

Tammera Mikelson

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Authorized to work in the US for any employer

Work Experience

Hospice RN

Aya Health Care - Travel Nursing (current contract w/Peace Health Hospice Eugene) - Eugene, OR
September 2021 to Present

Ensuring physical and emotional comfort for end of life patients. Responsible for med & symptom management, phone triage/on-call, physical assessments, interdisciplinary communications and charting.

Substance Abuse Nurse

Royal Life Centers - Spokane, WA
November 2017 to Present

In a community setting, used the nursing process and critical thinking skills to deliver optimal patient care.

- Admitted and assessed patients, assisted in developing care plans, and administered medication (including Subutex and Librium tapers).
- Effectively monitored and managed substance withdrawal s/e.
- Utilized CIWA and COWS assessments to determine cares to be provided to patients.
- Provided support and encouragement to a vulnerable population.
- Covid symptom management & cares for detoxing patients.
- Trained new hires and agency nurses.

ADON/RCM

Lacrosse Health and Rehab - Coeur d'Alene, ID
July 2020 to November 2020

In addition to direct patient long term care my responsibilities included:

- Staff supervision
- Assuring quality care to our residents
- Filing incident reports
- Care conferences
- Multi-disciplinary communications
- Chart review
- Covid symptom monitoring, management & interventions

RN Care Manager

Family First Senior Care - Spokane, WA
February 2020 to July 2020

As a patient advocate I was responsible for:

- Home visits
- Advocacy for long term care insurance
- Medication management
- Assessments (physical, social and psych)
- Collaboration with multiple disciplines
- Creating and implementing care plans
- Preparing written correspondence for my clients.
- Covid symptom monitoring, management & interventions.

Lead Psych RN

Inland Northwest Behavioral Hospital - Spokane, WA

April 2019 to January 2020

While employed at INBH I provided patient-centered care and leadership in a busy, diverse mental health setting using the nursing process, listening skills and critical thinking.

- Recurrent Hospital Supervisor and Intake Nurse
- RN preceptor, mentoring new hires, including recent grads.
- Participated in chart review, Healthstream and other quality improvement initiatives.
- Communicated effectively with patients, co-workers, providers and leadership.

LPN (Licensed Practical Nurse)

Providence St Joseph - Spokane, WA

January 2017 to January 2018

While @ St. Joe's I worked on the step down unit. My responsibilities included diabetic management, wound care (experience with wound vacs and post-op patients), IV meds & site management, cath placement and care, med passes, tube feeds & tube site management and monitoring vital signs.

Education

Associate in Nursing

Spokane Community College - Spokane, WA

2019

Nursing Licenses

RN

State: WA

RN

State: ID