

Carley Rupert

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As an experienced medical professional, I would like to utilize my extensive clinical experience, vast knowledge of clinical subacute care, and ability to develop professional relationships in advancing my career in providing quality care for the most optimal patient outcomes. I want to continue to expand my knowledge and skill set with continuous education in a skilled patient care setting.

I enjoy hiking, exercising, living a healthy lifestyle; I also enjoy family, education, developing leadership skills, learning new subjects related to different non pharmacological aspects of health care. Socializing with friends and meeting new people.

Work Experience

Certified Wound and Ostomy Nurse

Lutheran Medical Center

May 2021 to Present

Provide direct patient care and education to those with altered/impaired skin integrity, ostomies and incontinence management congruent with defined standards of practice. Provide education for staff development and recognizing ongoing opportunities to initiate new clinical modalities based upon expert knowledge, competency and new Evidence based practice in wound care. Assessment, implementation and evaluation of current wound care treatments to broad spectrum of patient population that presents with chronic/acute wounds in an acute care setting. Referrals and resources integrated in patient care to optimize wound/ ostomy patient outcomes.

Rehabilitation RN Ensign Englewood post Acute Rehab

November 2017 to October 2021

Employed as a Registered nurse of skilled nursing rehab. bed facility with 1:21 nurse to patient ratio. High volume SNF with multiple admissions and discharges per day. Job duties include: direct patient care, collaboration with an interdisciplinary team to provide quality care. Administer daily medication, complete treatments, assess and notify MD of change of conditions, patient family education on current diagnoses. Transcribe orders, interpret and report diagnostic reports. complete admissions and discharges. In this environment I utilized my skills to care for complex wounds, Trachs, IVs, dialysis patients and many different patient needs based on complexity.

Registered Nurse

Care Meridian LTAC/SNF

March 2020 to May 2021

Acute/subacute care of long term and skilled patients with medical complexities that include: spinal cord /brain injury due to trauma or long term autoimmune debilitating disease, heart disease and substance abuse. patient ratio of 1:8-10 patients. Job duties include: patient assessment, health care plan implementation, change of condition, doctor/ nurse communication. Accessing resources to best care for the population through assessment and implementation of care. Administration of daily medications, head to toe assessments, wound treatments, transcribe and implementation doctors orders,

lab draws, TPN, G-tube, vent/trach care, staff and patient/family education, close communication with an interdisciplinary team to ensure most adequate care of the patient population.
Charge nurse rotation to manage all units with questions and concerns of staff and patients.

Wound Care Nurse

ADON/ MDS

October 2018 to May 2019

completed MDS for the building, supplies ordering and stocking, Wound care RN of the building. on call rotation every other week. participate in direct patient care, delegation to floor staff of responsibilities, continuous education and regulation change education to floor staff, audit new orders, patient change of condition, coordinate care with MDs to assess resident immediate needs. implement interventions to ensure quality of skin integrity and weight changes to prevent skin break -down. Participate in Psych/ pharm, medication reconciliation with resource pharmacists. Coordinate and arrange follow up appointments for LTC and skilled residents. I participate in care conferences and morning meetings to meet patient needs and make changes in care according to new baselines and concerns.

Director of Nursing

Sloans Lake rehab

July 2017 to November 2017

Currently employed as Director of nursing of 42 bed skilled facility with short term sub -acute population. Oversee nursing department, continuous staff educations on daily aspects of care and policy and regulation changes per state and federal implementation. Staffing coordinator/developer. Audit and educate/counsel staff on patient documentation and cares. Coordinate care with other IDT members for the most desired patient outcomes. Collaboration patient care with ancillary services and outside vendors to reach most optimal results for patient needs. Maintain all clinical systems and assess building's strengths/weaknesses to improve overall patient satisfaction.

Assistant Director of Nursing

Englewood Post Acute and Rehabilitation/Sloans lake rehab/ Littleton care and Rehab. (Endura/Ensign)
- Sloans Lake, CO

July 2015 to July 2017

Employed as the Assistant director of nursing in a LTC/ Skill facility. In this position I implemented and educated on state policy and regulation to provide the standard of care to residents in both long-term care and skilled setting.

Assisting the Director of licensed and non-licensed personnel who provide nursing services to Sub-Acute Residents. In this role I was acting infection control nurse, Staffing developing coordinator, clinical care coordinator, WCC certified.

Registered Nurse

Sloan's Lake Rehabilitation Center - Denver, CO

August 2013 to July 2015

(Endura/Ensign)

Employed as a Registered nurse of skilled nursing rehab. A 42 bed facility with 1:21 nurse to patient ratio. High volume SNF with multiple admissions and discharges per day. Job duties include: direct patient care, collaboration with an interdisciplinary team to provide quality care. Administer daily medication, complete treatments, assess and notify MD of change of conditions, patient family education on current diagnoses. Transcribe orders, interpret and report diagnostic reports.

Education

Bachelors of Science in Nursing

Methodist College of Nursing and Allied Health - Omaha, NE

May 2012

Diploma in Omaha, Nebraska Boystown

May 2007

Skills

- BSN RN
- CWON
- BLS CPR
- MDS RAC-CT
- Acute care setting
- Experience as an DON/ADON
- Subacute skilled care/ Long term care RN
- MS Long Term Care RN supervisor
- LTAC: long term acute patients

Certifications and Licenses

RN License

RAC-CT

Certified Wound, Ostomy Nurse

May 2022 to May 2027