

# Alexis D. Brown

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Registered Nurse (RN): 4713785

## OBJECTIVE:

New graduate registered nurse seeking to strengthen patient care through earned skills in quality care and knowledge, with experience in intermediate to high acuity patient care on multiple ICU, telemetry, step-down units. Aspiring to combine ongoing nursing education and experience to secure a role in a New Grad Residency Program, while providing competent, safe, and ethical patient care.

## PRECEPTORSHIP:

Rapides Regional Medical Center – Alexandria, LA  
Cardiovascular/Telemetry Unit

Successfully completed 120 hours of comprehensive nursing care under the supervision of a registered nurse on the cardiovascular and telemetry unit. Provided evidence-based nursing care to patients, implemented and managed care plans in a fast-paced, high-acuity, and demanding environment. Tasks included: Medication administration, hanging and maintaining IV drips, ventilator maintenance, dressing changes, inserting NG tubes, catheter care, wound care, assisting physicians and registered nurses with bedside procedures such as endoscopies, colonoscopies, as well as observation of blood transfusions and central line insertions.

## CLINICALS:

Completed 380 combined total clinical hours in the following clinical settings: intensive care units, medical surgical units, telemetry, operating room, hospice, psychiatric, obstetrics, pediatrics, and geriatrics.

- Rapides Regional Medical Center 188 hours
- Rapides Women's and Children's Hospital 96 hours
- Guardian Hospice Care 48 hours
- Longleaf Hospital: Inpatient Psychiatric and Behavioral Health Hospital 48 hours

## WORK EXPERIENCE:

*Sacramento Behavioral Health Hospital*

*Registered Nurse – Sacramento, CA 1/26/22 – Current*

- Conduct and assess patient needs based on acuity, patient treatment plans, goals, and unit operations.
- Collects and analyzes data regarding patient's physical, psychosocial, environmental, educational, cultural, and anticipated discharge needs.
- Prepares written report of assessment, including recommendations for level of care and treatment needs.
- Assesses need for involuntary hospitalization evaluation with crisis team, law enforcement, or 5150 certified employees as needed to ensure safety of patient and others, including coordinating immediate response during psychiatric crises while providing effective leadership.
- Demonstrating knowledge of mental health diagnoses, standards of care, evidence-based practice and medication administration.

## EDUCATION:

Louisiana Christian University  
Bachelor of Science in Nursing  
Pineville, LA  
August 2019 – May 2021

San Francisco State University  
Bachelor of Arts in Communication  
Studies  
San Francisco, CA  
August 2007 - May 2012

## LICENSURE AND CERTIFICATIONS:

RN License #: 4713785

Basic Life Support for Healthcare  
Providers (BLS) –  
American Heart Association

Advanced Cardiac Life Support  
(ACLS) –  
American Heart Association  
(Scheduled 5/14/22)

Pediatric Advanced Life Support  
(PALS) –  
American Heart Association  
(Scheduled 5/14/22)

## ASSOCIATION:

Sigma Theta Tau International Honor  
Society for Nursing  
August 2019

Black Student Union (BSU)  
San Francisco State University  
2007 - 2012

## VOLUNTEER

Cystic Fibrosis Foundation Great  
Strides Walk  
2019

Lucile Packard Children's Hospital at  
Stanford  
2010-2011

Alliance for C.H.A.N.G.E  
2011

The University of California San  
Francisco Medical Hospital  
2007

## SEMINARS:

Samuel Merritt University Nursing  
Success Seminar  
2018

### ***RCM Health Care Travel***

#### ***Registered Nurse/Covid Testing Supervisor – Sacramento, CA 1/17/22 - Current***

- Set up testing sites and gather required supplies.
- Register clients and gather consent form authorizations for COVID-19 Testing Portal and the facility spreadsheet.
- Collect the anterior nasal specimen and follow testing guidelines for BinaxNOW
- Accurately read the test cards 15 minutes following collection.
- Document test results on portal and facility spreadsheet.
- Follow algorithm as indicated by test result and client condition for notification of supervising staff and need for confirmatory testing.
- Oversee client flow through the collection station, assuring efficient workflow.
- Sanitize station after each client; dispose of hazardous waste and store supplies; notify supervising staff of need to restock supplies

### ***In-Home Caregiver***

#### ***Caregiver – Discovery Bay, CA 7/13 – 8/19***

- Provided a variety of non-medical services to an individual with multiple chronic illnesses. Such as, stabilization and assistance with transferring, walking, daily exercises, bathing, and grooming.
- Transportation to and from all doctor appointments, physical therapy sessions and behavioral health appointments at Stanford Hospital and Clinics.
- Assisted and administered daily medications.
- Monitored and reported any changes in patient's physical, mental, and/or emotional health.

### ***Robotic, Laparoscopic, General & Bariatric Surgery***

#### ***Medical Assistant and Surgery Scheduler – San Ramon, CA 11/15 – 5/16***

- Provided clinical care under the supervision of a physician for the patients of the practice.
- Proactively reviewed charts in EPIC in advance of patient intake.
- Prepared patients for examinations, treatments, and surgeries.
- Sterilization and preparation of instruments for procedures.
- Assisted physician with surgical procedures.
- Assisted with front office tasks such as scheduling surgeries and appointments, answering phones and medical record management.

### ***Northern California Cornea Associates***

#### ***Medical Assistant and Surgery Scheduler – Walnut Creek, CA 3/15 – 10/15***

- Assisted four ophthalmologists and two optometrists with pre-examinations, testing and minor in office surgical procedures including instrumentation, sterile preparations, and documentation.
- Coordinated scheduling of all patient's appointments and surgeries.
- Obtained medical records for all patients through Electronic Medical Records.
- Performed a variety of routine of preliminary eye function testing using ophthalmic instruments that provide diagnostic information including, but not limited to, motility, intraocular pressures, visual fields, PAM and BAT tests.
- Administered topical medications as required by the provider for testing and treatment.
- Recorded patient charges for billing department.
- Maintained confidentiality of sensitive information (HIPAA).

