

# Blessing Isaiah

Houston, TX 77083

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Dedicated and compassionate Registered Nurse (RN) with progressive career history in direct patient care, triage and care coordination in fast-paced environment.

Proven to remain calm under pressure and skillfully handle difficult patients and high-stress situations. Consistently developing strong relationships with patients and families through empathetic communication, respectful attitude and excellent customer service.

Organized and dependable candidate successful at managing multiple priorities with a positive attitude. Willingness to take on added responsibilities to meet team goals.

## Work Experience

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### **Registered Nurse, Medical-Surgical Unit/Telemetry**

HCA Healthcare: West - Houston, TX

July 2021 to Present

- Provided direct patient care, stabilized patients and determined next course of action.
- Administered medications via oral, IV and intramuscular injections and monitored responses.
- Managed care from admission to discharge.
- Minimized hospital stays with recovery-centered approaches, reducing average in-patient stay length.
- Taught patients how to improve lifestyle choices, dramatically reducing chance of symptom re occurrence.
- Monitored hemodynamic variances to identify signs of life-threatening complications.
- Secured controlled narcotics and distributed medication on schedule to meet patient needs and minimize misuse opportunities.
- Oversaw delivery of care for patients on medical-surgical unit, providing direct care, delegating nursing assignments, and supervising team comprised of nurses, LPNs, technicians and unit clerks.
- Advised patients and caregivers of proper wound management, discharge plan objectives, safe medication use and disease management.
- Organized and managed care of patients undergoing various therapies and procedures.
- Updated patient charts with data such as medications to keep records current and support accurate treatments.
- Contributed substantially to successful department JCAHO accreditation by consistently operating to highest standards of care.
- Monitored patient vital signs to perform thorough condition assessments.
- Managed quality care for patients with heart failure, end-stage renal disease and coronary artery disease.
- Advocated for patients by communicating care preferences to practitioners, verifying interventions met treatment goals and identifying insurance coverage limitations.
- Implemented medication and IV administration, catheter insertion and airway management.
- Collaborated with physicians to quickly assess patients and deliver appropriate treatment while managing rapidly changing conditions.

- Evaluated healthcare needs, goals for treatment and available resources of each patient and connected to optimal providers and care.
- Reviewed post-operative orders and continuously monitored patients' post-operative vitals, set up PCA and fluids and oriented patients to unit.
- Administered medications and treatment to patients and monitored responses while working with healthcare teams to adjust care plans.
- Provided didactic and clinical instructions to orient new nurses and potential student nurses to achieve training outcomes.
- Educated patients, families and caregivers on diagnosis and prognosis, treatment options, disease process and management and lifestyle options.
- Monitored patient condition by interpreting and tracking EKG readings, identifying irregular telemetry readings and updating team members on changes in stability or acuity.
- Implemented hands-on therapeutic interventions to achieve prompt recovery and discharge.

## **Nursing Student**

Houston Community College System - Houston, TX  
August 2019 to May 2021

- Transported patients between unit rooms and scanning locations for diverse procedures.
- Researched different diagnoses to become familiar with presentation and treatment protocols.
- Updated patient charts with data such as medications to keep records current and support accurate treatments.
- Administered medications via oral, IV and intramuscular injections and monitored responses.
- Vaccinated patients to protect individuals from measles, pneumonia, influenza and other illnesses of concern.
- Observed patient care outcomes to facilitate ongoing quality care.
- Reported abnormal findings or changes in physical, mental and emotional conditions to RN.
- Worked alongside experienced nursing professionals to learn new procedures.
- Promoted patient and family comfort during challenging recoveries to enhance healing and eliminate non-compliance problems.
- Administered medications to a number of patients and monitored response to medications.
- Educated family members and caregivers on patient care instructions.
- Assessed and evaluated mental health needs, working with multidisciplinary team to initiate, manage and modify individualized care plans.

## **Certified Nursing Assistant**

Family Tree In Home Care - Houston, TX  
August 2014 to January 2021

- Assisted with feeding and monitored intake to help patients achieve nutritional objectives.
- Answered call lights and supported patient comfort and safety by adjusting bed rails and equipment.
- Conferred with multidisciplinary healthcare team to help effectively manage patient conditions with regular testing and vitals assessments.
- Supported ambulation and physical therapy needs by conducting planned exercise routines.
- Cared for residents in assisted living facility and delivered high-quality support to meet needs.
- Checked patient vitals such as temperature, blood pressure and blood sugar levels.
- Participated in fun group activities with patients to boost mood, improve overall memory and provide light entertainment.
- Provided care to patients throughout lifespan with consideration of aging processes, human development stages and culture.

## Education

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### **Bachelor Of Nursing in Nursing**

University Of Houston - Houston, TX

December 2021

### **Associate Degree in Nursing**

Houston Community College - Houston, TX

May 2021

Excel's Health Institute

March 2014

## Skills

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- Experience administering injections
- Airway management
- Laboratory procedures
- Medical scheduling
- Clinical laboratory experience
- Acute care
- Organizational skills
- Managed care
- Aseptic technique
- Medication administration
- Triage
- Basic IV
- Hospital experience
- EKG
- Catheterization
- Vital signs
- Care plans
- Supervising experience
- Infection control
- Patient care
- Nursing

## Certifications and Licenses

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### **RN License**

July 2021 to May 2023

### **BLS Certification**

**NIH Stroke Scale**

July 2022 to July 2024

**Advanced Cardiovascular Life Support (ACLS)**

May 2022 to May 2024

**CNA**

**CPI**

August 2021 to August 2023