#### ARREY AYUK

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# **Registered Nurse**

Compassionate Nurse with 6 years of experience in various health care settings. My nursing style blends professionalism, teamwork and the ability to truly individualize the patient care experience. Ensuring effective communication with staff and patient families thereby, enhancing continuity of care. As an effective team player, I can be a great resource to every health care team I work with.

#### AREAS OF EXPERTISE

- Acute care
- Home care
- Long term care
- Ambulatory Nursing

### **EDUCATION**

Associates of science in Nursing

. Rasmussen University, Orlando Florida

### PROFESSIONAL EXPERIENCE

#### **Novant Health**

# Medical Surgical Registered Nurse 01/2022 - Current

- Collecting, assessing and monitoring patients' vital signs.
- Monitoring patients pre- and post-surgical procedure.
- Establishing IV access.
- Telemetry monitoring.
- Medication via IV/PO/SQ/IM and transdermal.
- Monitor and recorded input and output in patients with renal failure, gastroenteric, and cardiac conditions.
- Oral suctioning.
- Surgical Wound care.
- Enteral feeding administration.
- Lab draws /specimen collection. Following up on results and reporting critical values to physician.

#### Atrium health RN

### **Medical surgical unit 10/2021- 01/15/2021(Contract)**

- EMR: Epic, Cerner Beds: Ratio: 5
- Assessing patient condition and reporting changes to physician in a timely manner.
- Taking vital signs.
- Starting IV lines and administering parenteral therapy.
- Wound dressing changes/care.
- Following up labs and implementing new orders.
- IV, IM, topical, transdermal, subcutaneous and Oral medication administration
- EKG monitoring
- Enteral feeding administration and management.
- Tracheostomy care and management.

#### **Intellichoice Home Health**

#### Field Nurse 2018 - 2021

### LPN (Field Nurse)

- Vent care: logging, trouble-shooting, cleaning, safety, circuit changes.
- Trach cares: Insertion, maintaining patency, cleaning, dressing changes, stoma cares.
- Airway management: Resolving mucus plugs, saline bullet instillation, trach changes, nebulizers, suctioning.
- Medication administration and Glucose checks.
- Safe oxygen use: administration, saturation checks, humidification, tank refills.
- Safe use of compression vest and cough assist.
- Feeding: Kangaroo and Infinity pumps, bolus feedings, calorie management, manual venting.
- Skin care: Head to toe assessments, maintaining skin integrity, preventing skin breakdown and staging wounds, dressing changes.

• ADL's: Feeding, hydration, range of motion exercises, voiding, repositioning/transfers.

### Southminster Senior Living, 08/2017 - 04/2020

#### **LPN Floor Nurse**

- Report changes in resident health status to doctor, in a timely manner, per facility protocol.
- Daily assessments: vital signs, skin checks, glucose checks.
- Medication administration: IV, IM, SC, pills, patches, creams, suspensions.
- Delegation of staff to subordinate care-givers/ schedule management.
- Catheterization: indwelling and straight catheter insertion and cares.
- Dementia care: Conflict management, wonder guard monitoring, alarms.
- Acute care: post-surgical management, dressing changes, suture removals, IV therapy.
- Receiving and directing phone calls, attending to family members, resident chart updates.
- Setting up clinic appointments for residents with out-of-facility providers.

# Sanford Medical Center, 06/2015 – 07/2017 Outpatient /Ambulatory Nurse

Working under the leadership of Physician and Nurse practitioner:

- Rooming Patient's and checking vitals.
- Specimen collection.
- Vaccine & injection administration.
- Ear lavage.
- Gathering supplies and setting up rooms for medical procedures.
- Patient education/ visit summary.
- Effective communication with patients and team members.
- Blood draws.
- Prior authorizations.
- IV management.
- Clerical functions (faxing, phone calls, mail processing).

#### **Technical skills**

- Microsoft office (PowerPoint, word, excel, outlook, access)
- Home care home base
- Cerner
- Point click care
- Epic

# **REFERENCES**

### **Novant health**

Mariyah Lindsay Tel:704- 316-4000

### **Atrium Health**

Latonya Renee 912-438-0668

Inger Jackson Tel:336-491-3814

#### **Intellichoice Home Health**

Shawn Hays (Branch Manager) Tel:704-809-5111

Earline McCain (Intake Coordinator) Tel:980-439-6795

Andrea Long (Team RN) Tel:936-615-7392

# **Southminster Senior living**

Carmina Allegria (DON) Tel:(704) 551-6800

Pooja Patel (Supervisor) Tel:704-618-3979

Michael Diaz (co-worker) Tel:980-214-4862

### **Sanford Medical Center**

Jane Jhelden (Unit manager) Tel:701-237-2261

More references available upon request.