

Cindy McAlpin

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I am a registered nurse with 37 years of experience. My most recent employment has been as a Remote Telephonic Case Manager/UM Reviewer. I have experience with coding. I worked PACU, SDS, Pre-Admission Testing and Holding while at MTMC, as well as Telemetry/Med Surg. I have done admissions and discharges. I have two years of wound care experience. I worked Critical Care for nine years. I have assisted with pain management procedures and done case management. I have also done telephone triage and assisted patients in obtaining the care they need. This past year has been very different as far as my employment has gone. I had to quit my job at Vanderbilt so I could be closer to home due to my elderly mother and high-risk pregnant daughter. I did the few months at TrustPoint on the Behavioral Health Unit and determined I am not a full time psy nurse.

PROFILE HIGHLIGHTS

- Demonstrates knowledge and understanding of patient care in critical care and other medical setting
- Strong academic training with 37 years of experience in nursing care areas
- Comprehensive knowledge of direct patient care, nursing procedures, healthcare administration policies, and caseload management
- Excellent leadership, communication and collaboration skills
- Able to learn quickly, assist other staff and maintain order in a crisis
- Develop care plans and adjust as needed due to patient needs
- Electronic Charting
- CPR
- Experience in Neurology
- Experience in Orthopedics
- Experience in Pain Management and Wound Care
- Case Management/UM Review-Telephonic Work from Home

- Long Term Care
- Critical Care
- Physician's Office

Cigna eviCore

- Telephonic Case Management/UM Review.
- Established Telephonic Relationships with co workers and facility Case Managers.
- Home Office with highspeed internet connection w Comcast/Xfinity.
- Determined extension of stays in LTAC, SNF, IRF.
- Electronic Charting.
- Developed Care plans.

NHC Home Health

- Home Health Case Manager.
- Admission of patient, develop plan of care.
- Other assigned visits (IV infusions, wound care, blood draws).

Northside Rehab and LTC, Murfreesboro, TN

- Care of elderly rehab and LTC residents.
- Med pass and care of the residents.

Trustpoint Hospital, Murfreesboro, TN

Behavioral Health Unit Staff Nurse

- Care of adult and geriatric psy patients.
- Med pass.

Vanderbilt University Medical Center

Clinic Float Pool

- Floated to various Med/Surg/Specialty clinics to staff.

Humana Inc.

Telephonic Case Manager Registered Nurse

- Assess needs and giving appropriate clinical advice per guidelines.
- Provide referral to primary providers, specialists, healthcare facilities, and community resources as a patient required and per policy and procedure.
- Oversee all deliverance of patient care like over the phone triage pre operative and post-operative orthopedic patients for infection or other problems.
- Assess pain using the pain scale, call in pain meds and schedule procedures and obtain prior authorization for administering medications.

Vanderbilt University Medical Center**Telephonic Triage Registered Nurse**

- Provide referral to primary providers, specialists, healthcare facilities, and community resources per patient requirements and per policy and procedure.
- Oversee all deliverance of patient care like over the phone triage pre operative and postoperative orthopedic patients for infection or other issues.

Precision Pain Management, Smyrna, TN 37161**10/2010 – 08/2011**

Clinic Registered Nurse

- Assisted in injection procedures for pain management, checking vital signs, administering IV medications, urine drug screens.
- Coordinated all patient/family teaching. Physical assessments and electronic charting.

Murfreesboro Wound Care Center, Murfreesboro TN 37130

Clinic Registered Nurse

- Held full accountability for physical and psychosocial assessments, wound treatments.
- Functioned as Relief Charge Nurse, including staff supervision and unit coordination when needed.
- Received, reviewed and initiated physician orders.

AUXILIARY EXPERIENCE

Alvin C York Veterans Administration Medical Center, Murfreesboro, TN 37129

Staff Nurse Long Term Care and Hospice/Psych Unit

- Perform all duties of registered nurse, including administering medications, treatments, maintaining patient treatment records, and consulting with physicians.

Nashville Nephrology Associates, Murfreesboro TN 37130

Clinic Registered Nurse

- Cared for renal patients not on hemodialysis, telephonic triage, obtaining blood samples and centrifuging.
- Educated patients on an individual level and served as a vital member of an interdisciplinary team.

Middle Tennessee Medical Center

- Telemetry/Med-Surgery and PACU
- Perform all duties of registered nurse, including administering therapy, maintaining patient treatment records and consulting with physicians.

St Thomas Medical Center

- Care of critically ill patients
- Conceptualize, prepare, and provide in-services to recently hire critical care professional nurses.
- Collaborate with the hospital managers and supervisors helping with patient movement, critical care including cardiac and hemodynamic monitoring

Tennessee State University School of Nursing

General Education Courses for Associate in Science degree in Nursing Graduated September 1985

University of Tennessee

TRAINING / CERTIFICATIONS

- Certified in Critical Care 1987