Theresa E Felix

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**LICENSES**

 Registered Nurse in the State of Maryland MD R219685

 Registered Nurse in the State of District of Columbia DC RN1040196

 ACLS certified through American Heart Association Advanced Cardiovascular Life Support Program(ACLS) Expires 2/2024

 CPR certified through American Heart Association Basic Life Support (BLS)
 Certification expires 4/2023

**PROFESSIONAL SUMMARY**

Highly skilled Registered Nurse with 22+ years of clinical experience. Career profile: Detailed oriented organized professional with extensive in the medical field. Possess strong problem-solving skills with the ability to make well thought out decisions. Excellent verbal communication skills. Effective at multi-tasking, sterilization techniques, infection control standards, rehabilitative care, medication administration, knowledge flow sheet charting, medical terminology, and medical surgical care nursing such as telemetry, ortho, neuro and GYN. Care for a patient with cardiac, orthopedic, pulmonary, neurological and psychiatric, gastrointestinal, renal/genitourinary, endocrine/ metabolic, and oncology.

**SKILL HIGHLIGHTS**

Accurate Documentations

NG tube insertions

Surgical drains

Telemetry

IV insertions

Monitoring Vital Signs

Health and wellness expertise
Medication administration expert
Skilled in conducting physical examinations
Skilled cardiac care nurse (EKG, reading EKG strips)
Geriatric treatment knowledge

Decision Making

Equipment Sterilization

Procedure Assistance
Committed to pediatric nursing

Attention to Detail

Rehabilatation Assistance

Diet and Nutrition
Broad medical terminology knowledge
Budgeting expertise

Compassionate care

Diet and Nutrition
Diagnostic tools experience

Treatment Preparation

Patient Examination
Successful treatment of wounds

Creative Problem Solving
Strong medical ethic
Culturally sensitive
Computerized charting specialist (Epic,Cerner)
HealthCare Program

Planning

Enthusiastic caregiver
Diabetes, Hospice, and Stroke

Surgical patients

Heparin drip

Bariatric surgical patient

Care Trauma patient

Kidney transplants patient
Patient Care

PCA pump
Familiarity with disease management programs
Trained in- and out-patient care
Wound cleaning/care expertise
Infection control standards/ Procedures expert
Test Interpretations

Nursing Performance

Assessment
Acute and rehabilitative care

Care for covid patients

**PROFESSIONAL EXPERIENCE**

**08/2020 to Present University of Maryland- Capital Region Health (UMMS) (Formerly Prince George's Hospital)**

 **901 Harry S. Truman Drive North Largo, MD 20774**

 **RN Clinical Nurse Medical-Surgical/Telemetry/Neuro/Truama /GYN Unit**

 Provide direct patient care on a trauma/neuro/telemetry/GYN unit such as motor vehicle accidents, falls, acute surgical procedures, other trauma- related issues, and covid patients. Stabilized patients and determined the next course of action. Performed emergency medical procedures such as BLS, ACLS, and other condition stabilizing. Order and analyzed diagnostic tests to identify and assess patient conditions. Administered medications via IV antibiotics, heparin drip, oral and intramuscular injections and monitored responses, blood transfusion, NG tube insertions, surgical drains, telemetry, IV insertions and etc. Discharge patient, patient/family teaching related to a specific diagnosis. Managed care from admission to discharge. Conferred with physicians to discuss diagnoses and devise well-coordinated treatment approaches. Performed various nursing interventions such as vital sign monitoring, wound care, NG tube care, and insertion, PCA pump, specimen collection, orthopedic patient pin care and standard of care, bariatric care, and pediatric. trauma patient care. Trained new nurses in proper techniques, safety procedures, operational procedures, and care standards. Care, treat and monitor patients with covid-19. Secured controlled narcotics and distributed medication on schedule to meet patient needs and minimize missed opportunities. Directed patient care by initiating and following through with the plan of care, discharge instructions, and continuing care. Orchestrated quality-driven, cost- effective care in high-volume trauma care settings. Provided didactic and clinical instructions to orient new nurses and potential student nurses to achieve training outcomes. Educate patients, treatment options, families, and caregivers on diagnosis and prognosis, disease process and management, and lifestyle options. Care for a patient with orthopedic, pulmonary, neurological and psychiatric, gastrointestinal, renal/genitourinary, endocrine/ metabolic, and oncology.

**10/2017 to 07/2020 Register Nurse Medical-Surgical/Telemetry/Neuro/Truama/ GYN Units**

 **George Washington Hospital**

 **900 23rd Street, NW, Washington, DC 20037**

 Care for surgical patients, such as renal transplants, end stage renal, bariatric, cardiac, trauma, neuro, mastectomy and GYN patients. Skills in administering blood transfusion, heparin drip, PCA pump therapy, antibiotics therapy, wound care, wound vacuum therapy and etc**.**  Performed emergency medical procedures such as BLS, ACLS, and other condition stabilizing. Assessing, planning, implementing, monitoring, evaluating and advocating, making referrals for patient such as community services, providing health education. Trained new nurses in proper techniques, safety procedures, operational procedures and care standards. Provided didactive and clinical instructions to orient new nurses and potential student nurses to achieve training outcomes. Care for a patient with cardiac, orthopedic, pulmonary, neurological and psychiatric, gastrointestinal, renal/genitourinary, endocrine/ metabolic, and oncology. Administered medications via IV antibiotics, oral and intramuscular injections and monitored responses, blood transfusion, IV insertion etc. Educate patients, treatment options, families and caregivers on diagnosis and prognosis, disease process and management and lifestyle options. Managed care from admission to discharge. Orchestrated quality-driven, cost- effective care in high-volume trauma care setting. Secured controlled narcotics and distributed medication on schedule to meet patient needs and minimize misuse opportunities.

**12/2015 to 09/2017 RN Case Manager**

 **Medstar Visiting Nurse Association 4201 Connecticut Ave NW Suite 200, Washington, DC 20008**

 Admits new clients by reviewing records and applications. Visit patients at home that are discharged from hospitals with surgical procedures, IV therapies, wound care, chemo takedown, and referrals. Determines clients' requirements by completing intake interviews; determining the need for therapeutic medical, psycho-social, and psychiatric evaluations; reviewing therapist evaluations, treatment objectives, and plans. Have a patient caseload of 25 to 30 patients per month. Establishes treatment programs by setting schedules and routines; coordinating services being provided; arranging resources, including transportation. Administered medications via IV antibiotics, oral and intramuscular injections and monitored responses, NG tube care, surgical drains, telemetry, IV insertions, blood drawing and etc. Monitors cases by verifying clients' attendance; observing and evaluating treatments and responses; advocating for needed services and entitlements; obtaining additional resources; intervening in crises; providing personal support. Maintains clients' records by reviewing case notes; logging events and progress. Communicates clients' progress by conducting weekly interdisciplinary meetings and evaluations; disseminating results and obstacles to therapeutic team and family; identifying treatment influences. Prepares clients' discharge by reviewing and amplifying discharge plans; coordinating discharge and post-discharge requirements; orienting and training family members; providing resources. Meets budget by monitoring expenses; implementing cost-saving actions. Updates job knowledge by participating in educational opportunities; reading professional publications; maintaining personal networks; participating in professional organizations. Care for a patient with cardiac, orthopedic, pulmonary, neurological and psychiatric, gastrointestinal, renal/genitourinary, endocrine/ metabolic, and oncology.Enhances department and organization reputation by accepting ownership for accomplishing new and different requests; exploring opportunities to add value to job accomplishments.

**09/2009 to 11/ 2015 License Practical Nurse/Register Nurse**

 **Home Health Solutions**

 **5020 Sunnyside Ave #222, Beltsville, MD 20705**

 Work at patient homes as a case manager. Care for patients by providing patient care, gastronomy, nasogastric tube feeding, tracheotomy care, nursing care, nursing observation, patient teaching, wound care, and medication administration. As a team leader at work, always guiding, developing, and supporting staff from a

 leadership perspective, and using professional standards of care, scientific evidence. Educate patients, treatment options, families, and caregivers on diagnosis and prognosis, disease process and management, and lifestyle options.

**04/2000 to 08/2009 License Practical Nurse**

**BridgePoint Hospital Capitol Hill (Formerly Specialty Hospital of Washington) 223 7th St NE, Washington, DC 20002**

Serve as charge nurse, care for patients with respiratory failure, geriatric patient, diabetes, congestive heart failure, and other acute illnesses. Perform intravenous therapy such as antibiotics, care for patients with respiratory failures such as tracheostomy patients and ventilator patients. Also, attend to patients with NG- tube and Peg tubes feedings and administer medications. I also interact with the patient and the family by giving education lessons regarding a disease; care plan creation and discharge planning. Perform several skills such as 12-lead EKG, wound care and wound vacuum system, computer knowledge such as Microsoft, excel and type 40wpm.

**EDUCATION AND TRAINING**

**1992 Woodrow Wilson Senior High:** High school diploma, Washington, DC.

**2000 Practical Nurse Diploma**: Practical Nurse Courses.

**A & D School of Nursing** - Washington, DC

**2008 Bachelor in Health Studies:** Health Care

**Mountain State University** - Beckley, West Virginia

**2014 Bachelor of Science in Nursing**: Nursing

**Stratford University** - 7777 Leesburg Pike Falls, Virginia
Nursing

 **SKILLS**

 Healthcare: Care for acute care patients and chronic illnesses. Effectively functions independently as a Charge Nurse in an assignment managing the care of a group of patients and caregivers. Critical care, decision-making, diabetes care, discharge planning, EKG, leadership, team leader, life support, medication administration, nursing, organizing, organizational skills, patient care, phlebotomy, knowledge of the nursing processes, risk management, scientific method, and evidence-based practice, teaching, wound care. As a team leader at work, always guide, develop, and support staff from a leadership perspective, and use professional standards of care and practice to evaluate programs and service activities. Intravenous therapy, computerized charting, type 45wpm, computer systems such as Point Click Care,. People skills: great bedside manner, enthusiastic
people person, advanced problem-solving, great organizational skills. Proficient in hemodynamic monitoring of a patient undergoing procedures and sedation along with cardiac rhythm monitoring and interpretation. Effectively functions as a registered nurse, independently as charge nurse and manager in an assignment managing the care of a group of patients and caregivers. Care for a patient with cardiac, orthopedic, pulmonary, neurological and psychiatric, gastrointestinal, renal/genitourinary, endocrine/ metabolic, GYN and oncology.