

SARAH HIGHT

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Registered Nurse bringing experience, knowledge, due diligence, and care to patients of all ages.

EXPERIENCE

03/2022-PRESENT

BSN, RN- WOODLAND HEIGHTS MEDICAL CENTER- ICU

COORDINATE WITH HEALTH CARE TEAM MEMBERS TO EVALUATE, PLAN, AND IMPLEMENT PATIENT CARE PLANS. PREPARE AND ADMINISTER (ORALLY, SUBCUTANEOUSLY, THROUGH AN IV) PRESCRIBED MEDICATIONS. PROVIDE BASIC BEDSIDE CARE INCLUDING DRESSING CHANGES, CATHETER CARE, ASSISTING THE PATIENT WITH MOVING, AND TAKING VITAL SIGNS. MONITOR PATIENTS FOR SUBTLE OR SUDDEN CHANGES IN VENTILATION, RENAL, AND CARDIAC STATUS. REPORT ADVERSE REACTIONS TO TREATMENTS OR MEDICATION. ORDER, INTERPRET AND EVALUATE DIAGNOSTIC TESTS TO ASSESS A PATIENT'S CONDITION. QUICKLY IDENTIFY WHEN A PATIENT DECOMPENSATES AND ALERT THE REST OF THE CRITICAL CARE TEAM. INITIATE CORRECTIVE ACTION WHEN A PATIENT DISPLAYS ADVERSE SYMPTOMS. MONITOR AND ADJUST SPECIALIZED ELECTRONIC EQUIPMENT SUCH AS CARDIAC MONITORS, RESPIRATORS, VENTILATORS, AND OXYGEN PUMPS. ACT AS A PATIENT ADVOCATE, BY RESPECTING THE BASIC RIGHTS, BELIEFS, AND VALUES OF THE PATIENT. COMMUNICATE ESSENTIAL AND APPROPRIATE INFORMATION ABOUT A PATIENTS' CONDITION TO FAMILY MEMBERS AND SIGNIFICANT OTHERS PROVIDE COMFORT AND END-OF-LIFE CARE

11/8/2021- 03/2022

LVN (PRN), WOODLAND HEIGHTS MEDICAL CENTER- MED/SURG

PROVIDE INDIVIDUALIZED NURSING CARE TO ORTHOPEDIC, MEDICAL, AND TELEMETRY PATIENTS. DUTIES INCLUDE BUT NOT LIMITED TO CONDUCTING ASSESSMENTS, ASSISTING MD AT BEDSIDE WITH PATIENTS, PROVIDING PHYSICAL SUPPORT TO PATIENTS TO ASSIST IN ADL'S, MEASURING INTAKE/OUTPUT, GATHERING INFORMATION TO MAINTAIN QUALITY OF CARE ACROSS MULTIDISCIPLINARY TEAM, VITAL SIGNS, WOUND CARE, MEDICATION ADMINISTRATION, AND CONTINUATION OF DOCUMENTATION.

09/13/2021-11/8/2021

LVN TRAVEL ASSIGNMENT, WOODLAND HEIGHTS MEDICAL CENTER- MED/SURG

PROVIDE INDIVIDUALIZED NURSING CARE TO ORTHOPEDIC, MEDICAL, ICU STATUS AND TELEMETRY PATIENTS. DUTIES INCLUDE BUT NOT LIMITED TO CONDUCTING ASSESSMENTS, ASSISTING MD AT BEDSIDE WITH PATIENTS, PROVIDING PHYSICAL SUPPORT TO PATIENTS TO ASSIST IN ADL'S, MEASURING INTAKE/OUTPUT, GATHERING INFORMATION TO MAINTAIN QUALITY OF CARE ACROSS MULTIDISCIPLINARY TEAM, VITAL SIGNS, WOUND CARE, MEDICATION ADMINISTRATION, AND CONTINUATION OF DOCUMENTATION.

09/2020-11/15/2021

LVN, POST ACUTE MEDICAL/LTAC

PROVIDE INDIVIDUALIZED NURSING CARE TO HIGH ACUITY PATIENTS INCLUDE BUT NOT LIMITED TO CONDUCTING ASSESSMENTS, ASSISTING MD AT BEDSIDE WITH PATIENTS, PROVIDING PHYSICAL SUPPORT TO PATIENTS TO ASSIST IN ADL'S, MEASURING INTAKE/OUTPUT, GATHERING INFORMATION TO MAINTAIN QUALITY OF CARE ACROSS MULTIDISCIPLINARY TEAM, VITAL SIGNS, WOUND CARE, MEDICATION ADMINISTRATION, AND CONTINUATION OF DOCUMENTATION.

01/2019-09/2020

LVN III, LUFKIN STATE SUPPORTED LIVING CENTER

ADMINISTERS MEDICATIONS AND TREATMENTS ORALLY, RECTALLY, INTERNALLY, OR BY INJECTION. PERFORMS TECHNICAL NURSING PROCEDURES ACCORDING TO FACILITY AND STATE REGULATIONS: I.E., TRACHEOSTOMY CARE, GASTROSTOMY/JEJUNOSTOMY CARE, WOUND CARE, BREATHING TREATMENTS. COLLECTS DATA FOR RN/PRIMARY CARE PROVIDER ANDSERVES AS A RESOURCE/MENTOR FOR NEW LVN IIS.COLLECTS SPECIMENS FOR LABORATORY EXAMINATION AND CONDUCTS APPROPRIATE SCREENING TESTS WHEN REQUESTED BY LAB PERSONNEL.

05/2016 – 10/2019

LVN (PRN), SOUTHLAND REHABILITATION AND NURSING FACILITY

CONDUCT ASSESSMENT, VITAL SIGNS, WOUND CARE, INJECTIONS, ADMINISTER MEDICATIONS, IV THERAPY, AND PROVIDE EDUCATION TO PATIENTS AND THEIR FAMILY. SKILLED NURSE IS TO FACILITATE CARE WITH PRIMARY CARE PHYSICIAN AND OTHER SERVICES PATIENT IS RECEIVING AT THE TIME.

02/2017 – 08/2017

LVN, AGAPE HOME HEALTH

CONDUCT ASSESMENT, VITAL SIGNS, WOUND CARE, INJECTIONS, ADMINISTER MEDICATIONS, COMPLETE LAB DRAWS/SPECIMEN COLLECTION, AND PROVIDE EDUCATION TO PATIENTS AND THEIR CAREGIVERS. SKILLED NURSE TO FACILITATE CARE WITH PRIMARY CARE PHYSICIAN AND ANY OTHER SERVICES PROVIDED TO PATIENT.

09/2014-06/2016

LVN, DIBOLL PRIMARY

CONDUCT ASSESMENT, VITAL SIGNS, TEACH CPR/FIRST AID TO FACULTY, PERFORM EYE/HEARING EXAMS, MEDICATION ADMINISTRATION, AND STUDENT EDUCATION.PARTICIPATED IN MONTHLY BOARD MEETINGS TO DETERMINE BETTER ENVIRONMENT FOR STUDENTS. SKILLED NURSE TO FACILITATE CARE WITH PT/OT, ROUNDING PHYSICIAN, AND NURSES WITHIN DISTRICT.

EDUCATION

12/2013

LICENSED VOCATIONAL NURSE, ANGELINA COLLEGE

03/2022

BACHELOR OF SCIENCE IN NURSING, WESTERN GOVERNORS' UNIVERSITY



SKILLS

- Advanced Life Support (ALS)
- Pediatric Advanced Life Support (PALS)
- Able to communicate effectively and timely with other staff and management.
- Time Management
- Organization
- Dependability

