

Brenda Ekstrand-Rauch

LPN Charge Nurse

Surprise, AZ 85379

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Work Experience

Charge Nurse LPN

Dreamcare LLC - Peoria, AZ

January 2022 to Present

Monitored high acuity and high needs clientele. Administered medications oral and via peg tube. Assisted DSB's with care. Reported to DON, Family and Physician any Behavioral, medication and physical changes, refusing care.

LPN Charge Nurse

Immanuel Campus of Care - Peoria, AZ

November 2020 to August 2021

Administering medications and Monitoring up to 30 patients. Notifying Director of Nursing, Physicians of Change in Condition of Residents. Supervising 3 CNA's to assure quality of care to residents. Charting, Administering Treatments, Admitting and Discharging, monitoring IV/PICC lines.

Staff LPN

Glencroft Care Center - Glendale, AZ

March 2019 to October 2020

Administering medications and Monitoring up to 30 patients. Notifying Director of Nursing, Physicians of Change in Condition of Residents. Supervising 3 CNA's to assure quality of care to residents. Charting, Administering Treatments, Admitting and Discharging, monitoring IV/PICC lines.

Wellness Nurse

Pacifica Senior Living - Paradise Valley, AZ

March 2018 to October 2018

Responsible for monitoring the health and medication administration of 86 residents. Assuring residents medications were ordered, verified, clarified and faxed to pharmacy. Supervising up to 10 Med Techs and 16 Caregivers, assuring staff maintained proper care to residents. Service Plans, Implementing In Service Training for Staff. Admitting/Discharging as well as, Intakes evaluation for possible new residents. Interacting with outside reps IE: VA, Dental, Hospice, Case Management, Optometry and Support Systems. Charting on all Change of Condition, Behaviors and New Admits.

LPN Charge Nurse

Desert Haven Care Center - Phoenix, AZ

March 2017 to December 2017

Charge Nurse for Behavioral unit, male and female. Administration of medications ie: Oral, Injections and IV/PICC line. Charting, behavioral monitoring, Wound Care, incident Reports and Assessments. Admitting and discharging, obtaining and completing new order's from Doctor's and NP's. Interacting with Doctor's,

NP's, family members and outside associates. Faxing and assuring medications are ordered in a timely matter.

Supervising up to 8 CNA's on shift to assure proper care to residents. Reporting labs and x-ray reports. MDS charting, Weekly reporting and Behavioral. Long Term Care, Alzheimer/Dementia, Memory Care, Skilled and Hospice.

Licensed Vocational Nurse

Horizon Post Acute and Rehabilitation - Glendale, AZ

March 2015 to December 2015

Assessed need for, ordered, obtained and interpreted appropriate lab tests.

Liaised between patients and physicians to ensure patient comprehension of treatment plans.

Instructed patients and family members on proper discharge care.

Closely monitored acute conditions.

Ensured HIPAA compliance.

Developed and implemented nursing care plans.

Developed patient care plans, including assessments, evaluations and nursing diagnoses.

Performed basic physical assessments of adults patients admitted to floor.

Ensured efficacy of treatments through monitoring of treatment regimens.

Followed infection control procedures.

Assisted patients with daily functions.

Monitored fluid intake and output levels.

Provided all daily living tasks to enhance quality of life for elderly patients.

Assisted residents with bathing, dressing, feeding, lifting and transferring.

Experience with various medical conditions including Parkinson's, Dementia, Diabetes, Cancer, Alzheimer's and Paget's disease.

Assisted doctors with wound and treatment procedures.

Collected blood, tissue and other laboratory specimens and prepared them for lab testing.

Scheduled patient admissions and discharges.

Strong leader for nursing personnel assigned to the unit/shift.

Performed vitals/glucose testing and assisted in administering injections and urinalysis.

Skillfully performed suture removals for patients of all ages.

Provided patient education.

Ordered and read lab tests, x-rays, MRIs, Ultrasounds, and EKGs.

Treated patients with strokes, head traumas, comas, and intracranial hematomas.

Provided behavioral/emotional support and supervision for those with dementia and Alzheimer's.

Accurately documented all elements of nursing assessment, treatments, medications, discharge instructions, and follow-up care.

Followed infection control procedures.

Took and recorded patients' temperature, pulse and blood pressure.

Assisted patients with daily functions.

Started, maintained IV's and administered medications. PICC line therapy medications.

Education

Diploma in Vocational Nursing in Vocational Nursing

United Health Careers Institute - San Bernardino, CA

June 1984 to June 1986

High school diploma

Chino High School - Chino, CA

September 1975 to June 1978

Associate's degree

Nursing Licenses

PN

Expires: April 2024

State: AZ

PN

Expires: April 2023

State: AZ

PN

Expires: June 2023

State: AZ

PN

Expires: April 2023

Skills

- CATHETER (10+ years)
- CLIENT RELATIONS (10+ years)
- CPR (10+ years)
- LPN (10+ years)
- Staff Nurse (10+ years)
- CPR certification (10+ years)
- IV Therapy (10+ years)
- EMR Systems
- Nursing
- Dementia Care
- Alzheimer's Care
- Memory Care
- Hospice Care
- Behavioral health
- Typing
- Infection Control Training
- Experience Administering Injections
- Medication Administration

- Patient Care
- Laboratory Experience
- Caregiving
- Leadership

Certifications and Licenses

PICC Line

Present

BLS Certification

LPN

Phlebotomy

June 1986 to Present

Phlebotomy to assure proper tubing used to obtain specimen for testing. always assuring sterile concept followed.

LVN

AED Certification

CPR Certification

Licensed Psychiatric Technician

Assessments

Electronic health records: Best practices — Familiar

May 2021

Knowledge of EHR data, associated privacy regulations, and best practices for EHR use
Full results: [Familiar](#)

First aid — Proficient

May 2021

Treating common medical emergencies
Full results: [Proficient](#)

Indeed Assessments provides skills tests that are not indicative of a license or certification, or continued development in any professional field.

Additional Information

Skills

catheter (10+ years), Client relations (10+ years), CPR (10+ years), CPR certification (10+ years),

Supervising (10+
years), Phlebotomy.