

DAMARYS CARRILLO

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PROFESSIONAL SUMMARY:

Reliable, hardworking and service - oriented Registered Nurse, with a history of positive patient interaction for more than 10 years. Dedicated to providing top quality care within multidisciplinary team. International experience. Bilingual in Spanish and English.

EDUCATION:

Registered Nurse BSN, July 2019, Houston, Texas.

Registered Nurse BSN, Faculty of Medicine Julio Trigo Lopez, Havana City, Cuba, 09/1994 to 07/1999.

WORK HISTORY:

- **Registered Nurse Pre- op/ PACU, Houston Metro Urology, per diem job, 02/2022- Current, Houston, TX. Adult clients, Urology. Preparing patients for surgery, performing lab works, consent signing, medication administration, vitals checking, EKG and glucose monitoring, IV therapy, data collection, assessing for post- op complications, airway and oxygen management, physical examination, dressing care, urinary catheter management. Discharged teaching to patient and family addressing all their questions in a professional manner.**
- **Registered Nurse PACU, travel contract, Edinburg Regional Hospital, 12/2021 to 02/2022. Pediatric and adult population. General Surgery, EGD, Colonoscopy, Eye, Orthopedic. Utilized highly developed physical assessment skills, make quick decisions while multitasking, monitoring post op complications, airway patency, oxygen administration, IV, IM, SC and oral medications and side effects, vitals, EKG and glucose checking, reporting abnormal result, neurological assessment, assessing for any changing**

condition, collaborating in the admission process. Post- op care teaching to patient and family.

- Registered Nurse PACU, Tops Surgical Hospital, Houston, TX, local assignment, 10/ 2021 to 11/ 2021. Pain management, Orthopedic, EGD, Colonoscopy, General surgeries. Adult patients. Assessed patient condition after surgery, monitored for any changing condition and notify them, vital sign taking, EKG, glucose checked and notification of any abnormal result, airway and oxygen care, wound assessment, medication administration, electronic charting, urinary catheter insertion, neurological assessment, IV therapy, collaborated with the admission process of patient. Educating about continued care strategies.**
- Registered Nurse PACU, Fannin Surgicare, per diem job, Houston, TX, 08/2021 - Current. Adult and pediatric clients. Specialty in Gynecology, EGD, Colonoscopy and General. Monitoring and recording patient conditions. Addressed any changing condition after surgery, airway and oxygen therapy management, urinary catheter performed, medication administration, physical exam, vital checking and analyzing, wound care. Post-op instruction to patient and family.**
- Registered Nurse, Gramercy Surgery Center, Houston, TX, 07/2021 at present. Pre-op and PACU nurse. Per diem job. Eye surgeries for pediatrics and adult patients. Consent signing, eye drops administration, eye block, IV therapy, taking vitals, EKG and glucose and reporting abnormal results. Monitored and recorded patient condition, recovery progress and medications side effects, discharge teaching to patient and family.**
- Registered Nurse, Complete Surgery Center, 1900 North Loop West, Suite 600, Houston, Texas, 77018, from July 2020 at present. Providing nursing care for adult patients during the Pre-op and PACU period. Orthopedic, Pain management and general. Collecting and interpreting patient data. Consent for surgery signing. Performing IV therapy, EKG, administering parenteral and oral medication and specific preparations before surgery, nerve block. Monitoring clients in the post-op time and treating them before any complication or complaint, neurological assessment, airway patency, ensuring all measurements of sepsis and antisepsis. Delivering education to patients and families.**

- **Registered Nurse, Consolidate Home Health, 11929 University Boulevard, Sugar Land, Tx, 77479, from 09/2019 to 02/ 2021.**
Providing care to pediatrics patients in the home setting. Giving assistance to mechanically ventilated clients. Working in base to avoid complications in those kinds of patients. Doing tracheostomy and gastrostomy care, enteral feeding and medication, ventilator management, urethral catheterization, wound care, input and output record, applying infection control measurements. Educated the family how to contribute to keep them in a safe environment.
- **Registered Nurse, Chapelton Community Hospital, Clarendon, Jamaica, from 08/2015 to July/2016.**
Caring of patients in a General Hospital, working in different wards such as Emergency Room, Medical, Surgical and Pediatric. Providing care to different populations from children to adults with the objective of improve their health. Doing different procedures such as: Parenteral medication, phlebotomy, cardiovascular monitor assessment, wound care, nasogastric tube technique, tracheostomy gastrostomy and colostomy care, urethral catheterization, EKG, infectious control disease, electronic medical entries, supervising others health workers activities, teaching to patients and family about illness management and prevention.
- **Registered Nurse in a contract between Cuba and Jamaica, General Hospital May Pen, Denbigh P.O, Clarendon, Jamaica.**
Operating Theatre/ Recovery Room, for 3 years from 03/2010 to 03/2013. Taking care of post op patients avoiding complications in the immediate post-operative. Treating to mechanically ventilated clients, ET tube care, endotracheal suction, cardiovascular monitor, blood transfusion setting, wound chest tube and drainage care, IV and IM drugs administration, CV monitor interpretation, EMR, applying the nursing process properly and the infection control disease protocol.
- **Registered Nurse, General Hospital Julio Trigo, Havana, Cuba, from 09/1999 to 03/2010.**
Working in ICU for 6 years. Caring to critical patients. Providing high quality diseases management. Giving ventilation, tracheostomy and endotracheal tube care, providing enteral and parenteral nutrition, IV infusion therapy, complex wound care, EKG, CV monitor, chest tube management, taking samples in a proper way to be sent to the lab, blood transfusions, supervising other health workers. Other services as: Medicine, ER, Pediatric, Geriatric and Surgical. Educating to clients and families the right way to keep a good health.

SKILL HIGHLIGHTS:

- **Electronic medical record (EPIC, CERNER, CLICK POINT, PRACTICE FUSION)**
- **IV and IM drug therapy**
- **Wound cleaning/care**
- **Colostomy care.**
- **NG tube procedure and gastro enteral nutrition**
- **Gastrostomy tube care**
- **CPR experience.**
- **ECG technique.**
- **Central Line management**
- **Taking vitals**
- **Phlebotomy**
- **Infusion experience**
- **Urinary catheter care**
- **Tracheostomy care**
- **Mechanical ventilation knowledge**
- **Disease management**
- **Infectious control disease**
- **Bilingual English/Spanish**
- **Inpatient and outpatient care**
- **Follow-up calls**

OTHER LICENSE:

Basic Life Support (BSL), October 2/ 2020 to October/ 2022.

Advanced Cardiovascular Life Support (ACLS), May 28/ 2022 to May/2024.

Pediatric Advanced Life Support (PALS), February 01/2022 to February 2024.