

# Jon Carlo Gonzales

Mission Viejo, CA

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Nursing graduate seeking to use earned skills and knowledge to assist your hospital in a nursing role. Proven to handle emergent medical situation, with the requisite and skillset to perform under pressure. Excellent combination of clinical reasoning, interpersonal skills and practical techniques acquired from professional and academic training.

## Work Experience

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### **Mental Health Worker**

Royale - Mission Viejo, CA

November 2018 to Present

- Care for people with psychiatric issues including substance abuse, schizophrenia, bipolar disorder and other mental health disorders
- Utilized therapeutic communication to deescalate client's who experience distress symptoms
- Establishes rapport and communicates with residents and staff regularly
- Utilizes critical thinking and complex problem-solving skills to make sound decision under pressure

### **Nursing Student**

Jose B. Lingad Memorial Regional Hospital

June 2014 to March 2018

Pampanga, Philippines

- Observed and assisted with operations and procedures including but not limited to exploratory laparotomy with bilateral cystectomy, laparoscopic cholecystectomy, exploratory laparotomy salpingectomy, tubal ligation, emergency caesarian, deliveries, cord dressing
- Assessed patient needs including assistance with transfer, walking, exam preparation, specimen collection and treated and diagnosed minor illness and injuries

### **Nursing Student**

Angeles University Foundation Medical Center

August 2015 to January 2016

Pampanga, Philippines

- Observed and assisted with operations and procedures including but not limited to total abdominal hysterectomy, laparoscopic cholecystectomy, tympanostomy with ventilating tube insertion left ear, excision and debridement of skin subcutaneous tissue fascia muscle, craniotomy left posterior fossa, excision of tumor and ventriculostomy, arthroscopy with partial lateral meniscectomy
- Assessed patient needs including assistance with transfer, walking, exam preparation, specimen collection and treated and diagnosed minor illness and injuries

### **Food Server**

Heritage Pointe Jewish Nursing Home - Mission Viejo, CA

August 2010 to May 2012

- Established relationships with seniors who were Holocaust survivors.
- Learned Jewish history, culture and customs including dietary needs and cultural celebrations.
- Created room service and dining room orders, documented special requests and followed up with kitchen personnel to foster top-quality service and minimize complaints.

Student Clinical Experience

## Education

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### **Bachelor's in science in Nursing**

Angeles University Foundation

June 2018

## Skills

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- Nursing