Grace "Chandler" Wheeling

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Registered Nurse with 18 years Oncology experience, 2 years family practice experience, 5 years experience on a medical-surgical progressive care unit, 1 year experience on the ACE unit and 7 months experience on Vascular PCU. I was actively involved with committee work at Carilion; CAUTI committee, Pain Council, co-chair of CMC Policy and Procedure Committee, and co-chair of Nursing Professional Practice Council, a Shared Governance Council. Published a study in an in house publication at Carilion. I have experience in home care with patients with ventilators, G tubes and Trachs. Experience with in home IV infusions, giving IVIG, Tepezza, Entyvio and other IV therapies. Worked on a surgical floor at Lynchburg General Hospital taking care of vascular, bariatric surgeries, appendectomies, Cholecystectomies, hernia repairs, and colectomies. Experience treating and caring for Covid patients as well. I've also had experience with Covid testing, Covid vaccines and infusing and monitoring monoclonal antibodies.

Authorized to work in the US for any employer

Work Experience

RN Home Care

Maxim Healthcare - Roanoke, VA May 2019 to Present

• Document all therapies, including nebulizer treatments and cough assist to keep patient chart up-todate.

- Deliver information regarding care and medications to patient and caregivers.
- Deliver quality care and comfort to patient with Muscular Dystrophy and severe Scoliosis.
- Administer scheduled medications and therapies while overseeing pain management plans.
- Treat patient by administering various types of medications and therapies.
- Coordinate with healthcare team to establish, enact and evaluate patient care plans.
- Evaluate and adjust life support equipment, oxygen, and ventilator providing critical assistance to fragile patient.
- Ensor quality patient care.
- Maintain strict patient data procedures to comply with HIPAA laws and prevent information breaches.
- Assess patient conditions, monitor behaviors and update supervising physicians and parents with observations and concerns.
- Execute appropriate steps for patient treatment following careful review of physician medical regimen.
- Administer oral medications via peg tube and monitor patient reactions.

• Observe strict safety measures, including checking medication dosages before administration to patient

Infusion Registered Nurse

Helms Home Care - Roanoke, VA May 2019 to Present

- \cdot Lab draws
- \cdot IV infusions
- \cdot Patient education
- \cdot Administer IV medications and monitor patient reactions.
- \cdot Answer patient questions and provide printed educational materials

 \cdot Deliver information regarding care and medications to patients and caregivers in comprehendible terminology.

- \cdot Monitor and record patient condition, vital signs, recovery progress and medication side effects.
- · Document all therapies.

 \cdot Observe strict safety measures, including checking medication dosages before administration to patients.

- · Manage central, PICC lines and PIVs.
- \cdot Administer oral and IV medications to patients and monitor responses.
- \cdot Maintain adequate supplies to meet expected patient demands.

RN Staff Nurse

Centra Lynchburg General Hospital - Lynchburg, VA October 2020 to April 2022

- Administer oral, intramuscular and IV medications to patients and monitored responses.
- Answer patient questions and provided take-home materials for further information.
- Prioritize patient care assignments based on patient conditions to achieve optimal outcomes.
- Review physician orders and administered therapies, treatments and medications.
- Collaborate with interdisciplinary healthcare professionals to create, implement and adapt individualized care plans.
- Monitor and recorded patient condition, vital signs, recovery progress and medication side effects.
- Administer medications, tracked dosages and documented patient conditions.
- Instruct patients, families and caregivers on diagnoses, chronic disease management and medication self-management.
- Maintain reports to provide oncoming shift with full patient status.
- Immunize patients against influenza and pneumonia to protect vulnerable populations from serious illnesses.
- Review physician orders and participated in medication management to optimize patient safety.
- Treat patients by administering various types of medications and therapies.
- Monitor patient vitals post-surgery, managed medical equipment and administered medications and IVs.

Temporary Vaccine Nurse

Carilion Roanoke Memorial Hospital - Roanoke, VA January 2021 to December 2021

• Provide Healthcare workers COVID vaccinations with consideration for dosage requirements, contraindications and possible side effects for each immunization.

- Educate healthcare workers on possible side effects to look for.
- Provide written education regarding the COVID vaccines.
- Assisted with the mass Covid vaccine clinic in Roanoke, Va. in different roles; vaccinator, scribe, registrar, monitoring patients post vaccination for 15-30 minutes and educator.
- Assisted with Covid vaccines around the Roanoke community

• Administered monoclonal antibodies to Covid patients at the Carilion Infusion Center, educating and monitoring for side effects

• Administered Covid, Influenza and Shingrix vaccines in Carilion pharmacies.

Infusion RN

Infinity Infusion Nursing, LLC - Roanoke, VA May 2020 to May 2021

- \cdot Give infusions and or draw labs in patient's homes
- \cdot Pt education
- \cdot Lab draws
- \cdot Review treatment plans with patients and or family members
- \cdot Monitor and record patient condition, vital signs, recovery progress and medication side effects.

 \cdot Observed strict safety measures, including checking medication dosages before administration to patients.

- \cdot Manage central lines, PICC lines, and PIVs
- · Answer patient questions and provide printed educational materials

 \cdot Deliver information regarding care and medications to patients and caregivers in comprehendible terminology.

- \cdot Monitor and record patient condition, vital signs, and medication side effects.
- · Document all therapies.

 \cdot Observe strict safety measures, including checking medication dosages before administration to patients.

· Administer oral and IV medications to patients and monitor responses.

RN Staff Nurse/Preceptor Vascular PCU

Carilion Roanoke Memorial Hospital - Roanoke, VA March 2018 to December 2018

• Responsible for orienting new employees, making their schedules and following them through their orientation to make sure they have reached their milestones and completed their orientation record prior to completing orientation.

• Caring for patients with vascular surgeries such as Femoral Popliteal bypasses,

BKA's, AKA's, Thyroidectomies.

- Patient Education.
- Direct patient care.
- Worked directly with pharmacists, social workers, patient and physicians and therapists
- Formulated and evaluated health care plans
- Facilitated the plan of care
- Delivered patient education

RN staff nurse Acute Care for the Elderly

Carilion Roanoke Memorial Hospital - Roanoke, VA November 2016 to March 2018

- Assuming primary care of the elderly population.
- Care of trauma patients and orthopedic patient.

• Performed all tasks with a patient-centered focus while seeking opportunities for improvement of processes and treatments.

• Monitored post-op vitals, set up PCA, fluids, reviewed post-op orders and orient patients to unit.

• Performed all tasks with a patient-centered focus while seeking opportunities for improvement of processes and treatments.

• Acted as patient advocate and implemented total patient care through a team nursing process covering 4-7 high acuity patients per shift.

- Disciplined, energetic employee who quickly establishes rapport with patients and colleagues.
- Work with case managers and social workers to aid in the discharge process.

• Serving as co-chair for the CMC Policy and Procedure Committee, attends meetings and contributes to agenda development.

• Accepts shared responsibility for coordinating the review of policies, revising policies, and creating new policies using Evidenced Based Information.

• Co-chair of a Shared Governance Committee for Magnet.

• Serving as the pain champion/Pain Resource Nurse for 10 west, attending monthly meetings, conducting audits and identifying educational needs.

RN Med/Surg PCU

Carilion Clinic Roanoke Memorial Hospital - Roanoke, VA February 2012 to December 2016

• Duties include direct patient care, precepting and Mentoring new employees, and delegating appropriate staff nurse duties.

- Analyze ECG strips and act upon abnormal rhythms.
- Administering medications by various routes, monitor drips; Insulin, Heparin and Cardiac.
- Perform charge nurse duties, overseeing a 27-bed unit.
- Preceptor.

• Serving as co-chair for the CMC Policy and Procedure Committee, attends meetings and contributes to agenda development.

• Accepts shared responsibility for coordinating the review of policies, revising policies, and creating new policies using Evidenced Based Information.

• Serving as the pain champion/Pain Resource Nurse for 8 West, attending monthly meetings, conducting audits and identifying educational needs.

• Have increased our pain reassessment scores in the past 3 years.

• Volunteered our floor as a pilot for Pain Scripting that went hospital-wide in June 2013.

• Member of a Sedation subcommittee in which we were instrumental in the successful implementation of the POSS sedation scale.

RN Float Nurse

Carilion Clinic Family Practice - Roanoke, VA July 2010 to March 2012

 \cdot In charge of ordering clinical supplies, stocking, medication refills, assisting other nurses, triaging patients and assisting with prior authorizations.

- · Floating to other PODS as needed.
- \cdot Phlebotomy, Injections, IV starts, inserting PAC needles.
- · Headed the flu clinic.

· Assisted Care Coordinator with arranging follow up appointments after hospital discharge, education to patients with new diagnosis of Diabetes, CHF, and COPD.

 \cdot Assisted patients and their families with finding resources in the community.

RN/Preceptor Oncology/Hematology

Carilion Roanoke Memorial Hospital - Roanoke, VA June 1992 to July 2010

- Assuming primary care of chronically ill patients.
- NGT placement, parenteral feedings, and managing chest tubes.
- ADL's ,trach care, ostomy care, wound care, central line care and management.
- Blood transfusions, IVIG Infusions
- Chemotherapy infusions
- Administering medications by various routes.
- Central lines: PAC's, Hickman's, Multi med lines and PICC lines.
- Phlebotomy preceptor.
- New hire preceptor
- Charge nurse
- Chemotherapy and biotherapy certified.
- Counseling and support to patients and families with end of life issues.

Education

Associate of Science in Nursing

College of Health Sciences - Roanoke, VA August 1990 to May 1992

BBA in Hotel and Restaurant Management

James Madison University - Harrisonburg, VA August 1984 to May 1987

Bachelor of Arts in Psychology

Mary Baldwin College - Staunton, VA September 1979 to May 1983

Nursing Licenses

RN

Expires: September 2022 State: VA

Skills

- Strong Clinical Judgement
- Staff Development and Precepting
- Cerner and EPIC experience
- Psychosocial support
- Charge Nurse/Leadership
- Team Player
- Policy creation and revision
- Patient and family advocacy
- Patient and family education

- Discharge Planning
- Adept at prioritizing and managing deadlines
- Acute Care
- Chemotherapy
- Mentoring
- Direct patient care
- Phlebotomy
- Wound care
- Ventilator care
- Medication and IV administration
- Active listening
- Customer service
- Quiet Time"
- Within Reach Publication Oct. 2015
- Co-chair CMC Policy and Procedure Committee.
- Active member of CMC Pain Council and co-chair Pain Council for 10W (ACE unit).
- Assisted in creating a Manual Irrigation Policy and orderset-2016.
- POSS poster at Week of The Nurse 2015 with oral presentation.
- Superuser for POSS, Bladder Irrigation, and Coude insertion.
- Pain Management
- Primary Care Experience
- EMR Systems
- Experience Administering Injections
- Laboratory Experience
- Medication Administration
- Nurse Management
- Caregiving
- Hospital Experience
- Venipuncture
- Managed Care
- Home Care
- Vital Signs
- Employee Orientation
- Infusion
- Nursing
- Care plans
- Communication skills
- Patient monitoring
- Memory care
- Senior care

• Organizational skills

Awards

Nursing Fellowship

September 2016

A nine month research project entitled: Nurses' Knowledge and Attitudes Regarding Pain. Presented at the Nursing Research Conference in Roanoke, Va

Certifications and Licenses

BLS Certification

November 2020 to November 2022

RN

September 2021 to September 2022

CPR Certification

Compact State Nurse License

Assessments

Patient-focused care — Highly Proficient

September 2020

Addressing concerns and using sensitivity when responding to needs and feelings of patients Full results: <u>Highly Proficient</u>

Work style: Conscientiousness - Expert

April 2019

Measures a candidate's tendency to be rule-abiding, well-organized, hard-working, confident, and think before acting. Full results: Expert

Work style: Reliability - Proficient

May 2020

Tendency to be dependable and come to work Full results: <u>Proficient</u>

Electronic health records: Best practices — Highly Proficient

April 2020

Knowledge of EHR data, associated privacy regulations, and best practices for EHR use Full results: <u>Highly Proficient</u>

Sales skills — Proficient

April 2020

Persuading reluctant customers to buy products or services, and influencing and negotiating with customers to meet sales goals. Full results: Proficient

Home health aide skills - Expert

May 2020

Providing care to patients in a home setting Full results: <u>Expert</u>

Protecting patient privacy — Highly Proficient

March 2022

Understanding privacy rules and regulations associated with patient records Full results: <u>Highly Proficient</u>

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.

Publications

Quiet Time Publication

2015

A publication within Carilion Roanoke Memorial Hospital in 2015. A group study of having quiet time between 1pm-3pm and the positive effects.