

# Anissa Spada

## **Nurse Practitioner - Elite Pain Management**

Long Beach, CA 90813

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Experienced registered nurse with strong clinical, management, and people skills. Heavy emphasis on orthopedic/spine surgery for 4 years. Culturally sensitive to the needs of the diverse patient populations. Recently finished my graduate level education. I am a recent recipient of my Nurse Practitioner certification and furnishing number. High level of experience with developing strong relationships with a multidisciplinary team to bring patient centered outcomes

## Work Experience

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### **Nurse Practitioner**

Dignity Health - Long Beach, CA

December 2018 to Present

I work in the pain management service, as well as run the Palliative Care program. I see new consults for each service, as well as follow ups each day in the acute care facility. I do work with patients in the acute care setting that have issues with addiction. I have some experience with administering Buponephrine to treat opioid withdrawal.

### **Nurse Practitioner**

Elite Pain Management

January 2018 to Present

Provided care for chronic pain patients in a clinic setting. Assessed, diagnosed, and developed a treatment plan for palliative, and non-palliative patients.

### **Nurse Practitioner**

Tran Orthopedics

November 2016 to January 2018

Provided care in a orthopedic surgeons office. Assessed, diagnosed, and developed treatment plans for surgical and non surgical patients. Assisted in orthopedic surgery as needed.

### **Director**

Surgical Services Coast Plaza Hospital

March 2015 to July 2016

Provided support and guidance in the day to day operations in the surgical services department. Managed scheduling, payroll, and budgets. Held monthly staff meetings, managed a staff of fourteen employees. eight registered nurses, five surgical technicians, and a OR transporter. Maintained an environment that provided patient centered care and positive patient outcomes.

### **Registered Nurse/Orthopedic Coordinator**

Fountain Valley Regional Hospital

December 2014 to March 2015

- Liaised between patients, physicians and, vendors to ensure patient safety by providing up to date and proper equipment and instrumentation.
- Circulated in the operating suite as well as assisted doctors with surgeries and non-invasive procedures.
- Assessed need for, ordered, obtained and interpreted appropriate lab tests.
- Self-directed with astute judgment skills. High level of personal accountability.
- Provided on-call care at all times of day and night.

### **Registered Nurse**

Orthopedic Navigator, Fountain Valley Regional Hospital  
December 2009 to March 2015

Produced pain protocols on orthopedic unit for post operative joint and spine patients

- Taught preoperative total joint and spinal fusion classes on a monthly basis.
- Worked closely with orthopedic physicians to maintain a level of care appropriate for excellent outcomes and timely discharge.

### **Registered Nurse**

Long Beach Memorial Medical Center - Long Beach, CA  
August 2006 to December 2009

- Documented patient information obtained from interviews.
- Provided on-call care at all times of day and night.
- Assessed need for, ordered, obtained and interpreted appropriate lab tests.
- Liaised between patients and physicians to ensure patient comprehension of treatment plans.
- Closely monitored acute conditions.
- Assisted doctors with surgeries and non-invasive procedures.

### **Registered Nurse**

Fountain Valley Regional Hospital - Fountain Valley, CA  
August 2004 to August 2006

- Circulated in operating suite. Liaised between patients and physicians to ensure patient comprehension of treatment plans.
- Closely monitored acute conditions.
- Assessed need for, ordered, obtained and interpreted appropriate lab tests.
- Documented patient information obtained from interviews.
- Provided on-call care at all times of day and night.

## Education

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### **Nursing**

Long Beach City College

## Nursing Licenses

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### **RN**

Expires: January 2020

State: CA

## Skills

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- PROBLEM RESOLUTION (Less than 1 year)
- Pain Management
- Nursing
- EMR Systems
- Nursing
- Medical Office Experience
- Epic
- Hospital Experience
- Acute care
- Critical care experience
- ICU experience
- Basic IV
- Experience Administering Injections
- Medication Administration
- Medical Imaging

## Certifications and Licenses

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### **Certified Nurse Practitioner**

### **BLS Certification**

### **AED Certification**

### **CPR Certification**

### **DEA Certification**

### **APRN**

## Additional Information

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### Skills

- Preceptor
- Patient/family focused
- Problem resolution capability
- Adept at prioritizing/managing deadlines, Strong clinical judgment
- High level of autonomy
- Patient evaluation/intervention
- Professional bedside manner