

# Isaac Zavala

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I am Seeking an exciting and challenging role that will allow me to contribute to my profession and community in a positive light. I bring forth a positive, energetic, and holistic perspective to everything I set out to do.

Authorized to work in the US for any employer

## Work Experience

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### **ADN Program Instructor**

Texas State Technical College- Harlingen TX - Harlingen, TX

January 2022 to Present

In this role I am responsible for performing all aspects of instruction for the LVN-RN transition program. These responsibilities include but are not limited to implementing, revising, and evaluating assigned program curriculum. As an instructor I utilize all available resources to innovate and adapt to the ever-evolving changes and demands of the nursing profession. This program is a hybrid program and involves teaching students through online lectures and in-person lectures. I oversee and instruct students in a clinical setting as well as simulation labs.

### **House Supervisor**

Doctors Hospital At Renaissance - Edinburg, TX

October 2021 to Present

The House Supervisor assumes the role of in-house administrator during assigned shifts, and as such, has final authority regarding hospital policy and problem resolution. The House Supervisor is responsible for the operations of the hospital on his or her shift, including patient care, actively participating in code blues/pinks and rapid responses, personnel management, and troubleshooting/problem solving. Additional responsibilities include evaluation of patient care/acuity and staff availability, distribution and utilization of available resources to provide safe patientcare, and contributing to hospital efficiency in a cost-effective manner.

### **RN Staff Nurse**

RGV Vascular Access Center - Harlingen, TX

September 2020 to Present

I currently work with dialysis patients in the roles of pre-op nurse, intra-op nurse, and post-op nurse. Intra-op nurse is my primary position. My role is to ensure that our patients are comfortable and safe during their time at the outpatient surgical center. In the intra-op setting I circulate during the procedures to monitor patients vitals, administer medications, assist the doctor in any way, and tend to the patient needs and comfort.

### **Registered Nurse, Cardiac Intensive Care Unit**

Harlingen Medical Center Harlingen

January 2020 to April 2020

The Patients I primarily care for are cardiac ICU patients. My position allows for me to care for cardiac patients throughout their various stages of treatment. Due to my position as an ICU Float nurse, I have privilege of caring for 2-3 patients in the ICU. In the telemetry unit, I also care for the patient pre and post Cardiac Catheterization. As a Float nurse, my home Unit is the cardiac ICU, however I do float to various units such as the emergency department, telemetry unit, and medical floors. The ICU environment allows me to practice focused critical care thinking and keeps my acute critical care skills sharp. Floating to the telemetry unit and medical floors allows me to draw on my ICU experience while adding the element of advanced multi-tasking due to high patient volume on the floors. The deployment of my critical care background and medical floor training comes in handy when working in the emergency department due to the need for high critical thinking utilization and the fast pace environment.

## **Registered Nurse, Intensive Care Units**

Valley Baptist Medical Center Harlingen

August 2016 to January 2020

I care for patients who are diagnosed with life-threatening illnesses, requiring continuous monitoring. I care for my patients as either their primary nurse or as the charge nurse for my unit. Most patients admitted into the ICU require mechanical ventilation, bedside interventional procedures, and full ADL (activities of daily living) assistance. As an ICU registered nurse, I closely monitor patients who require continuous mechanical ventilation, assist physicians in bedside procedures, and help patients perform hygienic tasks. I also bridge communication between physician, patients, and family members. I am trained in the cardiac intensive care unit (CCU) and neurologic intensive care unit (NICU). I regularly float to care for patients in the CCU, NICU, and stroke unit.

### Highlights:

- Privilege of delivering direct patient care to my patients
- Taking on the role as charge nurse
- Orientating New nurses
- Teaching student nurses assigned to the ICU
- Monitor patients requiring mechanical ventilation
- Assisting physicians in bedside procedures
- Obtaining consents and preparing patients for bedside procedures and surgeries
- Monitoring and titrating life sustaining medications
- Setting up and maintaining arterial lines
- Coordinating communication between physician and patient and their families
- Facilitating care between interdisciplinary staff members involved with patient care
- Feeding and assisting patients maintain hygiene
- Interpretation of EKG
- Report abnormal labs to physician
- Recognize and report abnormal assessment findings to physician
- Care for patients post cardiac arrest
- Care for patients post myocardial infarction
- Care for patients post-acute stroke
- Administration of tPA
- Monitoring patients post tPA administration
- Monitoring patients connected to balloon pump and impella devices
- Balloon pump management
- Assist MDs in emergent intubations
- Post Anesthesia monitoring

- Monitoring patients under conscious sedation

## **Registered Nurse, Cardiac/Neurology Catheterization Laboratory**

Valley Baptist Medical Center Harlingen

September 2015 to August 2017

Providing care to patients before, during, and after cardiology and neurology catheterization procedures. The duties of the registered nurse consist of circulating in a fast pace, surgical environment and rotating to Cath-lab recovery when needed. In Cath-lab recovery patients are prepared for procedures and monitored post conscious sedation or general anesthesia. The circulating nurse's responsibilities begin with reviewing all blood test results, medical history, and assessing the patient's readiness for their procedure. The RN's responsible for facilitating and maintaining a sterile environment throughout the procedure. The circulating RN oversees the procedure team and facilitates communication between the physician, procedure team, family, and other medical units and staff involved in the patient's care. Diligent speed and efficiency are crucial elements during acute myocardial infarctions and acute strokes while facilitating patient care between EMS staff, emergency department team, interventional doctors, the patient, and patient family.

### Highlights:

- Holistically caring and advocating for the patient throughout the procedure process
- Leadership of the procedure team
- Continuous communication with MDs, house supervisors, unit managers, and other nurses involved in patient care during acute events
- Direct Management of ventilated patients during procedures
- Administration and management of cardiac and neurologic critical care drips
- Calculating and mixing critical care drugs in emergent situations
- Management of external ventricular drains
- Assist MDs in Balloon pump insertions
- Assist MDs with Cardioversions
- Assist MD in pericardial windows
- Assist MDs in emergent intubations
- Balloon pump management
- Impella device management
- Manual pull and hold of femoral lines
- Femoral and Radial Arterial line management
- EKG interpretation
- Post sedation monitoring
- Post Anesthesia monitoring

## **Registered Nurse, Critical Care Unit**

Valley Regional Medical Center Brownsville

August 2014 to September 2015

Served patients by maintaining a safe and therapeutic environment. Communicated with patients and served as an intermediate between the patient and health care provider. Executed individualized patient care plans by utilizing an interdisciplinary approach. Participated in performance improvement activities. Experienced gained in caring for 4-5 patients in the Progressive Care Unit and 2-3 patients in the Intensive Care Unit.

### Highlights:

- Maintain continuous communication with physicians regarding patient status
- Close monitoring of patients with critical care drip infusions
- EKG interpretation
- Maintaining patient sedation during mechanical ventilation
- Caring for patients on mechanical ventilation
- Assisting physicians in a wide array of bedside procedures
- Establishing a safe and trusting environment for patients and their family members
- Management of tubes/drains
- Arterial Line management
- Insertion of nasogastric tubes and urinary catheters

### **PRN**

Valley Endoscopy Center

January 2014 to August 2015

- Obtained patient history and prepared patients for GI procedures
- Monitored patient recovery post anesthesia
- Conducted post-operation patient teaching prior to discharge

### **Registered Nurse, 42 Bed Comprehensive Medical/Surgical Unit**

Valley Baptist Medical Center Harlingen

June 2011 to December 2013

Served for the purpose of facilitating direct patient care by collaborating with physicians and multidisciplinary team members. Also, promoted patient health by completing the nursing process and providing physical and psychological support to patients, family, and friends. Additionally, supervising assigned team members.

#### Highlights

- Direct care on a regular basis of 7 medical patients
- Direct care of up to 9 medical patients when floor census called for less medical staff
- Direct post-surgical care, monitoring, and dressing care to post surgery patients
- Administering various medications
- Experience in electronic charting, paper charting, and a mixture of the two
- Experience in electronic MARS and paper MARS
- Assisting physicians with set up and assistance with central line placement, lumbar punctures, emergent decompressive craniotomy, and other bedside procedures.
- Occasionally float to telemetry unit to care for up to 7 patients under cardiac monitoring
- Experience in floating to Neurology Intensive Care Unit to care for 1-2 patients on mechanical ventilation
- Care in monitoring of wound vacuums as well as changing the dressing
- Experience with caring for patients with chest tubes, Jackson-Pratt drains, hepatic drains, and nephrostomies
- Initiating CPR in code situations as well as performing other duties during codes such as real-time documentation of code events.
- Assisting fellow nurses complete tasks

## Education

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### **DNP-FNP**

Baylor University - Dallas, TX

May 2022 to Present

### **MBA in with a specialization in Health Care Administration**

University of Texas Rio Grande Valley

April 2020 to August 2021

### **BSN**

Angelo State University San Angelo - San Angelo, TX

August 2014

### **Associate in Nursing**

Angelo State University - San Angelo, TX

August 2006 to May 2011

## Nursing Licenses

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### **RN**

Expires: August 2021

State: TX

## Skills

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- Charge Nurse
- House Supervisor
- Acute Ventilation Care
- Infection Prevention
- Neuroscience Research
- Surgical circulating experience
- Impella Device
- Insertion/Maintenance
- Balloon Pump Insertion/maintenance
- Tracheostomy Care
- Wound Care
- N-G Tube Insertion
- Arterial Line Care Circulating Cath-lab Nurse
- Inserting IV's
- Wound Vacuum Care
- Assist Md in Various Bedside Procedures
- Central Line care and dressing change

- Foley Insertion
- Foley Care
- ICU Experience
- Patient Care
- Experience Administering Injections
- Hospital Experience
- EMR Systems
- Medication Administration
- Critical Care Experience
- Vaccine administration
- Triage
- Cardiac Catheterization
- nurse education
- Accounting
- Pediatric Codes

## Certifications and Licenses

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### **RN**

August 2011 to August 2023

### **BLS Certification**

September 2022 to September 2024

### **ACLS Certification**

September 2022 to September 2024