

Sharina Nixon-Thibou BS, BSN, RN

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Public Trust Clearance

COVID-19 Nurse: Responsible for playing a critical role as a frontline clinical advocate and patient care provider. Actively involved with evaluation and monitoring of communities (local and abroad as a travel nurse). Ensure that all patients acquire personalized, high-quality services irrespective of their infectious condition. Engage in planning for anticipated COVID-19-related outbreaks. Maintain effective supply and usage of sanitation materials and personal protective equipment. Maintain clinical management, awareness, and knowledge as it relates to public safety.

EXPERIENCE

State of California Merced, El Dorado, Calavares, San Joaquin, and Placer Counties

Sacramento, CA

Agency: SnapNurse

April 2022 – current

Supervisor: Kymechia Bridges (Sr. Clinical Coordinator)

Clinical Coordinator: Coordinating COVID vaccination clinics by liaising with all necessary County Officials and medical professions. Use computer software to establish clinics, coordinate appointments, manage vaccine inventory, and monitor vaccine temperature logs to prevent excursion/loss of vaccines. Create efficient systems and workflows within the clinics across 5 counties. Attend meetings and stay up to date on initiatives related to the clinic. Collect and input patient data into MyCAVax system. Manage the clinic day-to-day logistics to ensure that the facility is well-equipped to provide top of the line service. Meet with Team Leads, County Officials and other staff members to ensure their needs are being met. Resolve any issues or complaints that arise.

Sierra View Hospital

Porterville, CA

Agency: SnapNurse

September 2021 – current

Supervisor: Hannah (ICU Director)

ICU COVID RN: Administer medication. Patient and ethical advocate. Responsible for delivering safe, therapeutic, and effective patient care to critically ill patients focused on the assessment, diagnosis, planning, treatment, evaluation. Educate patients and family members focusing on assessments, diagnosis, treatment in effort to promote better health outcomes. Develop and assess clinical health outcomes to measure level of quality. Collaborate with physicians and other healthcare disciplines to develop care plans for patients. Evaluate care plans to determine if clinical goals are attainable or have been met. Perform additional ICU skills: NSTEMI, STEMI, exacerbation and treatment of end-stage heart failure, end-stage renal failure, diabetic complications, cardiac arrest, airway, pain and medication management, safety precautions, epicardia pacing, catheters, chest tube monitoring and removal, external cardiac defibrillation, and multiple post op recovery care. Initiation of rehabilitation process. Responsible for responding to rapid response, stroke, sepsis, and MSET codes. Provide complex invasive cardiovascular, respiratory/ventilator and hemodynamic monitoring. Conduct discharge procedures. Thoroughly document patients' assessments, interventions, and care plans. Comply with budget productivity goals, HCAP, and JCOH regulations. Floated to 'like' units as needed.

State of California El Dorado County

Folsom, CA

Agency: SnapNurse

June 2021 – current

Supervisor: Tamara Randolph, Clinical Coordinator

COVID Clinic Lead: Coordinate and supervise the activities of clinical team members engaged in clinical care for patients. Organize and assign duties and tasks to clinical team members. Establish clinical team member work schedules. Monitor daily performance of clinical team members to ensure duties are completed accurately, efficiently, and timely. Review and correct timesheets. Evaluate performance of clinical team members and conduct verbal and written performance evaluations. Conduct orientation and training on clinical policies and procedures. Identify and recommend solutions to clinical team member and office issues or problems. Ensure high quality clinical care for patients. Ensure clinical policies and procedures comply with current state and federal regulations and OSHA, COLA and CLIA requirements and regulations. Identify and recommend policies and procedures as needed to ensure quality, compliance, accuracy, and cost efficiency. Assist LVNs, EMTs and Nurses as needed by returning patient calls and emails and attending meetings with Department of Health Officials and El Dorado County business owners. Conduct periodic staff meetings with clinical team members. Attend clinical meetings and relay pertinent information to SnapNurse account managers and other clinical leads. Maintain certifications and clinical licensures. Maintain excellent communication and effective working relationships with patients, clinical and clerical team members, and department heads. Perform all other duties as assigned.

Idaho Falls Community Hospital

Idaho Falls, ID

Agency: ProLink

Apr 2021 – June 2021

Supervisor: Alisha J., ICU Director

ICU COVID RN: Administer medication. Patient and ethical advocate. Responsible for delivering safe, therapeutic, and effective patient care to critically ill patients focused on the assessment, diagnosis, planning, treatment, evaluation. Educate patients and family members focusing on assessments, diagnosis, treatment in effort to promote better health outcomes. Develop and assess clinical health outcomes to measure level of quality. Collaborate with physicians and other healthcare disciplines to develop care plans for patients. Evaluate care plans to determine if clinical goals are attainable or have been met. Perform additional ICU skills: NSTEMI, STEMI, exacerbation and treatment of end-stage heart failure, end-stage renal failure, diabetic complications, cardiac arrest, airway, pain and medication management, safety precautions, epicardia pacing, catheters, chest tube monitoring and removal, external cardiac defibrillation, and multiple post op recovery care. Initiation of rehabilitation process. Responsible for responding to rapid response, stoke, sepsis, and MSET codes. Provide complex invasive cardiovascular, respiratory/ventilator and hemodynamic monitoring. Conduct discharge procedures. Thoroughly document patients' assessments, interventions, and care plans. Comply with budget productivity goals, HCAP, and JCOH regulations. Demonstrates leadership. Participate in continuous education in effort to maintain clinical expertise and acquire new skills. Served as students and new employees' educator, preceptor, and/or mentor. Encourage patient self-determination.

Kaiser Permanente (Travel)

Panorama City, CA

Agency: GQR

Feb 2021 – Apr 2021

Supervisor: Mary Anderson, VP

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Pacific Garden Center (Travel)

Hawaiian Garden, CA

Agency: NuWest

Jan 2021 – Feb 2021

Supervisor: Jamaica Williams

House Supervisor/Charge Nurse: Managed clinical staff and processes. Develop policies and guidelines. Responsible for promoting proper maintenance of patient records and ensure nursing staff adhere to hospital and government requirements. Schedule nurses' shifts. Ensure nursing operational standards are met. Provide reports on productivity, quality and patient satisfaction. Evaluate employee performances. Handle complaints. Foster a compassionate environment by providing psychological support to peers, patients, family and friends.

HCA Houston SE (Travel)

Pasadena, TX

Agency: Angel Staffing

Aug 2020 - Jan 2021

Supervisor: Saige Eldridge

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Adventist Shady Grove (Travel)
Rockville, MD

Agency: Medical Solutions
Apr 2020 - Jul 2020

Supervisor: Billy Harbour

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Bon Secours Memorial (Travel)

Mechanicsville, VA

Agency: Liquid Agents

Jan 2020 - Mar 2020

Supervisor: Casey Kuhn

ICU/Stepdown COVID RN: Administer medication. Patient and ethical advocate. Responsible for delivering safe, therapeutic, and effective patient care to critically ill patients focused on the assessment, diagnosis, planning, treatment, evaluation. Educate patients and family members focusing on assessments, diagnosis, treatment in effort to promote better health outcomes. Develop and assess clinical health outcomes to measure level of quality. Collaborate with physicians and other healthcare disciplines to develop care plans for patients. Evaluate care plans to determine if clinical goals are attainable or have been met. Perform additional ICU skills: NSTEMI, STEMI, exacerbation and treatment of end-stage heart failure, end-stage renal failure, diabetic complications, cardiac arrest, airway, pain and medication management, safety precautions, epicardia pacing, catheters, chest tube monitoring and removal, external cardiac defibrillation and multiple post op recovery care. Initiation of rehabilitation process. Responsible for responding to rapid response, stroke, sepsis, and MSET codes. Provide complex invasive cardiovascular, respiratory/ventilator and hemodynamic monitoring. Conduct discharge procedures. Thoroughly document patients' assessments, interventions, and care plans. Comply with budget productivity goals, HCAP, and JCOH regulations. Demonstrates leadership. Participate in continuous education in effort to maintain clinical expertise and acquire new skills. Served as students and new employees' educator, preceptor, and/or mentor. Encourage patient self-determination.

Chippenham Trauma Center (Travel)

Richmond, VA

Agency: HealthTrust

Mar 2019 - Dec 2019

Supervisor: Stephanie Ross

ICU Float: Administer medication. Patient and ethical advocate. Responsible for delivering safe, therapeutic, and effective patient care to critically ill patients focused on the assessment, diagnosis, planning, treatment, evaluation. Educate patients and family members focusing on assessments, diagnosis, treatment in effort to promote better health outcomes. Develop and assess clinical health outcomes to measure level of quality. Collaborate with physicians and other healthcare disciplines to develop care plans for patients. Evaluate care plans to determine if clinical goals are attainable or have been met. Perform additional ICU skills: NSTEMI, STEMI, exacerbation and treatment of end-stage heart failure, end-stage renal failure, diabetic complications, cardiac arrest, airway, pain and medication management, safety precautions, epicardia pacing, catheters, chest tube monitoring and removal, external cardiac defibrillation and multiple post op recovery care. Initiation of rehabilitation process. Responsible for responding to rapid response, stroke, sepsis, and MSET codes. Provide complex invasive cardiovascular, respiratory/ventilator and hemodynamic monitoring. Conduct discharge procedures. Thoroughly document patients' assessments, interventions, and care plans. Comply with budget productivity goals, HCAP, and JCOH regulations. Demonstrates leadership. Participate in continuous education in effort to maintain clinical expertise and acquire new skills. Served as students and new employees' educator, preceptor, and/or mentor. Encourage patient self-determination.

Spotsylvania Regional Medical Center (PRN)

Fredericksburg, VA

Agency: HealthTrust

Apr 2017 - Feb 2021

Supervisor: Dr. James Nisley

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family members focusing on assessments, diagnosis, treatment in effort to promote better health outcomes. Develop and assess clinical health outcomes to measure level of quality. Collaborate with physicians and other healthcare disciplines to develop care plans for patients. Evaluate care plans to determine if clinical goals are attainable or have been met. Perform additional ICU skills: NSTEMI, STEMI, exacerbation and treatment of end-stage heart failure, end-stage renal failure, diabetic complications, cardiac arrest, airway, pain and medication management, safety precautions, epicardia pacing, catheters, chest tube monitoring and removal, external cardiac defibrillation and multiple post op recovery care. Initiation of rehabilitation process. Responsible for responding to rapid response, stoke, sepsis, and MSET codes. Provide complex invasive cardiovascular, respiratory/ventilator and hemodynamic monitoring. Conduct discharge procedures. Thoroughly document patients' assessments, interventions, and care plans. Comply with budget productivity goals, HCAP, and JCOH regulations. Demonstrates leadership. Participate in continuous education in effort to maintain clinical expertise and acquire new skills. Served as students and new employees' educator, preceptor, and/or mentor. Encourage patient self-determination. Float to M/S, Stepdown and Surgical units as needed.

EHR Total Solutions (Contractor)

Falls Church, VA

Client: Dept of Health and Administration

June 2017 - June 2018

Supervisor: LaToya Loving

ICU Nurse Subject Matter Expert: Managed and communicated data and information to military medical facilities: nurses, patients, healthcare providers. Delegate urgent technical end-user issues to appropriate subject matter experts. Administration, leadership and management: with clinical informatics departments or in combination with other functional areas. Analysis: using data to synthesize clinical knowledge, inform decision support, and manage outcomes. Coordination, facilitation, and integration: liaison between end-users and IT experts. Translating user requirements into solutions. Ensure successful communication, coordination, and resolution of all Remedy issues assigned to the Tri-Service Workflow advisory groups for successful implementation MHS GENESIS. Facilitate meetings amongst TSWAG co-chairs, SMEs on specific issues. Assist with evidence-based medicine research, develop surveys, collate and synthesize information gathered from TSWAG co-chairs and SMEs, and other related projects. Nurse expertise: Clinical SME for the Business Process Management Chief and Medical Information Officer project. Supported executive governance, advised senior executive leaders. Supported the deployment of global electronic health system implementations. Traveled to military medical facilities locations to represent leadership and the BPM Intake Team.

Inova Mount Vernon Hospital (Staff)

Alexandria, VA

Apr 2016 - May 2017

Supervisor: Jenna Tomajko-Harmon

ICU RN: Provide direct patient care to critically ill patients focused on the assessment, diagnosis, planning, treatment, evaluation and education. Provide complex invasive hemodynamic monitoring and treatment of adult patients during the critical phase of recovery from cardiac and thoracic surgery, STEMI, exacerbation and treatment of end-stage heart failure, cardiac arrest, airway, pain and medication management, safety precautions, patient/family education, initiation of the rehabilitation process, temporary epicardia pacing, PA catheter removal, chest tube monitoring and removal, and external cardiac defibrillation, response to rapid response, stoke, and MSET codes. Patient documentation via EHR (electronic healthcare system).

Kuakini Hospital

Honolulu, HI

Sept 2010 - Dec 2013

Supervisor: Dr. David Curb (deceased)

Clinical Research Project Manager: Managed atherosclerosis clinical study, synchronized schedules for two hospitals and four departments, conducted clinical assessments, consent interviews, developed study related protocols, prepared statistical summaries, designed and conducted presentations, liaison for the Institution Review Board, National Health, Blood, Lung Institute and National Health Institute.

ExamOne (Independent Contractor)

Honolulu, HI

Sept 2009 - May 2014

Supervisor: Rachel Esperanza

Paramedical Examiner: Administered medical screenings and cognitive assessments, obtained medical history and vital signs, collected urine, blood and saliva specimens, administered ECGs, submitted time sensitive paperwork and specimens to respective insurance companies and laboratories, managed general office duties, observed stringent deadlines, cultivated and managed professional relationships with insurance agents, executives and business owners. Analyze data; report trends and deviation of clinical data (if applicable).

University California San Diego

Lajolla, CA

Apr 2006 - Dec 2009

Supervisor: Dr. Michael Criqui

Clinical Research Project Manager: Managed peripheral arterial disease research study, lead presentations, established communication between the IRB, NIH, NHBLI, UCSD and PI, crafted study protocol, conducted clinical assessments, managed personnel, prepared and presented study related data/reports, performed phlebotomy on study participants. Analyze data; report trends and deviation of clinical data (if applicable).

Kaplan College

San Diego, CA

Apr 2005 – Apr 2007

Supervisor: Sheri Satetsky

Externship Program Manager: Managed externship program, conducted externship site visits, evaluated performances, taught personal development, phlebotomy and medical assisting courses, electronically managed student files, lead projects, managed general office duties, prepared statistical reports, trained supportive staff, performed human resource related responsibilities, liaison for over 50 sites, physicians, and nurses.

EDUCATION

Marymount University August 2014 – December 2015

Arlington, VA - Bachelors of Science in Nursing

Southern Illinois University August 2002 – December 2005

Carbondale, IL - Bachelors of Science/Work Education and Development

AWARDS/ACKNOWLEDGMENTS

SIU Honors Society 2003, 2004, 2005

SIU Dean's List 2003, 2004, 2005

Junior Achievement 1998 - 2001

CLC Dean's List 2003, 2004

San Diego Rotary Club 2005 - 2010