

Adelita Martinez

Racine, WI

-Email me on Indeed: <http://www.indeed.com/r/Adelita-Martinez/729ddda75a8aeffe>

Licensed Practical Nurse with 8 yrs. of experience in delivering patient-focused centered care. Hardworking and happy, reliable individual that works as a team-player to help company achieve high levels of customer satisfaction. Previous seven years of cardiac hospital care setting work experience as a Patient Care Technician.

Authorized to work in the US for any employer

Work Experience

Licensed Practical Nurse

Willowcrest Health Care Center - Milwaukee, WI

July 2017 to June 2022

- Worked with healthcare team, including social workers, physical therapists, and speech therapists, to assess patient needs, plan and adjust plans of care and actualize nursing interventions to promote and restore patient health
- Guaranteed exceptional care quality by correctly administering medication, inserting and caring for catheters, dressing and changing wounds and assisting with personal hygiene
- Administered patient care to rehabilitative patients by assisting patients with activities of daily living (ADL), positioning, and mobilization

Licensed Vocational Nurse

Grand Prairie Health and Rehabilitation - Pleasant Prairie, WI

March 2016 to July 2017

- Counseled clients, patients and families and provided emotional and psychosocial support
- Monitored patient's vital signs in response to medical administration
- Monitored lab results and reported to physician in a timely matter
- Medication administration
- Patient focused centered care

Licensed Practical Nurse

Weslaco Nursing and Rehabilitation Center - Weslaco, TX

November 2014 to February 2016

- Provided wound care dressing changes, monitored wound progress
- Head to toe assessments upon admission and weekly assessments
- Documentation of progress during rehabilitation
- Assist with ADL's
- Monitor vital signs and check effectiveness of medications
- IV insertion and IV administration
- EKG's

Patient Care Technician

McAllen Heart Hospital - McAllen, TX

March 2008 to January 2015

- Performed EKG's
- Unit Clerk responsible for calling to make discharge follow up appointments for patients upon discharge/ placed lab orders in system as per physician's orders
- Promoted patients' circulation by assisting with daily living needs such as bathing, dressing, toileting
- Collected stool and urine specimens
- Provided excellent customer service by effectively communicating with patients, families, and staff in other departments
- Documented patient intake and output.
- Assisted patients with feeding
- Responded to patient alarms, provided water to assignment lineup.
- Kept unit stocked and with medical supplies
- Improved patient care and safety working as a team with nurses
- Prepared room and helped patient with positioning for procedures like paracentesis or thoracentesis, set up supplies in room for pulmonologist
- Assisted with transporting/transferring patients in gurneys to other units ex. ICU to Telemetry or PACU to ICU
- Obtained patient vital signs and reported abnormal readings to RN

Education

Certification

South Texas College — McAllen - McAllen, TX

August 2014

RMA Certificate in Registered Medical Assistant

Kaplan College — McAllen - McAllen, TX

January 2008

Nursing Licenses

PN

Expires: April 2023

State: WI

Skills

- Specimen collection
- Wound care dressing changes
- Rehabilitation techniques
- Educating patients and families
- Intravenous Therapy and Phlebotomist skills
- Medicare skilled charting
- Colostomy care

- Patient safety
- Phone etiquette skills
- Operating fax/copier machine
- G/J tube care
- Foley insertion and care
- Bi-lingual in English and Spanish
- Drug administration trained
- EKG Specialist
- CPR and BLS certified thru American Heart Association
- Tracheostomy care
- Medical translator
- Windows OS
- Nursing
- Vital Signs
- Patient Care
- Medication Administration
- Experience Administering Injections
- Laboratory Experience
- Hospital Experience
- Caregiving

Certifications and Licenses

LPN

LVN

CPR Certification

Assessments

Electronic Health Records: Best Practices — Highly Proficient

October 2020

Knowledge of EHR data, associated privacy regulations, and best practices for EHR use

Full results: [Highly Proficient](#)

Nursing Aide Skills — Highly Proficient

August 2019

Measures a candidate's ability to provide nursing aid to patients using knowledge of relevant equipment and procedures.

Full results: [Highly Proficient](#)

Patient-Focused Care — Proficient

February 2020

Addressing concerns and using sensitivity when responding to needs and feelings of patients

Full results: [Proficient](#)

Clinical Judgment — Familiar

October 2020

Assessing a patient's condition and implementing the appropriate medical intervention

Full results: [Familiar](#)

Medical Terminology — Highly Proficient

October 2020

Understanding and using medical terminology

Full results: [Highly Proficient](#)

First Aid — Highly Proficient

October 2020

Treating common medical emergencies

Full results: [Highly Proficient](#)

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