

JENNA DE SOUZA

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Dynamic Critical Care Registered Nurse with 3 years of hospital experience. Adept at collaborating with interdisciplinary medical teams. Dedicated to delivering best-in-class patient care and individualized plans for families and patients.

Work Experience

Registered Nurse, ICU

Aya Healthcare - Mason City, IA

November 2021 to Present

- Provided direct patient care, stabilized patients and determined next course of action.
- Educated patients, families and caregivers on diagnosis and prognosis, treatment options, disease process and management and lifestyle options.
- Conferred with physicians to discuss diagnoses and devise well-coordinated treatment approaches.
- Administered medications and treatment to patients and monitored responses while working with healthcare teams to adjust care plans.
- Delivered outstanding care to patients with various diagnoses and managed care from treatment initiation through to completion.
- Administered nursing care to cardiac and medical patients undergoing diagnostic, therapeutic or emergency services.

Registered Nurse, Neuro/Trauma ICU

Mercy - Springfield, MO

June 2020 to June 2021

- Provided direct patient care, stabilized patients and determined next course of action.
- Collaborated with patient, family and healthcare team in open discussion to identify mutual goals based on nursing assessment and nursing diagnosis.
- Provided skilled, timely and level-headed emergency response to critically-ill patients.
- Communicated with healthcare team members to plan, implement and enhance treatment strategies.
- Provided exceptional care to high-acute patients needing complex care such as ventilator management, CRRT, extensive wound care and rehabilitation.

Charge Nurse, Medical/Pulmonary Step Down

Mercy Hospital - Springfield, MO

June 2019 to May 2020

- Trained new nurses in proper techniques, care standards, operational procedures and safety protocols to optimize performance and safety.
- Informed patients and families of effective treatment options and at-home care strategies, enhancing long-term outcomes
- Delivered outstanding care to patients with various diagnoses and managed care from treatment initiation through to completion

- Monitored patient condition, including interpreting and tracking EKG readings, identifying irregular telemetry readings and updating team members on changes in stability or acuity
- Taught patients how to improve lifestyle choices, dramatically reducing chance of symptom re-occurrence
- Partnered with physicians, social workers, activity therapists, nutritionists and case managers to develop and implement individualized care plans and documented all patient interactions and interventions in electronic charting systems

LPN

Kirksville Manor Care - Kirksville, MO

July 2018 to June 2019

- Assessed patients by observing and recording vital signs, gathering specimens and reviewing lab test results
- Provided exceptional patient care by meeting physical, psychological and overall care requirements to support daily living needs and independence
- Worked closely with healthcare staff to devise personalized care plans adaptive to changing patient needs by detailing treatment methods, dosage and duration
- Accurately documented all elements of nursing assessment, treatments, medications, discharge instructions, and follow-up care
- Provided patient education
- Implemented necessary changes based on evaluation of staffing requirements and floor assignments

Phlebotomist

Saint Luke's Health System - Kansas City, MO

July 2012 to January 2019

- Perform phlebotomy on inpatients, outpatients, and pediatrics
- Protected patients by following infection control, sharps disposal and biohazardous waste disposal procedures
- Collected blood samples using vacutainer tubes, tourniquets, syringes, butterfly needles, and straight needles
- Validated blood and specimen collection orders, alerting nurses or physicians of discrepancies between order and nursing station logs

Education

Bachelor of Science

Northwest Missouri State University - Maryville, MO

June 2020

Associate of Applied Science in Applied Science

North Central Missouri College - Trenton, MO

May 2019

Associate of Arts

Metropolitan Community College - Kansas City, MO

2015

Kirksville Area Technical Center - Kirksville, MO

Skills

- Strong clinical judgment
- Patient-focused care
- Analytical thinking
- Professional bedside manner
- Healthcare ethics
- Patient and family education
- Clinical documentation
- Strategic decision-making
- Critical Care Experience
- ICU Experience

Certifications and Licenses

CCRN Certification

NIHSS Certification

RN License

BLS Certification

ACLS Certification