

Kristin Charles

Registered Nurse

Compassionate ICU Registered Nurse with 5 years of experience delivering exceptional care to critically ill patients. Well-organized and forward-thinking in managing patient needs. Team-oriented and reliable with sound clinical judgment.



Contact

Address

SHREVEPORT, LA, 71118

Phone

(318) 658-8766

E-mail

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Skills

Advanced Life Support

Endotracheal intubation

Invasive and non-invasive
vital signs

Hemodynamics monitoring

Trauma recovery

Patient and family
advocacy

Intravenous therapy

Palliative care awareness

Physical assessments



Work History

2021-Sept
2022-April

Travel RN, COVID-19 Intensive Care Unit

TRS Healthcare, Longview, TX

- Complied with infectious disease measures to reduce spread of COVID-19 between patients, families and medical personnel.
- Responded to and documented sudden condition changes in patients with moderate to severe COVID-19 symptoms.
- Administered medications and treatment to patients and monitored responses while working with healthcare teams to adjust care plans.
- Reviewed post-operative orders and continuously monitored patients' post-operative vitals, set up PCA and fluids and oriented patients to unit.
- Provided direct patient care, stabilized patients and determined next course of action.
- Monitored patient condition by interpreting and tracking EKG readings, identifying irregular telemetry readings and updating team members on changes in stability or acuity.
- Assessed and managed various patient treatments for numerous patient diagnoses from sepsis to acute respiratory distress.
- Explained health care issues and ramifications to patients and families to promote informed medical care choices.

2020-April
2021-Sept

Registered Nurse, Trauma/Surgical ICU

Oschner LSU Health Center, SHREVEPORT, LA

- Explained health care issues and ramifications to

patients and families to promote informed medical care choices.

- Provided direct patient care, stabilized patients and determined next course of action.
- Treated patients requiring stabilization and resuscitation for variety of illnesses and injuries.
- Provided skilled, timely and level-headed emergency response to critically-ill patients.
- Gathered patient health data through interviews and observation, documenting data in electronic records.
- Performed various nursing interventions such as wound dressing, vital sign monitoring and specimen collection.
- Monitored patients' respiratory status and ventilator operation.

Registered Nurse, ICU

2018-Oct.
2020-March

Cornerstone Specialty Hospitals , Bossier City, LA

- Managed care from admission to discharge.
- Provided direct patient care, stabilized patients and determined next course of action.
- Implemented medication and IV administration, catheter insertion and airway management.
- Collaborated with physicians to quickly assess patients and deliver appropriate treatment while managing rapidly changing conditions.
- Monitored patient condition by interpreting and tracking EKG readings, identifying irregular telemetry readings and updating team members on changes in stability or acuity.

2017-May
2018-Oct.

Registered Nurse, Medical ICU

Willis-Knighton Health Systems, Shreveport, LA

- Provided direct patient care, stabilized patients and determined next course of action.
- Administered medications and treatment to patients and monitored responses while working with healthcare teams to adjust care plans.
- Monitored patient condition by interpreting and

tracking EKG readings, identifying irregular telemetry readings and updating team members on changes in stability or acuity.

- Implemented medication and IV administration, catheter insertion and airway management.
- Reviewed post-operative orders and continuously monitored patients' post-operative vitals, set up PCA and fluids and oriented patients to unit.
- Maintained quality care and comfort for patients with heart failure, pulmonary hypertension and other conditions.
- Provided exceptional care to high-acute patients needing complex care such as ventilator management, extensive wound care and rehabilitation.



Education

2015-Jan.
2017-May

Associate of Science: Nursing

*Northwestern State University College of Nursing -
Shreveport, LA*

2004-Jan
2006-May

Associate of General Studies

Northwestern State University - Natchitoches, LA



Certifications

Advanced Cardiac Life Support

Basic Life Support

NIHSS

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