Tiara Woodard MSN, BSN RN

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Registered Professional Nurse seeking to obtain a per diem nurse

position with a Long-term Care Facility, Hospital, Doctor Office, Surgery Center, Healthcare Agency, and/or

Home Health Company.

EXPERIENCE

Emory Healthcare- Hillandale —PRN Staff RN (Registered Nurse)

March 2022– Present

Perform physical and psychosocial assessments using a variety of evidence-based tools and techniques appropriate to the patient’s condition and developmental age, develop and implement an individualized plan of care for each patient, in collaboration with each patient, family, or significant other in order to address identified needs, Monitor telemetry, Documents patient’s vital signs, assessment findings, the patient’s care plan, interventions, patient and family teaching, and the patient’s response to interventions, communicate with patients, families, and all members of the healthcare team, recognize changes in the patient’s condition and escalate concerns when appropriate and to the appropriate team member, provide protection and safety for the patients, families, coworkers and all people at current facility using the methods recommended, administer medications utilizing the 5 rights of medication administration, Utilize physician orders, policies, procedures, guidelines, and protocols to effectively provide high quality, individualized care within the nurse’s scope of practice, assess patients after surgery, monitor vitals, ensure education is provided for post-surgery restrictions and precautions

Medely Healthcare Staffing Atlanta, GA —PRN Pre-Op/PACU RN (Registered Nurse)

December 2021– Present

Assesses, plans, implements and evaluates care for all age patients. Provides care within nursing standards of practice and the policies of the Center. Makes decisions regarding direct patient care needs and communicates appropriate information to physicians, patients, family members, and personnel in other departments as well as team members. May have additional responsibilities as designated by the Clinical Director, which include, but are not limited to, serving on committees, participating in quality improvement audits and projects. The nurse’s responsibilities include all aspects of patient care prior to and following surgery. This care includes monitoring heart rate, blood pressure, breathing and respiration, as well as managing the pain and nausea that often follow anesthesia. Additionally, they are responsible for: Admits, transfers, and discharge of patients. Completes ongoing patient assessment and documents according to policy. Participates in the development of patient plan of care to include patient problems, goals, evaluations and interventions. Reports symptoms and significant changes in patient’s condition to appropriate personnel immediately. Assesses, collaborates and coordinates patient’s discharge planning needs and readiness for discharge with other members of the care team. Demonstrates proficient IV setting skills. Follows age specific standards in administering medications. Follows age specific standards of care during altered states of consciousness related to analgesia, conscious sedation or anesthesia Perform Pre-Op assessment questions, obtain health history of patient and coordinate with surgeons, anesthesia, and surgery schedulers to receive medical clearances for surgery. Interventional radiology procedures.

Landmark Hospital- Abundance Healthcare Staffing Agency Athens, GA —Staff RN (Registered Nurse)

October 2021– Present

PRN/ Contract Travel Nurse

Appropriate response to an emergency situation, Staple/suture removal, Accurate assessment, reassessment, development and implementation of care plan in a safe, accurate and appropriate manner, Knowledge of specific conditions, disease and treatment therapies for the specific population of the setting, Tracheotomy care, Accurately document records in a timely manner, IV Therapy, Serve as advocate for patient and/or family members regarding decisions affecting the care plan, Wound care and skin care protocols, Ostomy care, Identify the educational needs of the patient and family members and provide the necessary education to meet those needs, Post of care of patient, Assess and evaluate patient’s response to care plan and prioritize and implement appropriate changes to plan, Collaborate, assess and coordinate discharge planning needs and readiness for discharge with other health care team members on a timely basis, Provide direct supervision and assistance in PCTs or CNAs, Monitor telemetry, Documents patient’s vital signs, assessment findings, the patient’s care plan, interventions, patient and family teaching, and the patient’s response to interventions, communicate with patients, families, and all members of the healthcare team, recognize changes in the patient’s condition and escalate concerns when appropriate and to the appropriate team member, provide protection and safety for the patients, families, coworkers and all people at current facility using the methods recommended, administer medications utilizing the 5 rights of medication administration, Utilize physician orders, policies, procedures, guidelines, and protocols to effectively provide high quality, individualized care within the nurse’s scope of practice

OrthoAtlanta Surgery Center Austell, GA —PRN Pre-Op/PACU Pre-Op Assessment RN (Registered Nurse)

December 2020– November 2021

Assesses, plans, implements and evaluates care for all age patients. Provides care within nursing standards of practice and the policies of the Center. Makes decisions regarding direct patient care needs and communicates appropriate information to physicians, patients, family members, and personnel in other departments as well as team members. May have additional responsibilities as designated by the Clinical Director, which include, but are not limited to, serving on committees, participating in quality improvement audits and projects. The nurse’s responsibilities include all aspects of patient care prior to and following surgery. This care includes monitoring heart rate, blood pressure, breathing and respiration, as well as managing the pain and nausea that often follow anesthesia. Additionally, they are responsible for: Admits, transfers, and discharge of patients. Completes ongoing patient assessment and documents according to policy. Participates in the development of patient plan of care to include patient problems, goals, evaluations and interventions. Reports symptoms and significant changes in patient’s condition to appropriate personnel immediately. Assesses, collaborates and coordinates patient’s discharge planning needs and readiness for discharge with other members of the care team. Demonstrates proficient IV setting skills. Follows age specific standards in administering medications. Follows age specific standards of care during altered states of consciousness related to analgesia, conscious sedation or anesthesia Perform Pre-Op assessment questions, obtain health history of patient and coordinate with surgeons, anesthesia, and surgery schedulers to receive medical clearances for surgery.

Peachtree Orthopedics Ambulatory Surgery Center Atlanta, GA — PRN Pre-Op RN (Registered Nurse)

November 2020– April 2021

Assesses, plans, implements and evaluates care for all age patients. Provides care within nursing standards of practice and the policies of the Center. Makes decisions regarding direct patient care needs and communicates appropriate information to physicians, patients, family members, and personnel in other departments as well as team members. May have additional responsibilities as designated by the Clinical Director, which include, but are not limited to, serving on committees, participating in quality improvement audits and projects. The Pre-Op/PACU RN has the responsibility to plan, direct organize, coordinate and implement all nursing care services for the pre-op and post surgical patients in a manner consistent with our mission statement. Nurses work within both pre-op holding and PACU (post-anesthesia care unit), where patients are cared for and monitored as they recover from the effects of anesthesia. The nurses responsibilities include all aspects of patient care prior to and following surgery. This care includes monitoring heart rate, blood pressure, breathing and respiration, as well as managing the pain and nausea that often follow anesthesia. Additionally they are responsible for: Admits, transfers, and discharge of patients. Completes ongoing patient assessment and documents according to policy. Participates in the development of patient plan of care to include patient problems, goals, evaluations and interventions. Reports symptoms and significant changes in patient’s condition to appropriate personnel immediately. Assesses, collaborates and coordinates patient’s discharge planning needs and readiness for discharge with other members of the care team. Demonstrates proficient IV setting skills. Follows age specific standards in administering medications. Follows age specific standards of care during altered states of consciousness related to analgesia, conscious sedation or anesthesia

Akstein Eye Surgery Center Riverdale, GA — Surgical Pre/PACU/ Circulating RN (Registered Nurse)

September 2020– December 2020

Assesses, plans, implements and evaluates care for all age patients. Provides care within nursing standards of practice and the policies of the Center. Makes decisions regarding direct patient care needs and communicates appropriate information to physicians, patients, family members, and personnel in other departments as well as team members. May have additional responsibilities as designated by the Clinical Director, which include, but are not limited to, serving on committees, participating in quality improvement audits and projects. The Pre-Op/PACU RN has the responsibility to plan, direct organize, coordinate and implement all nursing care services for the pre-op and post surgical patients in a manner consistent with our mission statement. Nurses work within both pre-op holding and PACU (post-anesthesia care unit), where patients are cared for and monitored as they recover from the effects of anesthesia. The nurses responsibilities include all aspects of patient care prior to and following surgery. This care includes monitoring heart rate, blood pressure, breathing and respiration, as well as managing the pain and nausea that often follow anesthesia. Additionally they are responsible for: Admits, transfers, and discharge of patients. Completes ongoing patient assessment and documents according to policy. Participates in the development of patient plan of care to include patient problems, goals, evaluations and interventions. Reports symptoms and significant changes in patient’s condition to appropriate personnel immediately. Assesses, collaborates and coordinates patient’s discharge planning needs and readiness for discharge with other members of the care team. Demonstrates proficient IV setting skills. Follows age specific standards in administering medications. Follows age specific standards of care during altered states of consciousness related to analgesia, conscious sedation or anesthesia

Piedmont Fayette Hospital Fayetteville, GA — Staff RN Medical Surgical, Neuro/Stroke, Ortho/Surgical

(Registered Nurse)

July 2019 –September 2020

Perform physical and psychosocial assessments using a variety of evidence-based tools and techniques appropriate to the patient’s condition and developmental age, develop and implement an individualized plan of care for each patient, in collaboration with each patient, family, or significant other in order to address identified needs, Monitor telemetry, Documents patient’s vital signs, assessment findings, the patient’s care plan, interventions, patient and family teaching, and the patient’s response to interventions, communicate with patients, families, and all members of the healthcare team, recognize changes in the patient’s condition and escalate concerns when appropriate and to the appropriate team member, provide protection and safety for the patients, families, coworkers and all people at current facility using the methods recommended, administer medications utilizing the 5 rights of medication administration, Utilize physician orders, policies, procedures, guidelines, and protocols to effectively provide high quality, individualized care within the nurse’s scope of practice, assess patients after surgery, monitor vitals, ensure education is provided for post-surgery restrictions and precautions

Pruitt Health Decatur, GA — MDS / PRN Assessment Coordinator/ Case Management and Utilization Review

(Registered Nurse)

January 2018 – January 2020

Gather information on patients for assessment, assess physical and mental

states, assess charts, communicate with health care teams, create health care

plans for current and incoming residents, coordinate the facility's services to

residents, observe and document the pricing and effectiveness of services

provided, Conduct the Rapid Assessment Process (RAPS), perform

assessments to ensure compliance with Medicaid or Medicare standards, Attend and Conduct Case Mix Meetings, Billing and Coding Diagnosis, Manager on Duty for the facility one weekend out 2 months, attend care plan meetings, Quality Measure Focus

Flex Time Nurse Agency Norcross, GA — PRN Registered Nurse

November 2017 to January 2018

Travel to Long term care facilities to give patient care, Administer

medications and monitor for adverse reactions, Assess patient skin for

breakdown, Admission of new patients, continue plan of care, communicate with MD for new medication orders, follow facility policy guidelines

Pediatric Services of America College Park, GA — PRN

Home Health Nurse

October 2017 to January 2018

Travel to different locations to provide patient centered care, Safely

administer medications to children, perform needs of child, Keep

environment safe for the child, Monitor child for adverse reactions to

medications, communicate with MD for any concerns or new orders

Fairburn HealthCare and Rehabilitation Center Fairburn, GA —Registered Nurse Rehab Unit

Charge Nurse

 October 2017- December 2017

Ensuring patients and their families understand release instructions,

Supervising CNAs (Certified Nursing Assistants), Monitoring fluid and

food intake and output, transferring patients safely, Assessing patients’

reactions to medications after administration, Assessing patients' mental

health, providing emotional support, Assisting with daily needs such as

bathing and dressing, Observation of patients' skin for potential bed

sores, scheduling appointments, keeping medical records current, Write

prescriptions at a physician's request, Administering medications

Oak Knoll Health and Rehabilitation Birmingham, AL —

Charge Nurse

February 2016 - September 2017

Ensuring patients and their families understand release instructions,

Supervising CNAs (Certified Nursing Assistants), Monitoring fluid and

food intake and output, transferring patients safely, Assessing patients’

reactions to medications after administration, Assessing patients' mental

health, providing emotional support, Assisting with daily needs such as

bathing and dressing, Observation of patients' skin for potential bed

sores, scheduling appointments, keeping medical records current, Write

prescriptions at a physician's request, Administering medications

EDUCATION

Herzing University — Masters of

Nursing -Family Nurse Practitioner (FNP)

May 2020 – December 2021

GPA: 3.8

Organizational Health and Behaviors

Advanced Health Assessment

Adult/ Family Primary Care

Life across Lifespan of Pediatric, Children and Adolescence

Women’s Health Across the Lifespan

Pediatrics

Geriatric Care

Herzing University — Bachelors of

Nursing with MSN Credits

September 2018 – August 2019

Nursing Informatics

Community Health

Cultural Diversity

Research Methods and Evidence-Based Practice

Health Policy and Management

Herzing University Birmingham, AL — Associates of

Nursing

September 2016 - August 2017

Advanced Pharmacology

Gerontology

Leadership and Management (Completed: August 2017)

Med- Surgical I and II

Preceptorship: Preoperative/ Same Day Surgery (Completed: June 2017)

Herzing University Birmingham, AL — Practical Nursing

August 2015 - December 2016

Patient Assessments

Pharmacology

Pediatrics Clinical (Completed: May 2015)

CPR Certified

Nursing Fundamentals (Completed: (January 2015)

Computer Applications -Word processing, Spreadsheets, and Email

Oxford High School Oxford, MS — Education

Graduation: May 2013

Allied Health – 1 year

Computer -2 years Typing at sixty words a minute

SKILLS

Microsoft Office Suite 2013

Mac/PC

Phlebotomy Certification

Child Health Care

NIHSS

First Aid/BLS

References

Available upon request