## SONJA TRIPLETT RN, BSN

(210) 862-8078 sonjatriplett@gmail.com Austin, Texas

## **Skills Summary**

Labor and Delivery RN with travel experience and high-risk hospital setting as well as out of hospital birth with Certified Nurse-Midwives. Certified in S.T.A.B.L.E., and current in NRP, BLS, ACLS and AWHONN's EFM training. Experienced volunteer doula and completion of Evidence Based Birth's L&D Comfort Measures for Nurses workshop.

#### Education

## Student Nurse-Midwife/Frontier Nursing University

Anticipated Graduation date: Fall 2023

## Bachelor of Science in Nursing/Texas State University

Multiple Dean's list honor & Graduated Cum Laude in 2019

# Licensed Vocational Nurse/Career Point College San Antonio, Tx Completed 12-month certification program and graduated top of class in 2012

## Bachelor of Arts/Austin College Sherman, Tx

Graduated with degree in English and French with multiple study abroad programs in 2010

## **Experience**

## **Ascension Seton Premier Staffing**

Labor and Delivery Float pool for Austin, Tx / Oct 2021 – Present

Full time Registered Nurse on inpatient settings including a high-risk obstetric unit, small but growing rural hospitals and LDRP. Tasks include monitoring and assessing fetal heart tracings, providing intrapartum care in triage, on the unit and in the OR. Medication administration using the 10 patient rights of administration.

#### Trustaff Travel Nurses

Travel RN at Texas Health Harris Methodist Hospital, Cleburne / March 2021 – September 2021 Travel Full time Registered Nurse at a rural Texas Hospital. Tasks include monitoring and assessing fetal heart tracings, triage of the pregnant patient, and providing intrapartum care in an LDRP setting.

#### The Vortex Group

Travel RN at Maniilaq Health Center in Kotzebue, AK/ Sept 2020 – Jan 2021

Travel Full time Registered Nurse at an inpatient remote and rural Alaska Hospital serving a primarily native population. Tasks include monitoring and assessing fetal heart tracings, providing intrapartum care in triage in an LDRP setting.

#### **Ascension Seton Medical Center**

Labor and Delivery / July 2019 – September 2020

Full time Registered Nurse on an inpatient high-risk obstetric unit. Tasks include monitoring and assessing fetal heart tracings, providing intrapartum care in triage, on the unit and in the OR. Medication administration using the 10 patient rights of administration.

#### **Breed Love**

Professional Nanny / January 2015 – August 2017

Part time to full time nannying included childcare of a toddler implementing knowledge of early childhood development, light household duties, and care of pets including medication administration and veterinary visits.

#### Silverado Senior Living

Charge Nurse / November 2013 - December 2018

Full time and PRN Licensed Vocational Nurse in a long-term memory care facility caring for residents with dementia diagnoses (and their pets), performing medication and treatment administration. Worked in cooperation with Silverado Hospice often and was supervisor to caregiving attendants.

#### **Affiliations**

ACNM & Texas Affiliate / since 2020 AWHONN / since 2019 Sigma Theta Tau / since 2019 Alpha Phi Omega / lifetime member since 2010

## **Community Volunteer Services**

Holy Family Services Weslaco, Tx / May 2019 — July 2019 Community-Based Nursing Study abroad Belize / January 2019 Giving Austin Labor Support (GALS) Austin, Tx / since Dec 2014