sabarnes6@gmail.com

## **Employment History**

## Tacoma General Hospital

Tacoma, Washington

August 2020-present

Cardiac Charge Nurse on CCU unit

- Supervising 14 or more individuals for a 12-hour shift, while communicating with the bed planner, house supervisor and other units for organizing safe patient movement.
- Created a positive work with open communication, while facilitating proper use of policy and procedure for both staff and patient safety.

#### **Travel Nurse Across America**

Antioch, Ca/Tacoma, Wa

Jan 2019- August 2020

Float Nurse- CCU, Telemetry, Med-surg, ED, PHU, ICU at Sutter Delta and Tacoma General

- Direct patient care ranging from the emergency room to the CCU floor using medication administration, wound care, patient education, communication, and task prioritization.
- Admitting and Discharging patients in a consistent manner holding to the standard of the hospital.

## St. John's Regional Medical Center

Ventura, Ca

Nov 2015- Dec 2018

Telemetry and IMC RN

- Direct patient care with administering medications, symptom assessment and task prioritization.
- Charge Nurse supervising 10+ nurses, CNA's and technicians for 12-hour shifts.

**Red Robin** 

Simi Valley, Ca

July-Nov 2015

- Serving 15+ customers at a time while prioritizing and timing food delivery and quality
  - Communicating with both managers, cooks and other staff to create a well-organized environment.

**Limon Latin Grill** 

Simi Valley, CA

March 2015-July2015

- Restocking Bar with liquor, beer and other needed resources while making drinks for customers at the bar and restaurant
- Handling money with integrity and doing all end of day reports

#### Kadalyst

Portland, OR

Per Diem Medical Screening Technician

Jan. 2015-Feb 2015

- Screened blood pressures, weight, height, blood sugars, BMI, etc.
- Patient education, finger sticks and blood draws.

# Chili's Bar and Grill

Palmdale and Encino, CA

Food Server Dec. 2011-Nov. 2013

- Handled the setup, service and daily operations of table serving clientele, tourists and business travelers.
- Entered orders into point of sales system while conducted daily inventory; and perform heavy cash handling and reconciliation functions.

#### Certifications

American Heart Association BLS and ACLS Certified

Child Abuse Mandated Reporter Certified

LVAD RN certified

Suicide Awareness Certified

NIH Stroke Certified

#### **Volunteer Work**

*Suicide Awareness Hope Project-* Brought awareness to students and general population on dealing with signs of suicidal ideology, warning signs and prevalence of suicide in the community.

CHLA Flu Shot Clinic- Administered flu shots and nasal mists to CHLA employees.

*Kidney Disease Awareness Walk-* Assisted kidney failure patient's during walk, designed t-shirts for event, and help to facilitate organization of patients and their families for the run.

# **Education**

California State University Northridge	2013-2014
B.S.N., GPA 3.87	
Antelope Valley College	2011
Microbiology	
Clark College	2006-2009
Phlebotomy	
Point Loma Nazarene University	1999-2004
BS in Psychology, GPA 3.038	
ACLS	2021-2023
BLS	2021-2023