

76146 Via Uzzano
Indian Wells, CA, 92210
951-743-9730
tanjdtongol@gmail.com

Tristan Tongol

Registered Nurse

Compassionate and hardworking care provider with a distinguished understanding of hospital functions and socialization practices. Proficient in monitoring vitals, documenting changes and a wide range of clinical procedures. Skilled in ensuring timely patient processing through effective communication and staff coordination.

Skill

- Direct Patient Care
- Patient Management
- Medication Administration
- Medical Records Management
- ACLS, BLS Certified
- Strong multitasker
- Excellent disposition
- Excellent computer skills
- Bilingual: English & Tagalog
- Safe and compassionate
- Quick learner

Work Experience

Caregiver/Property Manager

Joel Douglas, 76146 Via Uzzano, Indian Wells, CA 92210
December 2014 - PRESENT

- Prepares Patient Care Plans
- Assesses and evaluates patient's needs and medical condition
- Keeps track of medication schedule
- Conducts patient exercises
- Assist the patient in day-to-day basic functions
- Performs house chores to make house clean and safe
- Maintains records and files of patient's orders and prescriptions
- Assists in moving or transporting the patient post-op
- Monitor progress of the patient
- Maintain property by completing repairs, planning renovations and contracting with other services

Education

Bachelor of Science: Nursing

June 2007 - April 2011

Angeles University Foundation - Angeles City, Pampanga, Philippines

Certification/Training

American Heart Association

March 2022 - Advanced Cardiac Life Support (ACLS)

March 2022 - Basic Life Support (BLS)