

Wendy Mejia

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Dedicated registered nurse with a broad 16 years of experience in floor nursing and leadership. Knowledge of medical, spinal cord, brain injury and cardiac patients. Excellent role model for peers. I have the ability to stay calm and think clearly in emergency situations. I am a team player. I take pride in building positive relationships with multidisciplinary team members. I am an expert in communication skills, not only with team members, but also with patients and families. I am organized with time management, and able to make my patients feel they are the only one I am caring for. I am skilled with suctioning, chest tubes, wound care and working with an array of patients on a medical surgical unit. COVID has changed the way we nurse (and many other things), I have adapted to the isolation garb, making the most of my interaction with each patient and communicating with family who are unable to visit.

Work Experience

Staff RN

Emory Decatur - Decatur, GA
October 2021 to Present

Day shift staff nurse on a medical surgical floor. Care for 5-6 patients per shift, address multiple discipline teams during the day.

Staff Registered Nurse

Lighthouse Agency - Perry, GA
January 2020 to Present

I have taken several assignments working in the Department Of Corrections Infirmery. The infirmery is like a mini ER for the DOC, start IV, dressing changes, diabetic care. Trauma care for stab wounds and assist NP suturing wounds. IV antibiotic therapy, caring for intimates with covid, COPD, cancer and other chronic care diseases.

Registered Nurse

Eastside Medical Center - Snellville, GA
January 2021 to May 2021

I was a travel nurse on a fast paced medical surgical floor that was 80% covid patients. I was often floated to the surgical floor and PCU. I was asked to extend my contract and stayed a total of 17 weeks.

Registered Nurse

Sanford Medical Center - Fargo, ND
November 2020 to December 2020

I was a travel nurse assigned to a covid medical surgical floor. Used epic charting system. Care for assigned patients on day shift. Was asked to extend but I had family obligations that I had to come to.

Run supervisor

Berwick Retirement Village - Berwick, PA

April 2020 to June 2020

I was a travel nurse assigned as a supervisor over the 2nd shift of a 120 bed facility. Worked and managed nurses. Responsible for covid unit patients. Teaching isolation protocol to staff. Monitoring covid patients and testing.

Director of Nursing

WillowBrook Court - Gainesville, GA

April 2019 to March 2020

- Evaluated work performance of 72 nursing personnel to determine wage increases and implement discipline.
- Collaborated with staff, management and external groups to coordinate patient care.
- Developed positive employee relations, incentives and recognition programs to promote teamwork and mutual respect.
- Performed rounds to observe care and interview staff, residents and families.
- Participated in daily management team meetings to discuss resident status, census changes and resident complaints or concerns.
- Prepared and reviewed infection control surveillance reports to identify trends and develop effective actions to control and prevent infections.
- Developed and updated policies and procedures, maintaining compliance with statutory, regulatory and local, state and federal guidelines relating to HIPAA, benefits administration and general liability.
- Offered patients and patrons information on various immunizations including flu, DTaP and HPV vaccines.
- Created customized care plans, working with hospital staff and families to assess and meet individual needs.

Frequently was a staff nurse on the sub acute unit, pass medications, starting IV's, performing wound care and give injections as ordered.

Unit Manager

Laural Heights - Atlanta, GA

January 2019 to March 2019

- Protected patients and employees by developing and interpreting infection-control policies and protocols and maintained patient confidence by monitoring confidential information.
- Promoted patient independence by establishing patient care goals and taught and counseled patients, friends, and family about medications and self-care skills.
- Handled any complaints from patients and families and ensured patient care needs were met.
- Oversaw RNs, LPNs, nursing aides, medical clerks and support staff and performed staffing scheduling duties.
- Supervised 25 employees and performance of tasks and managed 26 patients.
- Checked all book in and discharges, making sure all charges have paperwork and all discharges have orders of discharge.
- Completed daily work report sheets and delegated tasks to employees.

Director of Health Services

Annandale Village - Suwannee, GA, US

July 2018 to January 2019

- Gathered, reviewed and adjudicated complaints and grievances of employees and patients to prevent and resolve workplace inadequacies.

- Created reference library of nursing literature to sustain smooth operations in health services department.
- Administrated completion of medical forms, reports and evaluations to identify areas requiring improvement.
- Audited inventory of pharmaceuticals and medical supplies to certify adequate and comprehensive stock.
- Made daily rounds throughout health services department to assess care quality.
- Trained staff in gathering essential medical information such as blood pressure and temperatures.
- Planned, developed and updated health service policies and procedures to promote safe, standardized care.
- Coordinated and planned annual influenza vaccination clinics for students and staff during peak seasons.
- Designed emergency information sheets for staff to encourage quick responses to medical crises.

Registered Nurse Unit Manager/ Staff Registered Nurse

Gwinnett Medical Center - Lawrenceville, GA

July 2015 to July 2018

- Working as a floor nurse on a Medical Surgical/Orthopedic Unit.
- Cared for post op patients, administering medication, dressing changes and emotional support.
- Preceptor for senior nursing students clinical hours for graduation.
- Preceptor for new nurses joining our team on the floor.
- Excepted a new position after a year as a Unit Manager on the Sub Acute Unit of Gwinnett Extend Care.
- Manged the care of 41 residents, education to staff, discipline situations, coaching staff.
- I also participate in writing weekly summaries of nursing care for continued insurance coverage.
- Meet with Medicare team to set goals and work with families to be prepared for discharge.
- Team bonding and motivation for staff.

Clinical Coordinator Registered Nurse, Stay at Home Mom

Home Mom - Lawrenceville, GA

August 2013 to July 2015

- I was in a place financial to take a year off and transition my daughters into new school environments.
- I took a year off from nursing to help my family.
- It was an amazing year that I am very grateful for, but learned that my heart and passion still remains as a nurse.
- I am a great Mom because of my amazing career as a nurse., on an orthopedic/neurological medical surgical 28 bed unit.
- Supervised 25 staff members assisting in their coaching, mentoring and educating.
- Prepared schedule on a monthly time frame.
- Facilitated pre-operative classes for patients and families.
- Taught discharge class to patients and families.
- Performed leadership rounds, Collaborated with the operating room staff and post post anesthesia staff to safely deliver care to patients.
- I was Elected Bedside Leader 2010, Nurse Delegate for 2010 and volunteered at the Decatur Book Festival to promoted our orthopedic services.

Registered Nurse Unit Manager

Northeast Georgia Medical Center Gainesville - Gainesville, GA

April 2010 to August 2014

- I was the Unit Manager of a long term rehabilitation unit with 55 residents.
- The ages ranged from 32-97, and care consist of tracheotomy care, breathing treatments, intravenous medications delivered via PICC line.
- I facilitated educational in services for staff, managed daily nursing schedule and participated in budgeting.
- I participated in several state surveys and did this with professional comfort and ease.

Clinical Nurse Coordinator

DeKalb Medical at North Decatur - Decatur, GA
September 2008 to March 2010

Patient Care Technician/Registered Nurse

Shepherd Center - Atlanta, GA
May 1998 to October 2008

Staff Registered Nurse

Northeast Georgia Medical Center Gainesville - Gainesville, GA
April 2006 to March 2007

- Staff nurse caring for 5-7 patients per 12 hour shift, on a medical surgical floor PRN.
- IV care, IV medications, turn and positioning, and continuous assessment skills through out the shift.
- Admission data information on hospital computer system.
- Teaching and explanation of care and medical procedures to the patient and family.
- Helped residents with bathing, dressing, feeding, lifting and transferring.
- Instructed patients and family members on proper discharge care.
- Supervised students when administering medications to ensure patient safety. patient care technician Jan 1998 - Jan 2005
- After graduation I accepted a position on a 30 bed spinal cord injury unit and medical surgical unit.
- Delivered care to patients and families with a new catastrophic spinal cord injury.
- Also cared for long term injured patients that were readmit for skin flaps from pressure ulcers.
- Cared for patients that were quadriplegic and paraplegic, ventilator dependent.
- Performed discharge teaching, straight catheterization training, and bowel program training.
- In 2006 I was recognized for being a leader and was trained for relief charge nurse and relief house supervisor.
- I also was a preceptor new staff to the unit.
- 2007 I wrote a clinical summary on colostomy care that was presented at the national nursing rehabilitation conference.
- I served as a skin champion for the unit, making weekly rounds measuring progress of wounds.
- Supported Chief Operating Officer with daily operational functions.
- Transported patients to and from different departments.
- Maintained all confidential personnel files, license and CPR compliance records.
- Ensured HIPAA compliance.
- Investigated and reported issues relating to patient care or conditions that might hinder patient well-being.
- Assisted patients with daily functions.
- Developed patient care plans, including assessments, evaluations and nursing diagnoses.
- Provided behavioral/emotional support and supervision for those with dementia and Alzheimer's.
- Facilitated an on-going assessment of patient/family needs and implementation of interdisciplinary team care plan.
- Liaised between patients and physicians to ensure patient comprehension of treatment plans.

- Took and recorded patients' temperature, pulse and blood pressure.
- Instructed patients and family members on proper discharge care.
- Assisted patients with bathing, dressing, hygiene and grooming.

Certified Nursing Assistant, Eastside Senior Mental Health

ECT - Snellville, GA

May 1996 to April 1998

- Cared for assigned patients in a locked psychiatric unit.
- Bathed, turned and obtained vital signs for the nurses.
- Prepared patients for ECT treatments.
- Assisted nurses with new admissions, weighing, assessing vital signs, checking personal belongings for weapons or medications.
- Assisted nurses with wound care for pressure ulcers, bed sores, and surgical site wounds.
- Supported duties for diagnostic and technical treatment procedures, such as setting up and operating special medical equipment and apparatus.
- Provided a comforting and soothing environment.
- Transported patients to other areas of the hospital in wheelchair and gurneys.
- Answered call lights and aided in patient comfort and safety by adjusting beds, lights, bed rails, pillows, patients' clothing and bedside tables/equipment.
- Answered patient calls for care and feeding.
- Responded appropriately to the physical, emotional and developmental needs of patients.
- Maintained a clean, healthy and safe environment.
- Helped patients move in and out of beds, baths, wheelchair and automobiles.
- Reported any unusual circumstances in the patients' condition or environment.

Certified Nursing Assistant

Gwinnett Medical Center - Lawrenceville, GA

February 1993 to May 1996

- Assisted patients with bathing, oral hygiene, grooming, feeding and elimination.
- Member in good standing with Nurse Aide Registry.
- Performed clerical duties, such as word processing, data entry, answering phones and filing.
- Provided a comforting and soothing environment.
- Maintained a clean, healthy and safe environment.
- Answered patient calls for care and feeding.
- Responded appropriately to the physical, emotional and developmental needs of patients.
- Monitored vital signs, such as blood pressure and pulse.
- Cared for clients with diagnoses such as respiratory failure, diabetes, Parkinson's disease, and muscular dystrophy.
- Assisted nurses with wound care for pressure ulcers, bed sores, and surgical site wounds.
- Collects patient specimens and data, including vital signs, input/output and other delegated measurements.

Certified Nursing Assistant

Life Care Center of Wilbraham - Wilbraham, MA

April 1991 to January 1993

- Followed safe lifting techniques and individual resident lifting instructions.
- Reported any unusual circumstances in the patients' condition or environment.

- Collects patient specimens and data, including vital signs, input/output and other delegated measurements.
- Monitored vital signs, such as blood pressure and pulse.
- Answered patient calls for care and feeding.
- Assisted with patient transfer and ambulation.
- Member in good standing with Nurse Aide Registry.
- Helped residents programming goals and increase their independence.
- Performed clerical duties, such as word processing, data entry, answering phones and filing.
- Tested and recorded blood glucose levels.
- Provided a comforting and soothing environment.
- Assisted nurses with wound care for pressure ulcers, bed sores, and surgical site wounds.
- Assisted patients with bathing, oral hygiene, grooming, feeding and elimination.
- Maintained accurate records of patient care, condition, progress and concerns.

Certified Nursing Assistant

Wingate Nursing Home - Springfield, MA

June 1989 to May 1991

- Answered patient calls for care and feeding.
- Assisted patients with bathing, oral hygiene, grooming, feeding and elimination.
- Followed safe lifting techniques and individual resident lifting instructions.
- Tested and recorded blood glucose levels.
- Assisted patients with ambulation with walkers.
- Assisted with patient transfer and ambulation.
- Transported patients to other areas in wheelchair and gurneys.
- Documents objective data and routine aspects of patient care.
- Member in good standing with Nurse Aide Registry.
- Assisted nurses with wound care for pressure ulcers, bed sores, and surgical site wounds.
- Maintained a clean, healthy and safe environment.

Education

MBA in Nursing

Walden University - Minneapolis, MN

Masters in Healthcare Administration

Mercer University - Tucker, GA

Skills

- HIPPA compliance
- Tracheotomy care
- comprehension
- Phlebotomy knowledge
- Adept at prioritizing/managing deadlines
- Clinical instruction
- Trained in pre- and post-surgical care
- Patient-focused care
- Proper NG tube insertion and removal
- Intravenous therapy
- comprehension
- Competent in physical assessments
- CPR certification
- Strong verbal communication
- Diabetes, Hospice, and Stroke Patient Care Team leadership
- Team liaison
- Budgeting and finance
- Medication and IV administration
- Infection control measures
- Wound Care

- Dementia Care
- EMR Systems
- Alzheimer's Care
- Laboratory Experience
- Medication Administration
- Experience Administering Injections
- Nursing
- Critical Care Experience
- Epic
- Medical Imaging
- Leadership
- Management

Certifications and Licenses

RN

BLS Certification

ACLS Certification