

LAURA HEMPHILL, RN

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OBJECTIVE

To obtain a position as a Registered Nurse, utilizing my dynamic nursing skills along with my years of medical experience. It is my hope to contribute my experience, skill, compassionate care and extensive knowledge to help improve the lives of clients and to provide exceptional service.

EDUCATION

Brightwood College

Associates Degree of Nursing

Graduated: June 2018

Maric College of Medical Careers

Certified Medical Assistant

Graduated: 1996

WORK HISTORY

Shumway Cosmetic Surgery

March 2022-Present

Registered Nurse

Responsibilities include: Pre-operative check on patients the day of surgery, vital signs, IV placement, medication reconciliation, moderate sedation during simple surgeries, circulating in the OR during surgeries, ensure patient stability during and after surgery, assist the surgeon as needed during sterile processes, post operative recovery of patient, complete all proper documentation before, during and post procedure, ordering and inventory of supplies and medications.

Favorite Health Care Staffing

January 2022-March 2022

Crisis Travel Nurse

Short term FEMA Crisis contract in response to the Covid pandemic. Registered Nurse in out of state Emergency room that was low staffed with a high patient census. Responsibilities included: traveling out of state, providing care to patients in a remote hospital. Provided emergency care to the community, which included triage, vital signs, venipuncture, IV therapy, medication administration, injections, vaccinations, urinary catheters, cardiac monitoring, attending to stroke codes, CPRS, bed side sedations, intubations, and helping other nurses and staff as needed.

Stengler Center for Integrative Medicine -

Aug 2021-January 2022

Infusion Nurse

Resourceful Infusion Nurse specializing in providing patients with the necessary medications, nutrients and fluids through Intravenous infusion. Adept at venipuncture on a wide variety of patients that have hard to find veins. Skilled at monitoring fluid tubes, checking infusions and meticulously monitoring the overall condition of patients. Dedicated to ensuring patient comfort while safely administering infusions with a steady hand.

Palomar Hospital Emergency Room

October 2019- Aug. 2021

Emergency Room Nurse

Responsibilities include: Providing patient care in a 30 bed Emergency room. Collaborating with various ER professionals to ensure effective patient care. Applied expertise in prompt patient condition assessment on patient arrival to the ER during initial phases of acute illness. Monitoring ER patients, alerting physicians and charge nurses to changes in patient status, communicating with patients and families in a variety of situations. Performing a variety of medical procedures such as EKG, venipuncture, IV insertions, catheter insertion, vital signs, cardiac monitoring, administering fluids and medications, blood transfusions, attending to stroke codes, CPRs, intubations, bed side sedation, splint placements, post mortem care. Provided front line patient care during the COVID-19 outbreak which included assessment, donning and doffing of required PPE in a timely manner, nasal=pharyngeal swab testing, all necessary lab draws, oxygen titration, and assisting in code blues.

EyeCare of San Diego

Circulating Nurse

May 2019- October 2019

Responsibilities included: Delivered exceptional patient care, including maintaining sterile and safe environment, while working as patient advocate inside to operating room. Ensure all necessary consents are signed by patient, patient positioning and surgery prep, evaluate patient care needs, prioritize treatment, ensure patient flow and expedite surgical turnover times. Evaluate pre-procedure patient condition, including vital signs and responsiveness, reported any irregularities to surgeons. Performed sterile surgical skin preps of specific operative sites. Initiated and maintained continuous counts of surgical instruments throughout case. Transported patients to recovery post procedure. Monitor procedures to ensure compliance for improved patient outcomes. Accurately document all elements of the circulator sheet. Maintain surgeon preference cards.

Registered Nurse, New Alternatives Inc.,

Emergency Screening Unit

September 2018- May 2019

Responsibilities Include: Behavioral Health Assessments, implementing 5150 holds, physical and chemical restraints, vital signs, medication administration, wound care, discharge planning, counseling of clients and families, referral and resource processing, admitting clients to inpatient hospital, Cerner documentation upheld by County of San Diego standards, oversee and delegation of LVNs and MHAs on unit.

Patient Care Assistant, Rady Children's Hospital

January 2015- September

2018

Responsibilities Include: vital signs, IV removal, urine and stool collection, oral suctioning, patient bathing, assist patients in ADL's, patient transport, patient transfers, admissions, discharge, bedside observation of patients to maintain safe environment, stocking and cleaning of patient rooms.

Medical Assistant, Arch Cardiology

November 2013- January 2015

Responsibilities Included: vital signs, injections, venipuncture, EKG's, Holter Monitor placement and patient education, PT INR testing and monitoring, Coumadin adjustments, wound care, cardiac treadmill testing, inventory of medical supplies, scheduling of diagnostic testing and procedures, triaging patient calls for physicians.

Lead Medical Assistant, Pacific Coast Vascular and General Surgery

February 2012-

November 2013

Responsibilities Included: overseeing other employees in facility, delegating tasks as appropriate to staff, patient registration, vital signs, injections, venipuncture, assisting in minor surgeries, sterile field preparation, autoclaving and maintenance of sterile instruments, wound care, processing orders for diagnostic testing and surgeries, inventory and ordering of all office medications and crash cart supplies, manage Coumadin clinic, triaging incoming patient phone calls for physicians.

Medical Assistant, Centre For Health Care

1998- 2002

Responsibilities Included: referral processing, vital signs, injections, venipuncture, EKG's, audiograms, assisting in minor surgeries, inventory of medications, sterile procedures, autoclaving, and maintaining clean and organized patient exam rooms.

CLINICAL EXPERIENCE/ PRACTICUM**Paradise Valley Hospital****National City, CA***Student Nurse**April 2018- June 2018*

Labor & Delivery Unit, Emergency Room, Telemetry floor, ICU, Medical Surgical units.

Acute care hospital, fast paced with critical patients. Performed vital signs, IV insertion, venipuncture, Foley catheter insertion, IV and PO medication administration, blood glucose testing and insulin administration, injections, wound care, tube feedings, tracheostomy suctioning and care, cardiac rhythm strip monitoring and analysis, PT INR testing, adhering to a clean and sterile environment when appropriate, care planning and physical assessments.

Grossmont Post- Acute Care**La Mesa, CA***Student Nurse**November 2017- January 2018*

Clinical rotation at facility with post-acute care patients. Performed Foley catheter insertion, PICC line dressing changes, injections, venipuncture, PT INR monitoring, blood glucose monitoring and insulin medication administration, IV antibiotic administration, wound care, Wound VAC placement and therapy, physical assessments, care plans and vital signs.

Victoria Post-Acute**El Cajon, CA***Student Nurse**September 2017-November 2017*

Clinical rotation at facility with post-acute care patients. Performed vital signs, Foley catheter insertion, IV insertion, IV and PO medication administration, wound care, Wound VAC placement and therapy, physical assessment, vital signs, tracheostomy care and suctioning and care planning.

Aurora Behavioral Healthcare**San Diego, CA***Student Nurse**July 2017-September 2017*

Clinical rotation at Psychiatric hospital. Performed assessment on psychiatric patients, observed various group therapy activities, medication administration, treatment plans, discharge planning.

LICENSES AND CERTIFICATES

- Registered Nurse: California State Board of Nursing. License # RN95172231
- Advanced Cardiac Life Support
- Basic Life Support
- Medical Assistant

HONORS AND ACHIEVEMENTS

- Honors Graduate, Medical Assisting Program- 1996
- Dean's List, Registered Nursing Program-2016, 2017, 2018
- President's List, Registered Nursing Program- 2018