

Shakira James

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SUMMARY

Registered Nurse with 14 years of nursing experience who possess strong interpersonal skills, with crisis management and triage skills with ability to assess and attend to needs of multiple patients while delivering quality healthcare.

SKILLS

- Direct and Indirect Patient Care
- Wound Care
- Patient care planning
- Medication and IV administration
- Acute and rehabilitative care
- Electronic/Medical chart management
- Management of chronic care processes
- Patient triaging
- Document Management
- Tracheotomy
- Catheter & Colostomy Care
- Patient Education
- Specimen Collection
- Substance abuse management

EXPERIENCE

RN COVID Testing Technician, Population Healthy, April 2022-June 2022, Cruise Ships

- Assisted with COVID testing of the cruise crew and guest.
- Maintained a safe lab environment according to cruise ship and federal guidelines while conducting COVID lab test, PCR abs antigen.
- Kept an accurate account of negative and positive COVID result and immediate reported to Team lead and cruise medical staff.
- Followed CDC guidelines for use of PPE equipment while testing during swabbing and running test in the lab.
- Maintained professional composure during work hours and while off on cruise to represent the company in the best manner.

RN Urgent Care/ Charge Nurse, International SOS, September 2021-March 2022

Joint Base McGuire-Dix-Lakehurst, NJ

- Assisted with setting up and creating a functioning field medical ER/health clinic on military base to assist with care of refugees.
- Facilitates patient flow during emergency situations (Operation Allies Welcome), directing evacuations, admissions and transfers.
- Assessed patient conditions, implemented a plan of care and monitored conditions continuously under a physician's supervision.

- Collaborated with physicians and nursing staff to deliver quality care to refugee population while staying aligned with organizational mission and core values.
- Assess patient conditions, monitored behaviors, and updated supervising physicians with observations and concerns meet physical, emotional and cultural needs.
- Collaborated with interdisciplinary team to develop care plans for patients with complex medical needs.
- Responded to emergency situations with speed, expertise, providing optimal care, support and life-saving interventions.
- Helped patients and families feel comfortable during challenging and stressful situations, promoting recovery and reducing compliance issues.
- Administered oral, IV, subcutaneous and intra-muscular medications and monitored patient reactions.
- Participated in immunization of refugees upon arrival to base with COVID, Varicella, MMR, Influenza
- Assisted in screening, testing and treatment of communicable diseases such as scabies, TB, COVID, measles, mumps, and leishmaniasis while maintaining state mandated isolation protocols.

Registered Nurse (Supervisor), NaphCare Middlesex County Correctional Facility, November 2017-August 2021, North Brunswick, NJ

- Interview patients during intake process to obtain medical information, mental health history and prescription/illegal drug use.
- Assist with daily triage and sick calls for clients who presented with medical issues
- Respond and initiate care according to facility protocol during medical emergencies
- Educated patients on detox and withdrawal, medications, addiction, recovery, coping skills and community resources.
- Supported and counseled clients with drug and alcohol addiction and assisted with MAT program.
- Initiated proper detox protocol to monitor withdrawal symptoms for COWS, CIWA and CIWAB.
- Assessed vital signs as well signs and symptoms indicating physiological and psychosocial changes in patient's condition during withdrawal or acute/chronic medical changes
- Administered medication according to the various detox protocols based on subjective and objective results and with comfort medication for a safe detox while incarcerated.
- Provide close care to medically and psychologically vulnerable patient population while on locked medical unit.
- Observe and evaluate the performance of LPN's and MA's that worked in medical unit

LPN Nursing Supervisor, Foothill Acres Rehabilitation & Nursing Home, June 2011-November 2017 Somerset County, NJ

- Oversaw efficient nursing operations in 200-bed long-term care unit, including scheduling shifts, delegating assignments and monitoring quality of care.

- Trained and supervised new LPNs and CNAs on best practices, hospital policies and standards of care.
- Facilitated patient flow during emergency situations, directing evacuations, admissions and transfers.
- Monitored patients with healing and recovery after surgery.
- Oversaw patient admission and discharge processes to coordinate related paperwork.
- Managed acute illness and multi-system disease process of long-term care, sub-acute, and dementia population.
- Used feedback and clinical data to improve care quality and patient outcomes.
- Treated patients using pharmacological and non-pharmacological treatment modalities to address various disorders, diseases, and injuries.
- Prioritized nursing tasks and assignments and accurately reported patient status.

EDUCATION AND TRAINING

May 2016

Allied Science Nursing- Raritan Valley Community College, Branchburg, NJ

July 2008

LPN Certificate Program, Somerset Technology Institute, Somerville NJ