# Tenzin Zingkha

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I am interested to work with your organization in providing quality nursing care. I graduated with distinction in my Registered Nurse Bachelor's Program. I have 11 years of experience as a Medical and Emergency RN, in full-time, part-time and contract positions.

Willing to relocate to: Vancouver, WA - -

Work Experience

# **Emergency Nurse**

Legacy Health - Vancouver, WA September 2019 to Present

## **Travel Nurse, Select Medical Connections, BC**

2017 to Present

- Worked contract assignments to various hospitals within the province of British Columbia.
- Floated to various units: ED, short-stay and in-patient medical
- Collaborated with various health care staff to ensure optimal care for patients.

#### **Emergency Nurse**

Richmond Hospital, BC 2012 to 2015

#### 2012-2015 (FT); 2017 (Casual)

• Practiced in accordance with the standards of professional practice and code of ethics as outlined by the CRNBC

- Practiced within a client and family centered care model and the vision and values of the organization.
- Provided emergency nursing to clients of all ages presenting with a wide array of symptoms within an uncontrolled environment, including unique client populations.

 $11\,$   $\bullet$  Provided appropriate patient care based on timely assessment of needs and prioritizing care requirements

of all patients.

- As member of emergency response team, stabilized and resuscitated CTAS 1 patients.
- Participated in ongoing education and workshops to maintain and advance clinical competence.

• Collaborated closely with a wide group of health care givers, including community based caregivers, to ensure optimal care for patients.

#### **Registered Nurse**

VGH 2011 to 2012

Employed Student Nurse

VGH

2009 to 2011

and policies.

• Undertook full RN workload per shift, performing all tasks related to their care, including admissions and discharges.

• Provided care for patients with both acute diagnoses and exacerbations of chronic conditions.

• Worked closely with a team of nurses and interdisciplinary staff, including doctors, OT, PT, SW, pharmacist, dietitian, and discharge team, to ensure optimal care for patients.

## **Licensed Practical Nurse**

VGH 2007 to 2009

# Licensed Practical Nurse, UBCH

Extended Care 2006 to 2007

Worked as a full-scope LPN to provide nursing care and support to adults and seniors with both acute and chronic conditions.

- Worked closely with the nurses and care-aids, supporting teamwork to ensure optimal patient care.
- Collaborated with an interdisciplinary team of nurses, doctors, OT, PT, SW, pharmacist, dietitian, and discharge team, to ensure efaicient and consistent care for patients.
- Mentored students by providing clinical support and sharing knowledge and experience.

# **Registered Practical Nurse**

Belmont House - Toronto, ON 2005 to 2006

Enhanced quality of life for seniors by providing psychological support together with physical services such as health assessments, medications, and dressings.

- Supported families in their care for their loved ones.
- Worked closely with a team of doctor, nurses and care-aids.

#### **Registered Practical Nurse**

Toronto Rehabilitation Institute - Toronto, ON 2004 to 2006

- Provided holistic nursing care to youth and adults with various complex medical conditions: seeking to meet their physical, emotional, and social needs.
- Worked with g-tubes, j-tubes, tracheostomies, colostomies, and ileostomies.
- Worked closely with a team of nurses, doctor, nurse practitioner, OT, PT, SLP, SW, pharmacist, and dietician to ensure optimal patient care.

#### Skills

- Eleven years of bedside nursing experience
- Able to work well both independently and as part of a team
- Motivated, hardworking, and able to work well under pressure
- Speak English, Hindi, Nepali, and Tibetan

Education

## **Emergency Nursing Specialty**

British Columbia Institute of Technology 2012

# **Bachelors of Science in Nursing in Outstanding Academic**

Langara College - Vancouver, BC 2009 to 2011

# **Nursing Transition Program**

Langara College - Vancouver, BC 2008 to 2009

# Certificate

Delhi University - New Delhi, Delhi 1991 to 1994

# **Nursing Licenses**

#### RN

State: WA

Skills

- ER
- Med Surg
- RN
- Triage
- Hindi
- Nepali
- Critical Care Experience
- Nursing
- Medication Administration
- Laboratory Experience