

Carrie Freeman RN, BA Ed, MA

Professional Profile

Professional with over 10 years of combined experience in nursing, education, spiritual health, and holistic care. Strong knowledge of nursing practice, pharmacology, complimentary therapies, and standards of care across multiple settings. Compassionate and soothing bedside manner. Reputation for establishing trusting and therapeutic relationships with patients. Excellent team player. Strong and confident educator. Committed to patient advocacy and safety. Exemplary work ethic. Experienced in EPIC charting, PYXIS, OMNICELL, and Microsoft applications including WORD and POWERPOINT.

360.305.4507



carrimaui@gmail.com



5623 Front Avenue, 101
Ferndale, WA



Education

Associate Degree Nursing
Whatcom Community College

BA English/Education
University of Oklahoma

MA Pastoral Counseling
Liberty University

Paralegal Studies Certificate
Rutgers

Licenses & Certifications

Registered Nurse
Washington
Expires May 2023
License #61182362

BLS
Basic Life Support
American Heart Association
Expires February 2024

NIHSS
NIH Stroke Scale Certification
Expires April 2023

Covid and Flu Vaccinated

TB Negative

Experience

REGISTERED NURSE

Skagit Valley Hospital, Mt. Vernon, WA | July 2021 – Present

- Delivered exceptional nursing care for 5 – 6 patients per shift with needs ranging from post-op monitoring to acute care.
- Accomplished in IV starts, phlebotomy, blood administration, catheters, wound care, chest tubes, oxygen therapy, telemetry.
- Conducted comprehensive physical exams, assessed psychological status, evaluated progress and response, and documented all care provided.
- Planned nursing priorities according to specific client needs and formulated individualized nursing care plans.
- Reviewed and maintained accurate medical records.
- Educated patients and family members on disease prevention and health maintenance.
- Ordered and evaluated diagnostic tests to assess patients' conditions and needs.
- Maintained a safe, hygienic working environment.
- Promoted positive interpersonal working and therapeutic client relationships.

CLINICAL ROTATIONS | SENIOR PRECEPTORSHIP

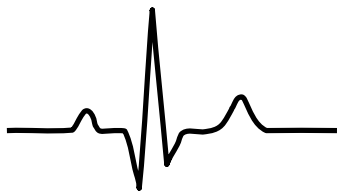
Bellingham, WA | September 2019 – May 2021

Clinical Rotations

- Provided professional hands-on nursing care for a multitude of neonate, pediatric, adult, and geriatric patients in the med-surg, labor and delivery, behavioral health, and ICU units, using established policies, procedures, and standards.
- Collaborated and communicated with clients, families, and interdisciplinary team members to provide excellent patient-centered care.

Senior Preceptorship

- Assisted and coached mothers throughout the duration of labor and delivery while monitoring fetal heartbeat and length and strength of contractions.
- Provided education, advocacy, and care throughout the birthing process.
- Administered medication to induce labor and monitored for adverse reactions.
- Assisted team in C-section procedures.
- Tested, cared for and monitored the health of infants directly after birth.
- Interacted with infants in the nursery providing needed cares and emotional and physical support.
- Educated new parents about breastfeeding and the care of their child.



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Areas of Expertise

Acute Care

Chronic Conditions

Patient Safety and Quality of
Care

Palliative Care

Patient and Family Education

Telemetry

Interdisciplinary Teamwork

IV Starts and Phlebotomy

Wound Care

Treatment Planning

Other Skills

Excellent Communicator –
Written and Verbal

Calm Bedside manner

Inclusive

Culturally Sensitive

Critical Thinking

Problem Solving

Time Management and Stamina

Confidentiality

Organized and Detail-Oriented

Compassionate

Ethical

Experience continued

HOME HEALTH – Certified Nursing Assistant
Visiting Angels, Whatcom County, WA | 2017 – 2019

- Provided individualized care and respite services for multiple individuals and their families.
- Monitored patient’s physical and mental progress, care plan/medication adherence, intake/output and exercise. Reported any change in status to appropriate party.
- Supported patients by providing therapeutic companionship, preparing and serving nutritious meals and snacks, running errands and accompanying them to medical appointments.
- Provided personal cares such as, bathing, dressing, toileting, and grooming.
- Educated patient/family on proper and safe ambulation with assistive devices.
- Helped family members care for the patient by teaching appropriate ways to lift, turn, and re-position the patient.
- Maintained safe, secure, and healthy patient environments by following hygienic standards and procedures, adhering to security precautions, and following prescribed dietary requirements and nutrition standards.
- Upheld professional standards, home care policies and procedures, as well as federal, state, and local requirements.

TEACHER

Sacred Hearts School, Lahaina, HI | 2001 - 2006

- Prepared creative and educational lessons that facilitated active learning for 25+ students in a safe, supportive, and inclusive environment.
- Demonstrated preparation and skill in working with students from diverse cultural, economic and ability backgrounds.
- Encouraged and monitored the progress of individual students and used the information to adjust teaching strategies when needed.
- Maintained accurate and complete records of students' progress and development as required by laws, district policies and school regulations.
- Worked with school administrators to develop and implement standards and policies for educational accreditation by the Western Association of Schools and Colleges (WASC).

Volunteer Activities

- Covid-19 Vaccination Clinics
- Parent-Teacher Association President
- Grief and Trauma Counseling
- Ferndale High School (FHS) Basketball Team Mom/Tournament Volunteer
- FHS Booster Club
- Makayla’s Street Jam Volunteer
- FHS Senior Dinner and Auction Organizing Committee
- Source Theater – Chairman Board of Directors