



Bridgette Couture

Midlothian, VA 23112 (804) 944-0113 bcouture2005@gmail.com

PROFESSIONAL SUMMARY

Hardworking Registered Nurse with 24 years of experience in providing individualized patient care. Committed to delivering best-in-class patient care through effective education and counseling. Proven leadership focused on increasing and enhancing patient care and satisfaction. Streamline safety protocols for comprehensive patient care.

SKILLS

- Medication Administration
- Anesthesia recovery
- Care activities prioritization
- Patient education
- Patient recovery assessments
- Intravenous therapy
- Preventative health
- Collecting vitals
- Oxygen saturation standards
- Strong clinical judgment
- Tracheostomy Care

REGISTERED NURSE

12/2015 to February 2021

HCA CJW Hospital | Richmond, VA

- Reviewed post-operative orders and continuously monitored patients' post-operative vitals, set up PCA and fluids and oriented patients to unit to achieve optimal outcomes.

Collaborated with physicians to quickly assess patients and deliver appropriate treatment while managing rapidly changing conditions.

REGISTERED NURSE

08/2003 to 04/2015

VCU Health | Richmond , VA

- Took vitals and assessed patients in recovery room following surgical procedures.
- Kept meticulous charting notes regarding patient assessments and medications, later transferring information into records management system.
- Evaluated patients' pain levels, implementing correct dosage of medication to alleviate discomfort.
- Provided skilled, timely and level-headed emergency response to critically-ill patients.
- Accurately documented all elements of nursing assessment, including treatment, medications and IVs administered, discharge instructions and follow-up care.
- Administered medications and treatment to patients and monitored responses while working with healthcare teams to adjust care plans.

EDUCATION



Sentara Norfolk General Hospital, Norfolk Va

Diploma in nursing



Bachelor of Science | Nursing

12/2006

VCU School of Nursing , Richmond Va

CERTIFICATIONS



- PALS - Pediatric Advanced Life Support
- ACLS
- BLS