# Jahnel C. Punzalan Johnson

(312) 439-4293

jpunzalanjohnson@sshcorp.org

I am a compassionate and organized Registered Nurse with 17 years of experience in the profession. Specialized in providing critical nursing care to the adult patients at the Intensive Care Unit setting

### **Experience**

May 2005 - PRESENT

### South Shore Hospital, Chicago, IL - Staff Nurse ICU

- Function in the role of Charge RN as needed
- Provide patient-care, perform physical assessments, and nursing intervention in an 8-bed CCU/MICU UNIT for patients requiring or likely to require advanced respiratory support, patients requiring support of 2 or more organ systems, as well as acute and chronically ill patients
- Assess patients' condition and notify physicians of clinical changes and critical values
- Prepares equipment and assist physicians with life-saving bedside procedures
- Respond to life-saving situations based upon nursing standards and protocol
- Prepare and implement patient care plans appropriate to each diagnosis
- Have knowledge of medications and administer medications in a timely and safe manner
- Communicate patients' condition to loved ones in a compassionate and non-technical manner and still adhere to strict HIPAA regulation
- Precepting and training new staff as well as providing support and guidance
- Work collaboratively with all hospital staff involved directly or indirectly in patient care
- Make effective nurse-patient assignment based on experience
- Identify and maintain inventory of unit supplies needed for daily operation to provide safe and effective patient care.

May 2005 - PRESENT

#### Mt. Sinai Hospital, Chicago, IL - Staff Nurse Telemetry

- Monitors and interprets heart rhythms, record heart rate, blood pressure and pulse ox
- Care of open-heart patients 24H post-op
- Care of ventilator patients
- Explain and prepare patients for cardiac catheterization
- Monitor vital signs, insertion site, and circulation /sensation of the catheterization site
  closely to assure proper and safe discharge of patient
- Advise patients on post hospital care at discharge including home meds, disease prevention and lifestyle changes

During my employment at Mt. Sinai Hospital, I also had the opportunity to work and gain knowledge in other patient care areas such as CCU/MICU, Level II Step-Down, ER, and Medical-Surgical

### **Skills**

- Liaise between patients, nurse and doctors
- Identify my colleagues strengths and weaknesses to effectively assign patient care
- Empathize with the needs and concerns of patients and their loved ones
- Foster and maintain effective communication with fellow nurses, doctors and ancillary staff to provide exceptional patient care
- Anticipate the needs of not only the patient but as well as the physicians, fellow nurses and ancillary staff to ensure high level patient care

# **Education**

December 1999-December 2001 Kennedy-King College Chicago, ILMONTH 20XX - MONTH 20XX

Kennedy-King College, Chicago IL - A.A.S. Nursing

### **Clinical Experience**

• Spring 1999 **Medical-Surgical Roseland Hospital** Fall 1999 Medical-Surgical Mt. Sinai Hospital Tinley Park MHC **Psychiatry** Spring 2001 Maternity St. Bernard Hospital Fall 2001 Pediatric Mt. Sinai and Cook County Hospitals Mt. Sinai Hospital Advance Med-Surg, Telemetry **Critical Care Unit** St. Bernard Hospital Trauma/Emergency Room **Cook County Hospital** 

# **Achievements**

- Special Recognition Award for "Outstanding Achievement in Psychiatric Nursing"
- I was initially hired as a Student Nurse Technician at Mt. Sinai Hospital Telemetry unit. I was
  later offered a Registered Nurse License Pending position after I successfully completed
  the Nursing Program while I waited for my Nursing Board Certification