**Jane W. Wairi**

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Chesapeake

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**OBJECTIVE**

To obtain a registered nurse position using skills gained through an Associate Degree in nursing and years’ experience as licensed practical nurse to provide quality healthcare service to patients; while also obtaining opportunities to expand practical experience, knowledge, and training.

**EDUCATION**

**Associate Degree** in Nursing (ADN) 2020

ECPI University

1001 Omni Blvd,

Newport News, VA 23606

**Licensed Practical Nurse** 2015

ECPI University

5555 Greenwich Rd,

Virginia Beach, VA 23462

**PROFESSIONAL EXPERIENCE 2021-date**

**Sentara Obici**

**2800 Godwin Blvd,**

**Suffolk,**

**VA 23434**

**RN CSU**

* Responsible for administering prescribed medications and perform treatment of patients as prescribed by physician.
* Educate patients and families on disease prevention, healthy diet and exercise, and lifestyle changes.
* Closely monitor patients to identify signs of arrhythmias and other life-threatening complications.
* Assessment, evaluation, and individualized care of patients requiring constant cardiac monitoring.
* Responsible for admission, care and treatment of patients brought to the telemetry unit.
* Provided patient care in telemetry units and float nurse duties in the Med/Surg unit.
* Provided trustworthy care to patients by entering personal information into computer accurately for documentation purposes.
* Initiated early morning shift with a count of equipment including vital signs machines; changed bed linens while checking all patients in assigned areas according to policy and procedure manual.
* Responsible for reading and filing Telemetry strips for patients on the floor.
* Core competencies for patient population that includes cardiac/cardiovascular, neuro, GI conditions and diseases that include CAD, PVD, COPD, CHF, metabolic disorders among others.
* Evaluate/document patient response to treatment and recognize changes; take appropriate actions based on assessment.
* High-performing team member in a 33-bed telemetry unit with primary focus on patients with medical conditions requiring continuous cardiac monitoring.
* Perform cardiac and respiratory assessment, identify abnormalities, reporting it to a physician, documenting all patient data concisely into the EMR and carry out treatments.
* Being a patient advocate is essential for establishing good rapport with the patient.
* Completed daily assessments of patient conditions.
* Evaluate patient needs, prioritized patient care flow and provided health treatments.

**Chesapeake Health & Rehabilitation Center** November 2017-October 2021

688 Kingsborough Square,

Chesapeake, VA 23320

**Licensed Practical Nurse**

* The collection of data for a nursing history, psychological, spiritual, and social history, and physical examination (including vital signs, head to toe and/or targeted physical assessment, and other physiological/biological data);

• Comparison of the data collected to normal values and findings.

• Ongoing determination of client status for changes in condition, positive and negative.

* participation in the identification of the client’s needs related to the findings of the nursing assessment.

• Procuring resources needed to implement the care plan.

• Implementing nursing interventions and medical orders consistent with nursing rules and within an environment conducive to client safety.

• Prioritizing performance of nursing interventions within assignment.

• Recognizing responses to nursing interventions.

• Modifying immediate nursing interventions based on changes in a client’s status.

• Delegating specific nursing tasks as outlined in the plan of care and consistent with nursing rules.

* Performs standard diagnostic procedures and prepares specimens for lab courier, imputing information in computer.
* Provides wound care
* Assists physicians and registered nurses.
* Update patient records in a confidential manner
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* Administering medication po, iv piggy bags, im, transdermal, sub cut,
* Observing patient reactions to medications
* Recording observations of patient’s condition, review medical history, update charts, plan and manage patient care.
* Communicating with patients and their families about care.
* Treating patients with respect and dignity
* Maintaining high clinical standards and high levels of quality care delivery.
* Communicating concerns about patient’s overall health, treatment and care to the family and the medical team

**Peak Resources Outer Banks** 2015-2017

430 Health Center Dr,

Nags Head, NC 27959

**Certified Nursing Assistant**

* PERSONAL CARE (ADL)

- Bathing (assist, bed bath, tub bath,

shower, sitz)

- Mouth care

- Skin care

- Hair care Handwashing

- Nail care

- Bedmaking (modified)

- Dressing and undressing

* BODY MECHANICS

Turn and position

- Transfer – chair and stretcher

- Use of lifts

- Assist with ambulation

- Range of motion exercises

* NUTRITION
* ELIMINATION

- Bedpan/urinal

- Bowel/bladder retraining binders

- Collect/test specimens

- Perineal/catheter care leads

- Apply condom caths

+ - Douches

- Enemas

- Empty drainage devices from body

cavities/wounds

+ - Maintain gastric suction

* SAFETY

- Mitts and restraints

- CPR/Heimlich Maneuver

- Infection control

- Handwashing

- Isolation technique

- Standard precautions

* SPECIAL PROCEDURES

Vital signs: Temp (oral, rectal, axillary) Pulse (radial, apical) Respirations, BP

Height and weight (stand-upscales/bed scales)

- Application of heat/cold

- Prevent and care for decubitus ulcers

Postmortem care

- Cough/deep breathing

**Sanderling Resort** 2009-2017

1461 Duck Rd, Duck, NC 27949

**Position title**

**Hilton Marco Island Resort and Spa** 2005-2009

560 S. Collier Blvd.

Marco Island FL

**Position title Waitress**

**REFERENCES**

Available Upon Request