

Sarah Cogdal

Peru, IL 61354

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Work Experience

RN

GrapeTree Medical Staffing - Illinois

April 2021 to Present

- Performed nursing care for wound care, orthopedic, rehab and medical-surgical unit patients
- Assessed patient physical, social, language or mental needs
- Provided support services regarding treatments and administration of medication as ordered
- Continuously monitored patients' conditions
- Provided life-saving interventions
- Provided discharge planning

Registered Nurse

Good Samaritan rehab and health care - Pontiac, IL

October 2019 to March 2021

- Observe patients, charting and reporting changes in patients' conditions, such as adverse reactions to medication or treatment, and taking any necessary action.
- Provide basic patient care or treatments, such as taking temperatures or blood pressures, dressing wounds, treating bedsores, giving enemas or douches, rubbing with alcohol, massaging, or performing catheterizations.
- Sterilize equipment and supplies, using germicides, sterilizer, or autoclave.
- Answer patients' calls and determine how to assist them.
- Measure and record patients' vital signs, such as height, weight, temperature, blood pressure, pulse, and respiration.
- Work as part of a healthcare team to assess patient needs, plan and modify care, and implement interventions.
- Collect samples, such as blood, urine, or sputum from patients, and perform routine laboratory tests on samples.
- Evaluate nursing intervention outcomes, conferring with other healthcare team members as necessary.
- Inventory and requisition supplies and instruments.
- Supervise nurses' aides or assistants.

Registered Nurse

Ivch - Peru, IL

October 2018 to October 2019

- Administer prescribed medications or start intravenous fluids, noting times and amounts on patients' charts.
- Observe patients, charting and reporting changes in patients' conditions, such as adverse reactions to medication or treatment, and taking any necessary action.

- Provide basic patient care or treatments, such as taking temperatures or blood pressures, dressing wounds, treating bedsores, giving enemas or douches, rubbing with alcohol, massaging, or performing catheterizations.
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- Collect samples, such as blood, urine, or sputum from patients, and perform routine laboratory tests on samples.
- Evaluate nursing intervention outcomes, conferring with other healthcare team members as necessary.
- Inventory and requisition supplies and instruments.
- Supervise nurses' aides or assistants.

LPN

Mendota Lutheran Home

October 2017 to November 2018

- Administer prescribed medications or start intravenous fluids, noting times and amounts on patients' charts.
- Observe patients, charting and reporting changes in patients' conditions, such as adverse reactions to medication or treatment, and taking any necessary action.
- Provide basic patient care or treatments, such as taking temperatures or blood pressures, dressing wounds, treating bedsores, giving enemas or douches, rubbing with alcohol, massaging, or performing catheterizations.
- Sterilize equipment and supplies, using germicides, sterilizer, or autoclave.
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- Work as part of a healthcare team to assess patient needs, plan and modify care, and implement interventions.
- Collect samples, such as blood, urine, or sputum from patients, and perform routine laboratory tests on samples.
- Evaluate nursing intervention outcomes, conferring with other healthcare team members as necessary.
- Inventory and requisition supplies and instruments.
- Supervise nurses' aides or assistants.

CNA

February 2017 to October 2017

LIBERTY VILLAGE - Peru, IL

August 2015 to January 2017

- Communicate with patients to ascertain feelings or need for assistance or social and emotional support.
- Document or otherwise report observations of patient behavior, complaints, or physical symptoms to nurses.
- Gather information from caregivers, nurses, or physicians about patient condition, treatment plans, or appropriate activities.

- Observe or examine patients to detect symptoms that may require medical attention, such as bruises, open wounds, or blood in urine.
- Provide physical support to assist patients to perform daily living activities, such as getting out of bed, bathing, dressing, using the toilet, standing, walking, or exercising.

reporting changes to medical or nursing staff

MENDOTA LUTHERAN HOME - Mendota, IL

March 2014 to August 2015

Mendota, Illinois

CNA, Mar 2014 - Aug 2015

- Answer patient call signals, signal lights, bells, or intercom systems to determine patients' needs.
- Change bed linens or make beds.
- Clean and sanitize patient rooms, bathrooms, examination rooms, or other patient areas.
- Communicate with patients to ascertain feelings or need for assistance or social and emotional support.
- Document or otherwise report observations of patient behavior, complaints, or physical symptoms to nurses.
- Feed patients or assist patients to eat or drink.
- Gather information from caregivers, nurses, or physicians about patient condition, treatment plans, or appropriate activities.
- Measure and record food and liquid intake or urinary and fecal output, reporting changes to medical or nursing staff.
- Observe or examine patients to detect symptoms that may require medical attention, such as bruises, open wounds, or blood in urine.
- Provide physical support to assist patients to perform daily living activities, such as getting out of bed, bathing, dressing, using the toilet, standing, walking, or exercising.
- Record vital signs, such as temperature, blood pressure, pulse, or respiration rate, as directed by medical or nursing staff.
- Turn or reposition bedridden patients.

SNYDER VILLAGE - Metamora, IL

October 2013 to March 2014

- Answer patient call signals, signal lights, bells, or intercom systems to determine patients' needs.
- Assist nurses or physicians in the operation of medical equipment or provision of patient care.
- Change bed linens or make beds.
- Clean and sanitize patient rooms, bathrooms, examination rooms, or other patient areas.
- Communicate with patients to ascertain feelings or need
- Document or otherwise report observations of patient behavior, complaints, or physical symptoms to nurses.
- Feed patients or assist patients to eat or drink.
- Observe or examine patients to detect symptoms that may require medical attention, such as bruises, open wounds, or blood in urine.
- Provide physical support to assist patients to perform daily living activities, such as getting out of bed, bathing, dressing, using the toilet, standing, walking, or exercising.
- Record vital signs, such as temperature, blood pressure, pulse, or respiration rate, as directed by medical or nursing staff.

MASON POINT

Sullivan, IL

March 2013 to January 2014

- Answer patient call signals, signal lights, bells, or intercom systems to determine patients' needs.
- Change bed linens or make beds.
- Assist nurses or physicians in the operation of medical equipment or provision of patient care.
- Communicate with patients to ascertain feelings or need for assistance or social and emotional support.
- Document or otherwise report observations of patient behavior, complaints, or physical symptoms to nurses.
- Feed patients or assist patients to eat or drink.
- Provide physical support to assist patients to perform daily living activities, such as getting out of bed, bathing, dressing, using the toilet, standing, walking, or exercising.
- Record vital signs, such as temperature, blood pressure, pulse, or respiration rate, as directed by medical or nursing staff.

Education

Associate in Applied Science in Applied Science

Illinois Valley Community College - Oglesby, IL

May 2018

Associate in Arts

Lake Land Community College - Mattoon, IL

May 2013

High School Diploma

Sullivan High School - Sullivan, IL

May 2011

Nursing Licenses

RN

Skills

- LPN (Less than 1 year)
- RN (4 years)
- CPR (10+ years)
- Hospital (1 year)
- Staff Nurse (5 years)
- Med Surg (1 year)
- Home Health (1 year)
- Nursing Experience (10+ years)
- Medication Administration (10+ years)
- Vital Signs (10+ years)
- EMR Systems (5 years)

- Experience Administering Injections (5 years)

Additional Information

- CPR/First Aid Certified
- CNA, LPN, RN

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