Trevia Strickland

Registered Nurse

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Compassionate, dedicated, and determined RN with four years of experience seeking new challenges in the health care industry; aiming to continue to grow as a professional, provide exceptional patient care, and amplify the company for which I am working

Authorized to work in the US for any employer

Work Experience

RN

Hickory Heights Health and Rehab - Little Rock, AR May 2020 to Present

- Ensuring all work areas and residents' rooms are maintained in accordance with safety and sanitation standards.
- Ordering medications, equipment and supplies as prescribed.
- Preparing and administering medications ordered by the physician in accordance with policies and procedures.
- Attending rounds with physicians, nurse practitioners and physician's assistants.
- Assisting with the orientation of new staff to the unit.
- Collaborating with the resident's physician to provide the care, services, treatments and rehabilitation ordered.
- Communication with the resident's physician and/or family members when there is a change in resident's condition or if any incident occurs involving patient.
- Administering professional nursing practice services such as: tube feedings, suction, catheterization, changing of dressings, packs and irrigations as necessary.
- Gathering samples of sputum, urine and other specimens for lab tests as ordered.
- Continuous observation and monitoring of seriously ill residents.
- Being the patient advocate and ensuring that other health care team members are providing care according to the resident's care plan and personal wishes.
- Receiving, transcribing and implementing physician's orders according to facility procedures.

RN

Travel Nurse Across America - Little Rock, AR November 2020 to July 2022

- 1. Cared for patients with life-threatening illnesses, which included congested heart failure, acute myocardial infarction, drug overdose, massive trauma, respiratory failure, and disseminated intravascular coagulopathy.
- 2. Conducted individualized patient assessments, prioritizing data collected to treat immediate needs in an acceptable timeframe according to organizations' policies and procedures or protocols.
- 3. Promoted health awareness and supported patients and their families in coping with illness Skilled with bedside monitors, 12-lead EKG, and ventilators.

- 4. Developed and established individualized care plans for patients reflecting collaboration with other members of the healthcare team.
- 5. Designed strategies customized to patient and family learning needs.
- 6. Provided care in a non-judgmental, non-discriminatory manner that is sensitive to patients' and families' diversity preserving their autonomy, dignity, and rights.
- 7. Reported any changes in patients' condition to appropriate personnel Maintained current competency in adult critical care nursing

Registered Nurse

ST. Vincent Health Care - Little Rock, AR June 2019 to May 2021

- Observes, collects, and records data related to patient's biophysical, psychosocial, environmental, and self-care ability, as well as educational and discharge planning needs.
- Analyzes assessment data to formulate a nursing diagnosis and to provide the basis for planning timely and effective nursing interviews.
- Implements an age appropriate plan of care in conjunction with the physician, patient, patient's family, and/or significant other, and other members of the interdisciplinary health care team.
- Documents and utilizes patient data to measure progress toward attainment of patient outcomes and patient goals.
- Identifies the learning needs of the patient and/or significant other and initiates measures to meet those needs within the patient's assessed learning abilities.
- Incorporates patient's individual social, emotional, and cultural needs into the planning and teaching process.
- Involves patient and significant others in education and decision making process related to patient's care
- Administers medication according to hospital policies/procedures to ensure patient safety.
- Provides for and follows precautions to ensure patient safety related to fall prevention.
- Ensures that equipment is available, in proper place, and maintained in working condition.
- Utilizes universal precautions in performing daily work. Utilizes safety equipment in accordance with hospital policies to ensure own and co-workers' safety needs.
- Coordinates care given by other disciplines to ensure that the patient's care needs are met and progress toward goals is attained.

Registered Nurse

Trezevant---Allen Morgan Health Center - Memphis, TN June 2019 to September 2020

- Administer medicines (p.o., IM, sub), perform special care treatments and procedures such as dressings, in and out catheterizations;
- Process medical and nursing orders, according to facility policy and procedure;
- Operate necessary equipment properly to carry out physician's orders;
- Helps to maintain a safe environment for all staff as well as residents;
- Intervene, according to facility policy and procedure, in emergency and life threatening situations;
- Report timely with pertinent data in a concise manner between outgoing and incoming shifts;
- · Perform other activities as assigned;
- Assess and identify resident problems, symptoms, and behavioral problems;
- Chart significant and meaningful observations of the residents reflecting nursing process;
- Must be able to use or learn an EMR system of charting;
- Collaborate with all members of the health care team to promote quality resident care;

- Communicate with physicians as needed;
- Knowledgeable of Trezevant's Mission, vision and values;
- Report to work on time, as scheduled;

RN

VA Medical Centers - Memphis, TN July 2017 to June 2019

Accurately documenting observations, assessment, and monitoring for changes in patient conditions Collaborating with health team members to increase positive patient outcomes

Providing full ranges of nursing care to patients with many different physical and/or behavior problems. Communicating effectively with all members of the interdisciplinary team: Doctors, social workers, patients, families, etc.

Following established policies, standard of care, and standards of practice.

Ensuring support for the provision of evidence-based nursing care to meet individual patient requirements within the Nursing Service practice environment.

Ensuring that patients receive thorough education and instructions related to care and treatment performed during their visit.

Registered Nurse

Regional One Health - Memphis, TN August 2016 to July 2017

Responsibilities Working with a variety of patients, from young adult to geriatric, or specializing in one of numerous possible areas such as , cardiac care, neurologic care or dermatology Observing and recording patient behavior, Consulting with physicians and other healthcare professionals, Establishing treatment plans, operating medical equipment, Supervising licensed practical nurses (LPNs) and certified nurse assistants (CNAs) Performing diagnostic tests Treating medical emergencies, such as heart attacks, strokes, car accidents and burns as well as recovering post-operative patients and Administering medications and treatments

RN

Methodist University - Memphis, TN November 2014 to August 2016

Responsibilities

Working with a variety of patients, from young adult to geriatric, or specializing in one of numerous possible areas such as , cardiac care, neurologic care or dermatology Observing and recording patient behavior, Consulting with physicians and other healthcare professionals, Establishing treatment plans, operating medical equipment, Supervising licensed practical nurses (LPNs) and certified nurse assistants (CNAs) Performing diagnostic tests Treating medical emergencies, such as heart attacks, strokes, car accidents and burns as well as recovering post-operative patients and Administering medications and treatments

Skills Used

Customer service, teamwork, computer skills, fast paced, charisma

Registered Nurse

Health Care and Rehab - West Memphis, AR February 2014 to February 2015

Responsibilities

Identifying patient care requirements by establishing rapport with each client Promoting patient independence by setting goals

Teaching patient and family to understand medical conditions, medications, and self care

Assuring quality of care by adhering to therapeutic standards

Documenting care given to patients by charting in patients and department records

Maintaining patient confidence

Maintaining continuity among nursing teams by documenting and communicating actions

Accomplishments

Evaluated appropriateness of care plan and physician orders

Developed and implemented a new patient care plan, increased patient confidence

Devised individually placed care plans for patients of the nursing home keeping in mind individual patients' needs

Skills Used

Utilized critical thinking skills to the nursing process: assessed conditions, demonstrated effective decision making, and implemented appropriate interventions

Patient assessment

Pain Management

Wound Care

IV therapy

Tracheotomy care

Medication Administration

Education

Master's in Family Nurse Practitioner

Herzing University - Milwaukee, WI January 2019 to Present

RN-BSN in Nursing

Uniersity of Texas at Arlingto - Arlington, TX January 2017 to December 2018

AASN in nursing

East arkansas community college - Forrest City, AR 2008 to 2013

Diploma

Forrest City High School - Forrest City, AR 2005 to 2008

Nursing Licenses

RN

Expires: September 2020

Skills

- Microsoft Office (10+ years)
- Customer Service (4 years)
- communication (6 years)
- Attention to detail (5 years)
- flexibility (5 years)
- interpersonal skills (4 years)
- Pain Management
- Medication Administration
- EMR Systems
- Nursing
- Cerner
- Hospital Experience
- Patient Care
- Supervising Experience
- Hospital Experience
- Venipuncture
- Primary Care Experience
- Experience Administering Injections

Certifications and Licenses

CPR/AED

August 2019 to August 2021

Advanced Cardiovascular Life Support (ACLS)

July 2018 to July 2022

BLS Certification

Assessments

Nursing Skills: Clinical Judgment — Expert

May 2020

Assessing a patient's condition and implementing the appropriate medical intervention.

Full results: Expert

Electronic Medical Records: Best Practices — Proficient

May 2020

Knowledge of EHR data, associated privacy regulations, and best practices for EHR use

Full results: Proficient

Nursing Aide Skills — Highly Proficient

April 2019

Measures a candidate's ability to provide nursing aid to patients using knowledge of relevant equipment and procedures.

Full results: <u>Highly Proficient</u>

Patient-Focused Care — Highly Proficient

October 2020

Addressing concerns and using sensitivity when responding to needs and feelings of patients

Full results: <u>Highly Proficient</u>

Patient-focused care — Highly Proficient

October 2020

Addressing concerns and using sensitivity when responding to needs and feelings of patients

Full results: Highly Proficient

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.