

IBTIHAL OMAR

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Summary

I am a certified and experienced **Nurse and Midwife** responsible for the physical, mental, and emotional care of patients during delivery, providing prenatal and postnatal education, examine patients during the pregnancy.

Having a **valid NM Board of Nursing (61350)**,

Personal Information

Mobile No.

(714) 756-9558

Date and place of birth

May 18, 1985 - Saudi Arabia

Skills

- Ability to deal with emotionally charged situations
- Excellent team-work skills
- Interpersonal and communication skills
- Strong observational skills
- An interest in the process of pregnancy and birth
- European Computer Driving License (ECDL)

Experience

Advanced Health Care of Albuquerque

2701 Richmond Dr. NE, Albuquerque, NM 87107

Job Title: RN-Skilled & LTC

May 2021 – Present

Duties and Responsibilities are

- Responsible for caring for patients who require extended medical care.
- Operation of the facility.
- Staff supervision.
- Assessing program quality.
- Program growth and development.
- **Software skills**
- Point click care
- Matrix Care

Prince Fahd Bin Sultan Hospital (Tabuk, Saudi Arabia)

Job Title: L&D-RN

May 2016 – May 2021

Duties and Responsibilities

- Perform deliveries and assist cesareans

- Examining and monitoring pregnant women
- Assessing care requirements and writing care plans
- Undertaking antenatal care in hospitals, homes and GP practices
- Carrying out screening tests
- providing information, emotional support and reassurance to women and their partners
- Taking patient samples, pulses, temperatures and blood pressures
- Caring for and assisting women in labour
- Monitoring and administering medication, injections and intravenous infusions during labour
- Monitoring the fetus during labour

Staff Midwife - King Khaled civilian Hospital (Tabuk, Saudi Arabia)

July 2011 - August 2012

Duties and Responsibilities

- Perform gynecological exams
- Educate patients on health, nutrition, and family planning
- Take patient vital signs
- Perform tests to obtain information about patients' medical conditions
- Counsel expectant mothers on birthing plans, including hospital care, birthing centers, and other options
- Provide emotional care for mothers during birth
- Arrange prenatal planning and care for mothers
- Prepare for birthing by following all health and safety standards
- Perform deliveries and assist caesareans
- Tend to the health and well-being of both the baby and mother during the process
- Assist surgeons and physicians in caring for the mother during complicated births
- Provide care for mothers and newborns after birth
- Weigh and measure newborns
- Monitor patient's vital signs and heart rate during birth
- Study patient history and health assessments
- Communicate stages of birth to family members
- Perform CPR or other emergency measures if needed

Staff Midwife - Prince Faisal bin Hussain Hospital (Al Rusaifa, Jordan)

March 2008 - February 2010

Duties and Responsibilities

- Perform gynecological exams
- Educate patients on health, nutrition, and family planning
- Take patient vital signs

- Perform tests to obtain information about patients' medical conditions
- Provide emotional care for mothers during birth
- Arrange prenatal planning and care for mothers
- Prepare for birthing by following all health and safety standards
- Perform deliveries and assist caesareans
- Monitor patient's vital signs and heart rate during birth
- Study patient history and health assessments
- Communicate stages of birth to family members
- Perform CPR or other emergency measures if needed

Education

Bachelor of Science in Nursing

2015

University of Jordan, Amman

GPA: 3.29/4.0

Three years Diploma in Midwifery

2006

Al-Balqa'a Applied University, Arrusaifa, Zarqa

Passing the comprehensive exam in 2007

Training

- **Al-Basheer Hospital, Jordan Feb 2004**
Training in Medical, Surgical, Labour, and pediatric Sections
- **Al-Zarqa Hospital, Jordan July 2004**
Training in Medical, Surgical, Labour, and pediatric Sections
- **Al-Salt Hospital, Jordan Feb 2005**
Training in Medical, Surgical, Labour, and pediatric Sections
- **Prince Faisal bin Hussain Hospital, Al-rusaifa, Jordan Oct 2005**
Training in Medical, Surgical, Labour, and pediatric Sections
- **Al-Tutanji Hospital Feb 2006**
Training in Medical, Surgical, Labour, and pediatric Sections

Languages

Arabic: Native

English: Good in speaking, writing, Listening, and Reading

Other Certificates and Memberships

- New Mexico RN Board of Nursing License (Number: 61350) since **(09/08/2020)**
- Professional Accreditation Certificate as Nursing Specialist from Saudi Commission for Health Specialties **11/2016**
- Valid BLS Certificate **2018**
- Measurement and Evaluation at Universities Between Theory and Practice, Certificated **2015**
- Occupational Practice License as Registered Nurse, Jordan 2013
- Certificate of Registration in Jordan Nurses & Midwives Council 2013
- Course on Time Management, Certificated **2008**

- Occupational Practice License as Registered Midwife, Jordan 2008

Reference

Tracy Gonzalez

DON

(505) 400-0498

Advanced Health Care of Albuquerque

2701 Richmond Dr. NE, Albuquerque, NM 87107

Sarah Hartman

Former ADON

(505) 340-1333

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Additional Information **Certificates and Other Documents will be available upon request.**