Heather Sullins-Coutsos

Registered Nurse

Columbia, SC 29210 mommys2boys@bellsouth.net +1 803 414 1875

Authorized to work in the US for any employer

Work Experience

Travel RN

Maxim Healthcare Group - Columbia, SC August 2022 to Present

LTAC hospital

Registered Nurse

Open Door Personnel - West Columbia, SC February 2022 to Present

Varying assignments via Staffing Agency to include LTAC, LTC (skilled nursing, rehabilitation, ALF, memory care facilities) and Acute Rehabilitation Hospital

RN PRN Men's Clinic

West Columbia, SC November 2019 to Present

Perform phlebotomy prior to PRP injection, Initiate PIV's and administer IVF, Meyer's cocktail, perform SC and IM injections

Registered Nurse

Kudzu Staffing - Columbia, SC August 2016 to Present

General RN duties that vary with specific assignments to include office, home and various facility settings to include outpatient endoscopy center, Wellmore, Heritage at Lowman, hospice (RN case manager) and pediatric medical office

RN Case Manager Hospice (contract) via Kudzu Staffing

Columbia, SC September 2021 to January 2022

RN-LTC (Skilled care, Memory care, ALF, Rehabilitation)

Wellmore Assisted Living of Lexington VIA KUDZU STAFFING - Lexington, SC May 2021 to January 2022

Assignment through Kudzu Staffing (which I have been employed with since 8/2016). Staffed skilled nursing floors, rehabilitation, assisted living and memory care to include resident physical assessment, admission, medication administration, peripheral IV initiation/hydration, assistance with

ADL care, communication with resident's family, care team (pharmacy, MD, hospice, facility staff and management).

RN Case Manager/Interim Director of Clinical Services

Pathway Hospice - West Columbia, SC July 2019 to January 2021

Hospice home visits to include physical assessments, documentation and ongoing collaboration with hospice care team to ensure the best quality of life for our patients and their families; oversight of clinical staff, revision and implementation of policies and procedures.

RN Care Coordinator (case manager)

Community Health Solutions of America October 2019 to October 2020

RN Case manager for a caseload of medically complex children

RN Supervisor (PRN)

Focus Care June 2019 to October 2020

SOC/Supervisory/Compliance home and telephonic visits with associated documentation

Home Infusion RN (PRN)

Helms Home Care - Denver, NC May 2019 to October 2020

Home Infusion to include peripheral IV initiation, central line care, medication administration; physical assessment, documentation; communication with MD

RN Supervisor (Part Time)

Carolina Healthcare - Columbia, SC May 2017 to October 2020

RN supervisory role to include overseeing RN's, LPN's and PCA's; admission, supervisory and recertification visits for patients.

Home Health Infusion RN

AIS HealthCare - Columbia, SC February 2020 to April 2020

Home Care Infusion to include initiation and maintenance of IV access, physical assessment, monitoring of symptom management, infection control and prevention, medication administration, collaboration with healthcare team.

• Resigned from position after contracting COVID.

RN Staff Nurse via Kudzu Staffing

Kudzu Staffing - West Columbia, SC March 2019 to September 2019

Via Kudzu Staffing/contract assignment: Floor nurse in busy pediatric office~phlebotomy, vaccinations, triage, physical assessments

RN-Charge Nurse/Interim DON assignment via Kudzu Staffing

Carolina Colonoscopy Center - Columbia, SC

December 2017 to March 2019

Pre/Post Op, performing assessments, initiating/maintaining IV's, administering medications and proper documentation, floor communication and management, triage, maintaining medication records and code cart; overseeing clinical staff of 10+.

RNCM PRN

Lutheran Hospice - Chapin, SC February 2017 to April 2017

RN case manager duties to include caring for an assigned caseload, admissions and call~

Full-time RNCM (via Kudzu Staffing)

HOMESTEAD HOSPICE - Columbia, SC August 2016 to February 2017

RNCM to include admissions and call, wound care, collaboration with IDT members, care and compassion to both patients and their family members

PRN Hospice RNCM

Lighthouse Hospice - Irmo, SC February 2016 to September 2016

RNCM to include call

PRN RN

Blue Ridge Hospice - Irmo, SC August 2015 to February 2016

Assisted RNCM with patient visits and occasional call

PRN RNCM

Hospice Advantage - Columbia, SC June 2014 to June 2015

PRN RNCM with general case management duties to include admissions and routine call-company was bought out

PRN RNCM

Tricounty Home Health - Columbia, SC January 2014 to June 2014

PRN RNCM-hired as CM though used as an admissions nurse-left as not enough hours were offered

RN-floor nurse

PALMETTO HEALTH RICHLAND HOSPITAL - Columbia, SC July 2011 to January 2014

Ortho-Trauma/Telemetry: general floor nurse duties to include patient assessments, pre-op/post-op, IV initiation/maintenance, medication administration, phlebotomy, telemetry monitoring, wound care to include wound vacs, documentation, teamwork, care and compassion for families of patients

RN floor nurse

Palmetto Richland, Columbia, SC - Columbia, SC January 2002 to June 2005 NICU/Special Care Nursery, Children's Blood Disorder unit-general floor nurse duties

General floor nurse duties to include caring for critically ill infants and children to include assessments, pre-op/post-op, medication administration, IV initiation and maintenance, feeding to include po, NG/ OG; assisting physicians with procedures, phlebotomy, wound care, teamwork with coworkers, care and compassion in serving families of patients

RN-clinical supervisor

South Carolina Internal Medicine and Rehabilitation - Irmo, SC August 2000 to January 2002

Office RN/rapidly promoted to clinical supervisor: assisted multiple physicians with routine office visits and special in office surgical procedures, phlebotomy, IV initiation and maintenance for hydration and antibiotic administration, triage, documentation and teamwork with various office employees

Registered Nurse

Maxim Healthcare Services - Greenville, SC May 2017

General nursing duties that vary with each assignment, currently performing in home care to individuals with skilled needs.

RN Case Manager PRN

AGAPE HOSPICE - West Columbia, SC April 2017

RN case manager/PRN capacity~maintaining a small case load of hospice appropriate patients.

Education

ADN in Nursing

Midlands Technical College - Columbia, SC August 1995 to December 1999

Nursing Licenses

RN

RN Expires: April 2022 State: SC

Skills

- RN (10+ years)
- Staff Nurse (10+ years)
- Charge Nurse (5 years)
- Interim Director of Nursing (1 year)

- Home Health
- Med Surg (10+ years)
- Medical Surgical (10+ years)
- Hospital (6 years)
- Hospice Care (8 years)
- Case Management (10+ years)
- Laboratory Experience (10+ years)
- Infant Care
- Critical Care Experience (1 year)
- Triage (5 years)
- Infection Control Training
- Medication Administration (10+ years)
- Memory Care (5 years)
- Vital Signs (10+ years)
- EMR Systems (10+ years)
- Epic, HCHB, Cerner, PCC
- Nursing (10+ years)
- Phlebotomy (10+ years)
- Venipuncture (10+ years)
- Experience Administering Injections (10+ years)

Awards

Daisy Award

unsure of dates-nominated/awarded Daisy award on more than one occasion by patients for care and compassion

Certifications and Licenses

Registered Nurse

April 2022 to April 2024

SC RN license

BLS/ACLS January 2022 to January 2024

CPR Certification

Compact State Nurse License

April 2022 to April 2024

Additional Information

I was a homemaker/stay at home Mom full-time from June 2005-July 2011 though volunteered as a school nurse intermittently.