# Family Nurse Practitioner

Newly certified bilingual Family Nurse Practitioner ready and eager to provide compassionate holistic patient-centered care. 13 years of experience as a board-certified Registered Nurse to include nine years in the Army as a Public Health Nurse Officer. Results-driven, strategic, and forward-thinking team member and leader who anticipates challenges and executes strategies to mitigate and resolve complex challenges. Extensive knowledge of military and civilian personnel concepts, policies, practices; analytical and problem-solving methods appropriate to resolve a wide range of personnel issues. Excellent record of strong patient advocacy and maintaining positive rapport with peers, colleagues, and community agencies. Experienced in program management through development, evaluation, and implementation of community-based initiatives. Experienced in epidemiological data entry, statistical analysis, surveillance, and maintenance of reports. Experienced in providing education and training to ancillary and professional personnel as a nurse consultant. Professional knowledge of a wide range of nursing concepts and principles in accordance with Standards of Nursing Practice. Knowledge and understanding of regulations, policies and procedures established by The Joint Commission, the Department of Defense, and other regulating agencies.

**Nurse Practitioner Clinical Sites**

* **Kimbrough Ambulatory Care Center** Aug 2021 to May 2022

***Occupational Health Clinic***

* + Completed 300 hours of clinical work in an Occupational Health Clinic, which included: diagnosing and treating work-related injuries and illnesses; conducted physical exams on patients to determine their fitness for work; maintained accurate records of patient diagnoses, test results, treatments, and follow-up care needs. Travel Clinic experience included assessment, diagnosing patients traveling overseas recommendation on vaccination on the country the patient was entering as well as prophylaxis treatment according to Travax and the Centers for Disease Control and Prevention.
  + Under the preceptorship of Dr. Anne E. Burnley
* **City World Family Clinic** August 2021 to May 2022
  + Completed 300 hours of clinical work in a Family Medicine Clinic, with patients ranging from birth to over 65*.* Maintained records, performed physical exams, ordered, and performed diagnostic test; prescribed medication; develop treatment plans, and treated acute and chronic illnesses, conditions and injuries that fell under primary care.
  + Under the preceptorship of Miranda Mbutambe, FNP-BC
* **Fort Belvoir Community Hospital** Jan 2022 to May 2022

***Public Health Nursing***

* + Completed 50 hours of clinical work within the department of Public Health Nursing. Managed newly diagnosed patients with Latent Tuberculosis, to include ordering medication for treatment based on the Centers for Disease Control and Prevention guidelines on Rifampin and Isoniazid. Ordered labs for in-processing new staff to include QuantiFERON-TB Gold (QFT) learned how to interpret and analyze data for appropriate referral to the local health department.
  + Under the preceptorship of Cathy Sardo, FNP-BC
* **Walter Reed National Military Center** Aug 2021 to Nov 2021

***Infectious Disease Clinic***

* + Completed 100 hours of clinical work. Provided medical care to HIV positive service members and retires. Treated acute and chronic conditions and aimed for disease prevention and promotion of a healthy way of life within the population. Reviewed and interpreted patient’s laboratory and able to diagnose physical findings.
  + Under the preceptorship of LCDR Wesley Campbell, MD
* **Kimbrough Ambulatory Care Center** May 2021 to Aug 2021
  + Completed 64 hours in advanced physical health assessment within the Occupational Health Department. Provided medical care to workers with work-related injuries and illnesses. Physical exams completed per policies and guidelines on firemen, police officers, truck drivers, childcare workers, and hospital staff to ensure they are up to date on vaccinations, physical, and laboratory assessment.
  + Under the preceptorship of Dr. Anne E. Burnley

**Education**

**Regis College,** Weston, MA

Masters in Nursing, Family Nurse Practiotiner, 07 May 2022

**Trident University International,** Cypress, CA

Master of Science Health Science (MSHS), Public Health, 2012

**American International College,** Springfield, MA

Bachelor of Science Nursing (BSN), Registered Nurse, 2009

Minor, Pscychology

**United States Army Professional Education**

* Public Health Emergency Management Certified, 2017
* Preventive Medicine Leadership Course, 2017
* CJ Reedy Leadership Training Conference, 2015
* Clinical Nurse Officer in Charge Course, 2014
* Captains Career Course, 2014
* Business Health Administration Course, 2014
* Preventive Medicine Course, 2012
* Sexually Transmitted Disease Course, 2012
* Combat Casualty Course, 2012

**Work Experiences**

05/2021-Present **Nurse Education Specialist, Public Health Nurse**

Fort Belvoir Community Hospital, VA

**Supervisor:** Laurence Webb, Tel.# 315-775-8689; May Contact

**Duties and Responsibilities:**

* Ensures FBCH and Garrison Command are compliant with COVID-19 reporting and vaccination requirement.
* Subject Matter Expert and Advisor to Action Officers for 2021-2022 FY Influenza vaccine and administration; COVID-19 Pandemic exercise to include planning, implementing, and executing locations of mass vaccinations.
* Responsible for epidemiology of Latent Tuberculosis and Animal Bites for installation, and HIV Program Management.

01/2021-05/2021 **Nurse Educator for WRNMMC Emergency Room**

Walter Reed National Military Medical Center, Bethesda, MD.

**Supervisor:** LCDR Leonardo Aranas, Tel.# 301-295-4000; May Contact

**Duties and Responsibilities:**

* Ensured staff education in critical care was maintained. Planned, implemented, and executed any new training required.
* Assisted staff when short on the floor.
* Assessing patient's condition and planning and implementing patient care plans.
* Responds decisively to life-threatening changes in patient condition, providing immediate and appropriate emergency measures, according to established protocols, dependent upon age group and critical care area assigned.
* Educate and mentors professional and paraprofessional nursing staff, including trainees from various nursing programs (nurse transition program, critical care fellowship, practical nursing), assisting with complex nursing and diagnostic procedures.
* Organizes and monitors nursing services and solves problems on own initiative, ensuring nursing services conform to the standards of nursing practice and hospital policy.
* Monitors invasive lines, titration of vasoactive medications, and manages airway adjuncts, artificial airways, and mechanical ventilation.

11/2019-01/2021 **Pain Management Nurse, WRNMMC Pain Management Department**

Walter Reed National Military Medical Center, Bethesda, MD.

**Supervisor:** Carla Legbum, Tel.# 301-910-0902; May Contact

**Duties and Responsibilities:**

* Provided Holistic Pain Management Care to military veterans, beneficiaries, and family members with use of Battlefield Acupuncture, Alpha Stim Therapy, and Biofeedback.

11/2019 – 05/2020 **Clinical Nurse II and Forensic Nurse Examiner, Critical Care Emergency Room Nurse**

Mercy Medical Center, Baltimore, MD.

**Supervisor:** Cindy Cohen, Tel.# 410-331-9109; May Contact

**Duties and Responsibilities:**

* Assessing patient's condition and planning and implementing patient care plans.
* Responds decisively to life-threatening changes in patient condition, providing immediate and appropriate emergency measures, according to established protocols, dependent upon age group and critical care area assigned.
* Educate and mentors professional and paraprofessional nursing staff, including trainees from various nursing programs (nurse transition program, critical care fellowship, practical nursing), assisting with complex nursing and diagnostic procedures.
* Organizes and monitors nursing services and solves problems on own initiative, ensuring nursing services conform to the standards of nursing practice and hospital policy.
* Monitors invasive lines, titration of vasoactive medications, and manages airway adjuncts, artificial airways, and mechanical ventilation.
* Forensic Nurse Examiner. Conducted Forensic evidence collection on female and male victims per Maryland State Protocol for victims of sexual abuse, domestic violence, and trafficking.

08/2018 – 03/2020 **Chief Public Health Nurse, U.S. Army Major (Retired)**

USA MEDDAC, Kimbrough Ambulatory Care Clinic, Fort George G. Meade, MD  
 **Supervisor:** LTC Arlene LeDoux, [arlene.ledoux.mil@mail.mil](mailto:arlene.ledoux.mil@mail.mil) Tel.# 301-677- 8435; May contact

**Duties and Responsibilities:**

* Responsible for the management of the following office services:
  + Disease Surveillance/Communicable Disease Control
  + Tuberculosis Detection/Control Program
    - Educated patient on a variety of pharmacological agents used for treatment, the desired effects, side effects, and complications of their use as well as the accurate administration of the pharmacologic agent, including dosage calculations.
    - Demonstrate knowledge in administrative requirements for the documentation of patient's condition, progress and acknowledgement of teaching, and follow up care.
    - Scheduled referral appointments and performed telephone follow-up, as appropriate using Composite Health Care System (CHCS) and Armed Forces Health Longitudinal Technology (AHLTA)
  + HIV Detection/Surveillance Program
    - Educated patient on a variety of pharmacological agents used for treatment, the desired effects, side effects, and complications of their use as well as the accurate administration of the pharmacologic agent, including dosage calculations.
    - Demonstrate knowledge in administrative requirements for the documentation of patient's condition, progress and acknowledgement of teaching, and follow up care.
    - Scheduled referral appointments and performed telephone follow-up, as appropriate.
  + Sexually Transmitted Infections
    - Educated patient on a variety of pharmacological agents used for treatment, the desired effects, side effects, and complications of their use as well as the accurate administration of the pharmacologic agent, including dosage calculations.
    - Demonstrate knowledge in administrative requirements for the documentation of patient's condition, progress, and acknowledgement of teaching, and follow up care.
    - Scheduled referral appointments and performed telephone follow-up, as appropriate.
  + Influenza Vaccination Immunization Program
* Epidemiological Investigations
  + Disease Outbreak and Reportable Disease
  + New Parent Support Program
  + Pregnant and Postpartum Physical Training Program
  + Quality Management
  + Performance Improvement
  + Provided clinical consultation and expertise in nursing, including disease prevention and management.
  + Synthesized information and made public health recommendations to contain and prevent transmission of infectious diseases through the garrison and command.
  + Collected and analyzed data from studies and surveillance projects to evaluate reliability and validity in measuring the effectiveness of programs and strategies.
  + Built external contacts and provided guidance and direction to external partners involved in various aspects of quarantine/border health and bio-terrorism preparedness. Such contacts included the local and state health department throughout the United States.
* Responsible for the management of the following Installation services:
  + Child Youth & School Services
  + Family Child Care Homes
  + Special Needs Accommodation
  + Health Promotion
  + Influenza Vaccination Immunization Program for the Installation
  + Infection Control
* Plans, implements and evaluates comprehensive public health nursing services covering a variety of public health, epidemiological surveillance services and health promotion activities for Active Duty, Department of the Army employees and beneficiaries of all ages within the Fort Meade area of responsibility.
* Collaborates with public health nurses and health care providers throughout the medical department activity (MEDDAC) and outlying clinics from Pennsylvania, Maryland and Northern Virginia in assessing, implementing and evaluating initiatives designed to protect, promote and restore the health of the community.
* Conducts program assessment in support of public health core functions.
* Conducts effective program evaluation that systematically examines health promotion program outputs and outcomes.
* Assisted the Preventive Medicine provider and Occupational Health chief nurse with revision of the hospital’s TB control and LTBI management policy.
* Analyzed existing or proposed systems, services, or other health-related matters to identify needs for improvement as well as methods and resources to accomplish public health initiatives.
* Conducted performance evaluation for five government service.

* Ensured nursing staff competencies were initially evaluated, maintained and documented in accordance with hospital and Army public health clinic policies and nursing standards of

practice.

* Performed travel within the areas of responsibility as required to review operational compliance and resolution of noncompliance issues.
* Ensured safe, optimal compliance with accreditation requirements, regulatory and policy guidance, mentored staff, ensured staff members attended training, conferences and seminars addressing applicable public health standards as they relate to the healthcare industry, supports a safe patient care and work environment.
* Assisted occupational health nurses to ensure annual MEDDAC influenza objectives were met.
* Utilized the public health process of assessment, assurance and policy development to formulate

progressive programs designed to meet the changing needs of the community.

* Effectively facilitated learning and learner development.
* Ensured tri-service reportable diseases were reported in the Defense Reportable Disease Surveillance System (DRSi) and to local public health departments.
* Coordinated with Federal, State and local health and environmental agencies as needed to sustain the preventive medicine mission.
* Ensured the highest level of customer satisfaction within the Department of Preventive Medicine in support of the MEDDAC activities.
* Performed other duties as assigned

08/2016 – 08/2018 **Army Public Health Nurse and Chief Occupational Health Nurses,**

**U.S. Army Captain**

Dwight D. Eisenhower Army Medical Center, Fort Gordon, GA   
 **Supervisor:** LTC(R) Holly Shenefiel, Tel. # 615-519-8502; May contact

**Duties and Responsibilities:**

* Responsible for the management of the following services at Fort Gordon, GA, Fort Buchanan, PR and South Com, Miami:
  + Disease Surveillance/Communicable Disease Control
  + Tuberculosis Detection/Control Program
  + HIV Detection/Surveillance Program
  + Sexually Transmitted Infections
  + Influenza Vaccination Immunization Program for the Installation
* Epidemiological Investigations
  + Disease Outbreak and Reportable Disease
  + Pregnant and Postpartum Physical Training Program
  + Quality Management
  + Child Youth & School Services
  + Provided clinical consultation and expertise in nursing, including disease prevention and management.
  + Synthesized information and made public health recommendations to contain and prevent transmission of infectious diseases through the garrison and command.
  + Collected and analyzed data from studies and surveillance projects to evaluate reliability and validity in measuring the effectiveness of programs and strategies.
  + Built external contacts and provided guidance and direction to external partners involved in various aspects of quarantine/border health and bio-terrorism preparedness. Such contacts included the local and state health department throughout the United States.

08/2014 – 08/2016 **Asst. Chief Public Health Nurse and Preventive Medicine,**

**U.S. Army First Lieutenant to Captain**

Walter Reed National Military Center, Bethesda, MD   
 **Supervisor:** LTC (R) Tina Streker, Tel. # 240-454-2740; May contact

**Duties and Responsibilities:**

* Plans, implements, evaluates and provide comprehensive PHN services to include Health Promotion activities to approximately 168,758 active duty military, DA civilians and beneficiaries. Enhance force health protection and readiness by conduction of regulatory programs emphasizing health promotion, wellness, disease surveillance and prevention. Liaison for public health issues involving WRNMMC, tenant organizations, and civilian agencies for communicable disease surveillance, epidemiology, and outbreaks. Support: Readiness process for all service members; population based public health programs, environmental health programs, unified public health care; and outcomes focused, evidence-based programs. Supervised one civilian Medical Support Administrator, one NCOIC and 4 junior enlisted sailors.

06/2014 **AMEDD Advance Course, AMEDD C&S. Rank of First Lieutenant**

**Fort Sam Houston, TX**

08/2012 – 08/2014 **Army Public Health Nurse, U.S. Army First Lieutenant to Captain**

WRNMMC, Bethesda, MD  
 **Supervisor:** COL Sharon Beach, [Sharon.m.beach.mil@mail.mil](mailto:Sharon.m.beach.mil@mail.mil) Tel.# 240-432- 2046; May contact and LTC (R) Lisa Lute, Tel.# 520-250-4827

08/2010 – 08/2012 **Clinical Staff Nurse, U.S. Army Second Lieutenant**

SAMMC, Fort Sam Houston, TX  
 **Supervisor:** COL Sharon Beach, [Sharon.m.beach.mil@mail.mil](mailto:Sharon.m.beach.mil@mail.mil) Tel.# 240-432- 2046; May contact and LTC (R) Lisa Lute, Tel.# 520-250-4827

01/2010 – 04/2010 **AMEDD Officer Basic Course, AMEDD C&S**

05/2005 – 08/2009 **Medical Triage Registered Medical Assistant, Pediatric Associates of Hampden County**

West Springfield, MA

**Duties and Responsibilities:**

* Medical triage of telephone calls from parents of pediatric patients. Refill prescription over the telephone with MD authority. Consulted on call Physician with cases.
* Vaccinated children from the age of 2 months to 21 years of age.
* Educated parent on proper care of children from wound care, or any other procedures in order to promote rapid healing.
* Educated parent and patient on a variety of pharmacological agents used for treatment, the desired effects, side effects, and complications of their use as well as the accurate administration of the pharmacologic agent, including dosage calculations as well as vaccination education per Center for Disease Prevention and Control and MMWR.

* Knowledge in administrative requirements for the documentation of patient's condition, progress and acknowledgement of teaching, and follow up care.
* Scheduled referral appointments and performed telephone follow-up, as appropriate using Composite Health Care System (CHCS) and Armed Forces Health Longitudinal Technology (AHLTA).

**Awards & Decorations**

* Meritorious Service Medal
* Joint Service Commendation Medal
* Joint Service Award (2)
* Army Achievement Medal (1)
* ARCOM
* Army Superior Unit Award
* National Defense Service Medal
* Global War on Terrorism Service Medal
* Army Service Ribbon
* Overseas Service Ribbon

**Certifications & Memberships**

* Family Nurse Practitioner Certified (FNP-C), American Academy of Nurse Practitioners
* Ambulatory Care Board Certified, American Nurse Credentialing Center, EXP: 05/2023
* Basic Life Support (BLS), Instructor, EXP 01/2023
* Advance Life Support (ALS), Instructor, EXP 01/2023
* Association of Nurses in AIDS Care (ANAC)
* American Public Health Association
* American Nurse Association
* Sigma Theta Tau International, Honor Society of Nursing
* American Forensic Nursing

**Computer Skills**

* Microsoft Suite (Word, PowerPoint, Excel, and Outlook)
* CHCS
* AHLTA
* EPIC

**State Licensures**

* Maryland

***Family Nurse Practitioner***, Licensure #***Pending AANP Certified as of 22 June 2022***

* Maryland

***Family Nurse Practitioner***, Licensure #***Pending ANCC Certified as of 25 June 2022***

* Massachusetts

Register Nurse Licensure # RN 2261779 Expiration Date: 15 December 2022

* Maryland (Single State)

Register Nurse Licensure # RN238476 Expiration Date: 28 December 2022

* Maryland State Certified as a Forensic Nurse Examiner Adult

**Other Languages**

* Fluent in Spanish (Read/Write/Comprehension)