HEIDI FREISLICH

Registered Nurse

CONTACT

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North Augusta, SC

LICENSURE

Registered Nurse

SC Licence (multi-state): 259675

EDUCATION

Bachelor of Nursing University of Cape Town	1998
Psychology (minor) <i>University of South Africa</i>	2002

CERTIFICATIONS

Basic Life Saving Course	2022
FAST Program	2021
PACK Primary Care Guidelines for Adults	2015
'ABC' of Quality Control	2014
Good Clinical Practice	2013
Leading Development Practice	2003

SELECTED SKILLS

✓ Compassion & Empathy

• In South Africa, I loved working directly in a community setting: it allowed me to serve not only my research subjects, but also the broader community in which our research was conducted. In my role as a SHARE mentor I not only assisted my upper elementary students to improve their maths and language skills, but I often also supported them emotionally.

✓ Interpersonal Skills

• As a research study co-ordinator, I liaised with various people, about many different aspects related to our research studies; I often used various 'soft skills' to resolve difficult issues. While working as a SHARE mentor, I often had to use and teach conflict management skills to my students.

✓ Analytical & Critical Thinking

• All aspects of my study co-ordinator work required me to think analytical: from meeting all the studies' goals, to staff management, as well as interaction with the broader community, in which our research took place. As a SHARE mentor, I often had to assess not only what my students were struggling to understand, but also how best to assist them in mastering skills and concepts.

✓ Organisational Skills & Detail-oriented

• Most of our research studies were collaborations between various UCT departments and other organisations, which meant I had to organise not only my daily schedule, but also those of my staff. Regarding procedures and specimen collection, I had to ensure that each procedure ran according to protocol, that the collection forms were correctly completed and that the specimen arrived for analysis within the specified time frames.

✓ Patient Advocacy

• Many of our research subjects were either illiterate or spoke and understood English as a 2nd or 3rd language. I was passionate about ensuring that they fully understood their rights as research subjects and that their rights were continuously protected.

✓ Phlebotomy technique

• Throughout my nursing career, I have always needed to draw blood from individuals with challenging veins: elderly people and HIV⁺ clients. No matter the difficulties, I was usually successful.

VOLUNTEER WORK

Hig	gh School Teacher	Evans, GA
Eva	ans Christian Academy	2019/2020 & 2021/2022
Sp	ecial Needs Child Assistant	Grovetown, GA
Wa	rren Baptist Church	2018 - 2019
He	alth Educator (RN)	Ukraine
Ме	dical Mission Trip	2018

HEIDI FREISLICH

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REFERENCES

Freida Lachman

<u>Director:</u> Evans Christian Academy +1-706-284-9598

evanschristianacademy@yahoo.com

Michelle Simpkins

Coordinator: SHARE & FAST programs
Edgefield County School District
+1-803-341-5862
edgefieldmichelle@gmail.com

Maureen Wright

Colleague: Registered Nurse
Ukraine Medical Mission, 2018
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mgkwright@yahoo.com

EMPLOYMENT HISTORY

SHARE MentorEdgefieldW.E.Parker Elementary School2021 - 2022

FAST Partner Edgefield County

Edgefield County School District 2021 - 2022

Study Co-ordinatorMasiphumeleleDesmond Tutu HIV Centre2014 - 2016

Study Co-ordinatorGugulethuDesmond Tutu HIV Centre2012 - 2014

Study Co-ordinator Masiphumelele

Desmond Tutu Health Foundation 2012

Research Nurse Retreat

Desmond Tutu Health Foundation 2010 - 2011

Research Nurse Observatory

Desmond Tutu Health Foundation 2009

Research Nurse Masiphumelele

Desmond Tutu Health Foundation 2008

Health Manager Woodstock & Khayelitsha

Neighbourhood Old Ages Homes 2000 - 2004

Registered NurseClaremontCrescent Clinic (Psychiatric)1999 - 2000

CAREER ASPIRATIONS

I am currently teaching **High School Biology** and **Chemistry** at **Evans Christian Academy.** I am committed to teaching here until the end of the 2022-2023 school year.

I have always longed to learn **Spanish** and I aim to start learning Spanish at the beginning of 2022-2023 school year.

I have spent 15 years working in the Public Health domain. I would like to consolidate my experience with a formal qualification of a **Masters in Nursing, Public Health**. I hope to start this in 2024.