

Rachel Lynn Keeney

9062 Balin Court, Pikesville, MD 21208
rachelkeeney@yahoo.com | (860) 605-6559

Education

Frontier Nursing University (Versailles, KY) - MSN to be completed 9/22, Midwifery

Johns Hopkins University (Baltimore, MD) - MSN, Nursing (2018)

Hampshire College (Amherst, MA) - BA, Chemistry and Molecular Biology (2014)

Experience

| | |
|---|---------------|
| Student Nurse Midwife - George Washington University Hospital | 1/2022-6/2022 |
| Registered Nurse - Labor & Delivery Johns Hopkins Hospital | 2020 - 2021 |
| Registered Nurse - Infectious Disease & Pulmonary Johns Hopkins Hospital | 2018 - 2020 |
| Student Nurse Birth Companion Johns Hopkins Hospital | 2017-2018 |
| Chemist I Massachusetts Water Resources Authority, Winthrop, MA | 2016 - 2018 |
| Senior Clinical Specimen Processor ReproSource, Woburn, MA | 2014 - 2016 |

Student midwife experience:

- critical thinking & assessment skills combined with empathy
- sustained verbal communication during all situations with mother/birthing person and family
- perinatal patient education
- trauma-informed care
- communication of strength of evidence in counseling & making recommendations in clinic and hospital setting
- **clinic encounter types:** assess antepartum and postpartum patients, gynecological encounters, preconception, contraception, perimenopause
- **clinic and hospital skills:** history taking, triage (in person and over phone), assessment, intervention, labs, orders, referrals (clinical & community), adjunct therapies/modalities, follow-up plan
- **technical skills:** sonogram for fetal position, cEFM application/interpretation, IA application/interpretation, cervical exams, Leopold's, doptones, catching in birther-chosen position, recommendations for labor positions based on fetal assessment, assessment of labor progress, IUD insertion & removal, specimen collection (Pap smear, swab), assessment and management of 1st/2nd degree lacerations and repairs with suturing, hydrotherapy, general and problem-focused examination of non- pregnant/pregnant/postpartum/newborn individuals
- pregnancy risk assessment and collaborative care
 - examples: management of advanced maternal age, gestational hypertension, perinatal mood disorders, diet-controlled gestational diabetes, IVF, adolescent
- assessment, management and consult/collaboration/referral as appropriate for complications of pregnancy
 - examples: preeclampsia, postpartum hemorrhage, retained placenta, intraamniotic infection, PROM/PPROM, thrombocytopenia, anemia
- value of shared decision making in review of risks and benefits for intervention and nonintervention
- physiologic and pharmacological interventions for primary and perinatal care
- lactation education, assessment, support, and management

Rachel Lynn Keeney

9062 Balin Court, Pikesville, MD 21208
rachelkeeney@yahoo.com | (860) 605-6559

Licenses & Certifications

| | |
|---|----------------|
| Registered Nurse Maryland R235299 Washington, DC RN200002548 | 2018 - present |
| American Heart Association Basic Life Support (CPR & AED) eCard Code 205506710058 | 2020 |
| American Academy of Pediatrics with American Heart Association: NRP Doc. upon request | 2020 |
| National Certification Corporation: EFM NCC ID: 104774389 | 2021 |
| Institute for Perinatal Quality Improvement: Intermittent Auscultation NEMSD #390-429-052020 | 2021 |
| American Psychiatric Nurses Association 24 contact hours for future SAMHSA/MAT Waiver application | |

Awards, Certifications & Memberships

| | |
|---|--------------|
| Frontier Nursing University Helen Barber Scholarship | 2021 |
| Frontier Nursing University Varney Award Nominee | 2020 |
| American College of Nurse Midwives Maryland Student Member | 2020-present |
| Frontier Nursing University Student Council Member | 2020-present |
| Sigma Theta Tau | 2017 |

Skills - Extended List

LDRP Nursing

- *application of ECG/TOCO EFM and NST*; labor status assessment, interpretation of external/internal ECG, assistance with insertion of IUPC, epidural; monitoring of amnioinfusion; aseptic technique of vaginal table set-up; emergency cesarean sterile table set-up; IV insertions, lab draws
- *morbidity*: assistance with management of mothers with diabetes, preeclampsia, preterm labor, placenta previa, retained placenta, herpes, HIV, hemorrhage, pulmonary hypertension, COVID-19, episiotomy, shoulder dystocia, renal failure, cardiac conditions (acute/chronic)
- *care of mothers across age spectrum* from adolescence to later adulthood (ages 13-50); care of *non-English speaking American and international families*
- care of women of size (BMI >50)
- *pharmacological*: assistance/direction administration and monitoring of magnesium, pitocin, terbutaline, insulin, heparin, narcan, remifentanyl, opioids, hemabate, methergine, misoprostol, antibiotics; assistance with epidural insertion and maintenance
- *intrapartum labor advocacy* (intermittent/ambulatory monitoring); peanut ball and physiologic/evidence-based hands-on labor care; advocacy for physiological and pharmacological pain management
- *interdisciplinary collaboration*: consults/referrals (psychiatric, intensivist, infectious, cardiac, physical therapy, nutrition, renal, chaplain), physician communication, pharmacist communication (labor assessment/status changes, nurse concerns for wellbeing, inadequate pain management, psychosocial concerns, postpartum needs, transfer of care for intensive/cardiac observation)
- fetal demise, newborn demise management and bereavement care
- *intraoperative care and postoperative recovery* (immediate to discharge); incision assessment and care, wound vac management, dehiscence & infection treatment, intrauterine fetal therapy, PACU recovery & telemetry

Rachel Lynn Keeney

9062 Balin Court, Pikesville, MD 21208
rachelkeeney@yahoo.com | (860) 605-6559

- *postpartum*: assessment and management of postpartum hemorrhage, newborn care, breastfeeding, skin-to-skin contact, newborn assessment, newborn thermoregulation, PKU/bilirubin testing, phototherapy, cord care, circumcision care; postpartum depression

Infectious disease & pulmonary nursing

- *precautions*: neutropenic, contact, droplet & airborne
- *transfusions*: blood products, immunoglobulin therapy, other intravenous medications (antimicrobials); peritoneal dialysis
- *administration and management of medications*: antivirals, immunosuppressants, prophylactic antibiotics, non-FDA approved use of medications, nebulizer treatments; acute and chronic wound care; paraplegic gunshot survivor care
- palliative care, comfort measures, family/partner disclosure, care of patient in context of nondisclosure, coordination of care (dialysis, public health services, housing, substance use, clean needle exchange)
- patient advocacy, counseling, care coordination, frequent readmission (nonadherence, disease progression, high utilization, ART-resistant strains of HIV)

Relevant Activities

| | |
|---|---------|
| Evidence Based Birth Higher Education (CEUs) | current |
| Institute for Perinatal Quality Improvement SpeakUp Implicit & Explicit Bias Training | current |
| The Joint Commission Perinatal Standards for Severe Maternal Hypertension/Preeclampsia | 2021 |
| The Joint Commission Perinatal Standards for Maternal Hemorrhage | 2021 |