Keisha Rochester

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Over twelve years of experience in the healthcare field. Extensive experience in patient care and the care management process. Knowledgeable on the Resident Assessment Instruments and Center of Medicare & Medicaid protocols. Ambitions include providing care to vulnerable populations and working within the field of nursing to promote health.

Work Experience

Certified Rehabilitation Registered Nurse

Our Lady of the Lake Regional Medical Center - Baton Rouge, LA July 2021 to Present

Provide safe therapeutic care in a holistic and systematic way, incorporating differences into the provision of care. Integrate knowledge, skills, and experiences to meet the needs of patients and families throughout the continuum to include patient and family education.

RN Charge Nurse/Interim Director of Nursing

ZACHARY MANOR NURSING HOME - Zachary, LA October 2019 to July 2021

- Supervising nursing staff and monitoring their needs.
- Overseeing patient admissions, transfers and discharges.
- Mentoring and training new staff and providing support and guidance to all staff members.
- Liaising with doctors and nurses and communicating any protocol changes to staff.
- Ensuring compliance with all health and safety regulations.
- Recording and maintaining accurate reports.
- Identifying issues or emergencies and responding in a calm and efficient manner.

ASSISTANT DIRECTOR OF NURSING

St. Francisville Country Manor - Saint Francisville, LA May 2019 to October 2019

Responsible for assisting the Director of Nursing with coordinating, planning and evaluating quality patient

care.

- Maintains accountability for nursing practice and delivery of quality patient care through collaboration with the DON, therapists and other nursing staff on a daily basis.
- Shares information about the disease processes of patients with providers to achieve quality outcomes on a daily basis.
- Implements a plan of care based upon recognized functional needs/problems and modifies the plan of care as needed.

CLINICAL CARE COORDINATOR

Zachary Manor Rehab - Zachary, LA May 2015 to May 2019 Coordinated and oversaw the full collaborative, interdisciplinary assessment and care planning process in Skilled Nursing Facilities. Collection and transmission of data for Quality Improvement and maintained adherence to the Minimum Data Set (MDS) and Resident Assessment Instrument (RAI) requirements. Completed electronic submission of required documentation to the State database and other entities per company policy.

- Developed, coordinated, and ensured accurate plan of care was given to all residents
- Composed care plans and ensured that staff followed protocols to guarantee quality of care to all residents within the facility.

CHARGE NURSE LPN

Zachary Manor Rehabilitation Center - Zachary, LA August 2012 to May 2015

Provided quality nursing care to Residents and coordinated total nursing care while implementing specific procedures and programs. Determined work procedures and expedited workflow. Ensured compliance with all operating policies and procedures, Louisiana Department of Health and Hospitals regulations and Federal Health Care Administration regulations. Periodically reviewed the department's policies and procedure manuals, job descriptions, and made recommendations for revisions.

- Responsible for overseeing approximately four nurses to ensure compliance with the company's P&P.
- Liaison between Staff Nurses and six (6) Physicians to communicate orders, new concerns, and updates while assisting in the interview process for hiring potential employees.

LICENSED PRACTICAL NURSE

Lakeview Manor Nursing Home - New Roads, LA January 2008 to August 2012

Supported Providers (Physicians, Nurse Practitioners, and Physician Assistants) in the provision of Patient care. Obtained and recorded vital signs, discussed chief health concerns, performed testing and administered injections. Composed accurate and precise documentation. Conducted reassessment of patients for the provision of quality care and implementation of patient specific treatment plans.

- Oversaw the duties on multiple Certified Nursing Assistants
 Performed IV insertions, administer medication, and perform tracheostomy care, and assist with activities of daily living as required.
- Provided nursing care to approximately thirty patients in a skilled nursing facility.

Education

Bachelor of Science degree in Nursing

Franciscan Missionaries of Our Lady University - Baton Rouge, LA $\,$ May $\,2019\,$

Master of Science degree in Public Health

University of New England - Portland, ME 2015

Bachelor of Science degree in Human Medicine

Our Lady of Lake College - Baton Rouge, LA

Skills

• RN

Certifications and Licenses

Certified Rehabilitation Registered Nurse

January 2022 to Present