

Melissa Segundo R.N., BSN

REGISTERED NURSE

Professional Profile

(505) 205-6563



melpryan@hotmail.com



Rio Rancho, NM 87124



Skills

ICU & Critical Care Unit Superior Patient Care Trauma Level 1 Outstanding Communication Post-Op Care Physical Assessments Patient/Family Education Strong Patient Advocate Chest Tube Monitoring Treatment Planning Crisis Management Impeccable Judgement Record/File Maintenance IV/Folev Insertion/Removal Great Multi-Tasker Epic/Cerner/Meditech JP/Accordion Drains Excellent Team Leader/Member

Infection Control

Extremely Compassionate

Stellar Time-Management Skills

Strong Ethics & Confidentiality

Monitoring Vital Signs

Regulatory Compliance

Highly motivated and quality focused leader with outstanding patient care, extensive medical knowledge and vast experience in a fast-paced critical care environment. Solid analytical and problem-solving skills and adept at advising on operational tasks, ensuring compliance with best practices and procedures, working well under pressure, and providing the highest level of patient care.

Experience

Registered Nurse - (ICU & Critical Care Unit) Travel Nurse | Aug. 2020 - Present

- Displays superior executive ability in a variety of circumstances and maintains a pro-active work ethic in providing direct patient care to critically ill patients.
- Successfully serves a wide and diverse group of patients and families.
- Diligently collaborates with an interdisciplinary team of healthcare professionals to implement and adapt individualized care plans.
- Effectively communicates with multiple departments to establish strong relationships and gain support and cooperation while effectively achieving results and meeting all deadlines across all departments.
- Excels in using analytical abilities and evaluation skills on the job to efficiently solve complex problems and emergencies as they arise.
- Utilizes in-depth medical knowledge and meticulous attention to detail in assessing and monitoring patients; performing assessments; planning, implementation and evaluation of care for assigned patients, including discharge planning, utilizing an interdisciplinary team approach; monitoring insulin and cardiac drips; performing thorough physical assessments, and administering blood and medications; monitoring and manage various treatment and care interventions, including IV administration, wound and ostomy care and catheter insertion; obtaining and documenting vital signs to track current patient conditions, communicating concerns to supervisors and case managers; and reviewing physician orders and participating in medication management to optimize patient safety and recovery.
- Utilizes expertise in providing vital patient and family education.
- Demonstrates strong organizational skills in updating charge information accurately and in a timely manner.
- Regarded as a trusted resource and known for leadership, strong work ethic, integrity, and high-quality work.

Assignments:

- Rutland Regional Medical Center · Rutland, VA · Dec. 2021 to March 2022
- o Texas Health Presbyterian · Denton, TX · Aug. 2021 to Nov. 2021
- o John H. Stroger Hospital · Chicago, IL · April 2021 to Aug. 2021
- o Kings County Hospital · New York, NY · Feb. 2021 to April 2021
- o OM Medical Center · Oklahoma City, OK · Oct. 2020 to Feb. 2021
- Tséhootsooí Medical Center Fort Defiance, AZ Aug. 2020 to Oct. 2020



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Experience continued

Registered Nurse - (Critical Care Unit) Lovelace Medical Center - Albuquerque, NM | March 2019 - Aug. 2019

- Always utilized superior bedside manner and high degree of professionalism while administering care to patients.
- Instrumental team member in collaborating with a team of RNs, NPs and Physicians to address patients' needs and treatment plans.
- Exercised excellent time management skills to accomplish all scheduled daily tasks, adapting to unexpected patient's needs, in a fast-paced and constantly changing environment.
- Maintained confidentiality of patient data and records while diligently complying with the applicable rules of ethics and exceeding all professional standards of care.
- Utilized excellent communication skills to explain treatment procedures, medication risks, special diets, and physician instructions to patients and their families.
- Proven ability to work well under pressure and maintain impeccable judgment.
- Diligently worked to stay up-to-date on policies, procedures, and healthcare practices in order to provide outstanding patient service.
- Consistently met or exceeded goals established by the medical center.

Registered Nurse - (ICU & Critical Care Unit) Presbyterian Hospital Downtown - Albuquerque, NM | Sept. 2016 - Oct. 2020

- Exercised patience and compassion in performing all duties with exceptional customer service and appreciation for patients.
- Provided the highest level of care for post-op surgical patients while completing post-operative procedures.
- Leveraged outstanding leadership skills in training, instructing, and mentoring new nurses on best methods, policies, procedures, regulations, and guidelines to increase operational efficiency and ensure the highest levels of patient care.
- Duties included but were not limited to: developing patient care plans, monitoring vital signs, administering medications and IV fluids, and diligently monitoring the recovery process while immediately notifying charge nurse of any change of patient status.
- Built strong relationships with patients through knowledge of the medical field, service, and honesty.
- Strictly followed rehabilitation and treatment care plans to accelerate patient recovery and optimize patient outcomes in order to achieve discharge goals.
- Demonstrated integrity and leadership by following all hospital policies and procedures, exceeding expectations, and being continuously flexible and dependable in scheduling.

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Education

Bachelor of Science in Nursing Western Governors University Millcreek, UT

> Associate in Nursing Carrington College Albuquerque, NM

Certified Medical Assistant Pima Medical Institute Albuquerque, NM

High School Diploma Buffalo Grove High School Buffalo Grove, IL

Licensures & Certifications

Registered Nurse - NM Board of Nursing

Advanced Cardiac Life Support (ACLS) Expires Nov. 2022

Basic Life Support (BLS) Expires Nov. 2022

Pediatric Advanced Life Support (PAS) Expires Nov. 2022