho Chapter – Cedar Crest College*

2011 – Present

○ *Phi Nu Chapter – Walden University*

2020 – Present