

## **AUTUMN CRISP, MSN, APRN- WHNP**

449 E. Arenas RD. Palm Springs, CA 92262

(216) 466-2424

autumn.crisp01@gmail.com

### **PROFESSIONAL SUMMARY:**

One year experience as a Womens Health Nurse practitioner with solid clinic experience in the following areas: obstetrics, gynecology, reproductive endocrinology/advanced reproductive technologies, family planning, menopause/hormone replacement therapies, osteoporosis, and preventative measures. Widely recognized as an excellent care provider and patient advocate. Demonstrated ability to lead and motivate teams that provide top-quality patient care. Superior accuracy in patient history, charting, and other documentation. Seeking an opportunity to grow as a Women's Health Nurse Practitioner utilizing my knowledge, experience, compassion and leadership skills attained from years in a successful nursing career.

### **CORE QUALIFICATIONS:**

- Experienced Women's Health Nurse Practitioner
- Comprehensive knowledge of evidenced based nursing practices
- Impressive ability to quickly assess patient needs, perform physical exams
- Proficient in prenatal, antenatal/high risk antenatal and postpartum care
- Exceptional capacity to multitask by managing competing priorities with ease while fostering delivery of superior patient care
- Effective critical thinking and problem-solving skills.
- Outstanding interpersonal and communication skills coupled with a high degree of emotional intelligence and cultural competency
- Proficient in the use of EMR McKesson, Meditech, Epic and Athena

### **EDUCATION & PROFESSIONAL LICENSURE:**

Kent State University: Kent, OH

Anticipated Graduation Date May 2021, Master of Science in Nursing (Women's Health)

The University of Akron: Akron, OH

May 2018, Bachelor of Science in Nursing

Stark State College: North Canton, OH

May 2015, Associates Degree in Nursing

Ohio, RN-418056, Ohio State Board of Nursing

Ohio, APRN.CNP.0029806, Ohio State Board of Nursing

California, RN-95274535, California Board of Nursing

California, APRN.CNP. 95020313 California Board of Nursing

Colorado, APRN.0996997-NP, Colorado Board of Nursing

## **PROFESSIONAL EXPERIENCE:**

**Advanced Women's Healthcare, Palm Springs, CA**

01/22-present

Women's Health Nurse practitioner

- Completes clinic visits, including well-woman exams and Paps, STI testing, family planning and birth control consultations, peri and postmenopausal care, and general gynecology.
- Frequently manages abnormal gynecological exams, including ordering imaging and lab work, performing biopsies, and referring when appropriate.
- Highly skilled in gynecological procedures such as Nexplanon and IUD insertions/removals, endometrial and vulvar biopsies, and basic pessary maintenance
- Provides prenatal counseling, obstetrical care and comprehensive postpartum care, teaching, and support
- Frequently manages obstetrical patients with general complications such as hypertension, gestational diabetes, preeclampsia, advanced maternal age, spontaneous abortions/miscarriages, preterm labor, depression, and anxiety
- Proficient with ultrasounds and non-stress test interpretation,
- Takes call once a week and every 6th weekend

**Trustaff Travel- Kaseman Presbyterian Hospital, Albuquerque, NM**

09/22- 12/22

Emergency Department

- Provider of direct patient care within a 22-bed emergency department.
- Collaborated with various ER professionals to ensure effective patient care.
- Applied expertise in prompt patient condition assessment on patient arrival at the ER during initial phases of acute illness or trauma.
- Monitored ER patients, including alerting physicians or charge nurses to changes in patient status, communicating with patients and their family members in a variety of traumatic situations.
- Performed medical procedures, such as EKG, venipuncture, cardiac monitoring, taking vital signs, urinalysis, UCG testing, or administering medications.
- Management of critically ill adults.

**Summa Akron City Hospital, Akron, OH**

10/19-09/21

Emergency Department

- Provider of direct patient care within a Level I trauma Center in a 76-bed emergency department with 10 triage rooms.
- Collaborated with various ER professionals to ensure effective patient care.
- Applied expertise in prompt patient condition assessment on patient arrival at the ER during initial phases of acute illness or trauma.
- Monitored ER patients, including alerting physicians or charge nurses to changes in patient status, communicating with patients and their family members in a variety of traumatic situations.
- Performed medical procedures, such as EKG, venipuncture, cardiac monitoring, taking vital signs, urinalysis, UCG testing, or administering medications.
- Management of critically ill adults.

**Metro Health Medical Center, Cleveland, OH**

10/18-10/19

Neuro Intensive Care Unit

- Provider of direct patient care in a busy 6 bed new neuro critical care unit. Patient population includes comprehensive stroke management, neurological disorders and post-op recovery.
- Management of critically ill adults requiring mechanical ventilation, multiple titrating drips including, insulin, heparin, pressors, sedatives, anti-arrhythmics, and administration of conscious sedation for bedside procedures; external ventricular drains management; IV and central line starts.
- Participate in daily rounds to collaborate with interdisciplinary team, ensuring patients receive optimum care to facilitate better health outcomes and results.

**Onward Medical Staffing, San Francisco, CA**

05/18-07/18

Providence Hospital, Columbia, SC

*Med-Surg Cardiac Telemetry Nurse*

- Provide acute & close monitoring of adults pre and post cardiac catheterizations.
- Collaborates with surgeons, cardiologists, nurse practitioners and other health care professionals to achieve optimal care.

**The Cleveland Clinic/Akron General Hospital, Akron, OH**

10/15-09/16

*Med-Surg Cardiac Telemetry Nurse (Both Full Time and as a PRN between travel nursing assignments)*

- Provide acute & close monitoring of adults pre-open-heart, acute & chronic disease for arrhythmias, MI screening, anticoagulation therapy, cardiac & peripheral diagnostic procedures, and cardioversion.
- Prepares patients for TEE, echocardiogram and stress testing.
- Works collaboratively with surgeons and cardiologists to achieve optimum patient care.
- Monitors & discontinues chest tubes and adheres to policies and procedures of wound care and drainage systems.
- Closely monitors effectiveness of IV drip cardiac medications.
- Diabetes Management: check blood sugar level and administer insulin and medications as necessary, ensured blood sugar level is under desired parameters, changed the dosage of diabetes medications as appropriate, assist physicians in treating diabetic patients, prepared educational programs for patients and prevent and treat diabetes mellitus.
- Effective patient and family advocate, educator, and communicator.

**Fusion Medical Staffing, Omaha, NE**

07/17-10/17

University of Nebraska Medical Center, Omaha, NE

*Solid Organ Transplant Unit*

- Provided healthcare to the patient receiving the organ during the transplantation process.
- Assessed patient health status through diagnostic procedures and tests, review of labs and other clinical indicators.
- Collected and maintained data required for patient care, researched and reported to OSH.

**Tulane Medical Center, New Orleans, LA**

10/16-06/17

*Neuro Intensive Care Unit*

- Provider of direct patient care in a busy 18 bed critical care unit. Patient population includes strokes, neurological disorders, post-op recovery.
- Management of critically ill adults requiring mechanical ventilation, multiple titrating drips including, insulin, heparin, pressors, sedatives, anti-arrhythmics, and administration of conscious sedation; external ventricular drains; IV starts; chest tubes.
- Participate in daily rounds to collaborate with interdisciplinary team, ensuring patients receive optimum care to facilitate better health outcomes.

## **CERTIFICATIONS and PROFESSIONAL DEVELOPMENT**

- BLS/ACLS Certified
- Nexplanon Certified
- TNAA Certified