



CRYSTAL CORBETT

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Summary

Caring, hardworking and service-oriented Registered Nurse with more than 2 years of **psychiatric** experience. Well-versed in offering evidence-based, therapeutic care for patients dealing with **mental** and **medical** disorders. Collaborative and motivational leader with expertise in training new nursing staff while providing top-notch service to **the psychiatric** patient populations.

Motivated certified surgical technologist adept at handling instruments, supplies, and equipment for non-invasive to minimally invasive procedures. Well versed in all operating room activities with a commitment to upholding the highest standard of sterile technique during procedures. Excited to bring 6-year background to growing organization.

Skills

- Unit administration
- Medical screening
- Patient monitoring
- **[Disease]** treatment expert
- Psychiatric and Mental Health Care
- Geriatric treatment knowledge
- Patient education and counseling
- Medication administration expert
- Preparing for procedures
- Follow-up calls
- OR and ER experience
- Medication and IV administration
- Sterilization techniques mastery
- Culturally sensitive
- Medical assessment
- Long-Term Care
- Infectious disease control
- Monitoring vital signs
- Direct and Indirect Patient Care
- Acute and rehabilitative care
- Disease management programs
- Patient Care
- Staff Development and Precepting
- Patient care planning
- Diabetes management
- Administering medicines
- Flow sheet charting
- Patient Management
- Intake and discharge
- Documenting vitals

Experience

Crestwyn behavioral health |
Germantown, Tn

Registered Nurse

11/2020 - Current

- Monitored and recorded patient condition, vital signs, recovery progress and medication side effects.
- Administered medications, tracked dosages and documented patient conditions.
- Coordinated care with physicians and other clinical staff to prepare for treatment, carry out interventions and enhance continuum of care to deliver comprehensive services.
- Boosted patient outcomes by prioritizing nursing tasks and assignments and accurately reporting on each patient's status.
- Assessed patient health needs by reviewing and tracking EKG readings to address telemetry readings and quickly inform teammates on stability or acuity changes.
- Facilitated patient flow during emergency situations, directing evacuations, admissions and transfers.
- Trained and mentored new RNs on best practices, hospital policies and standards of care.

Delta specialty hospital | Memphis, TN
Registered Nurse
09/2019 - 11/2020

- Guided therapeutic communication, conflict resolutions and interventions by deflecting undesirable behaviors to assist patients with developing and amplifying coping skills.
- Trained new RN hires and ancillary staff members to meet patient service goals, champion standards of care and improve patient overall satisfaction.
- Administered oral, intramuscular and IV medications to patients and monitored responses.
- Oversaw patient admission and discharge processes to coordinate efficient movements and related paperwork.
- Set up trays, supplies and sterile fields for office procedures.

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- Administered medications, tracked dosages and documented patient conditions.
- Coordinated care with physicians and other clinical staff to prepare for treatment, carry out interventions and enhance continuum of care to deliver comprehensive services.
- Boosted patient outcomes by prioritizing nursing tasks and assignments and accurately reporting on each patient's status.
- Facilitated patient flow during emergency situations, directing evacuations, admissions and transfers.
- Advanced nursing competencies through participation in simulation exercises and practice improvement projects.
- Trained and mentored new RNs on best practices, hospital policies and standards of care.
- Guided therapeutic communication, conflict resolutions and interventions by deflecting undesirable behaviors to assist patients with developing and amplifying coping skills.
- Assessed patients' response to treatment and suggested ways to combat side effects.
- Oversaw patient admission and discharge processes to coordinate efficient movements and related paperwork.
- Administered oral, intramuscular and IV medications to patients and monitored responses.
- Reached out to patients to convey lab results and provide care instructions.
- Trained new RN hires and ancillary staff members to meet patient service goals, champion standards of care and improve patient overall satisfaction.
- Answered patient questions and provided take-home materials for further information.
- Conducted patient assessments and diagnostic tests to provide physician with important patient health information.
- Completed daily chart audits and assessed clinical records to verify accuracy, evaluate performance against goals and check for appropriate education of patients and families.

Regional One Health | Memphis, TN
Certified Surgical Technologist
07/2016 - 09/2019

- Set up equipment, tools and supplies needed for procedures and organize instruments as directed in surgeons' preference cards.
- Handed instruments and supplies to surgeons during procedures.
- Collected and prepared tissue specimens for laboratory analysis.

- Counted and recorded sponges, instruments, and needles at beginning and end of surgical procedures.
- Used hemostatic clamps, suture ligatures, and electrocautery equipment to control bleeding.
- Used retractors, sponges and suctioning and irrigating equipment to create unobstructed operating fields.
- Cleaned and sterilized operating rooms.
- Closed wounds using sutures, staples and other tools.
- Facilitated invasive, non-invasive, and minimally-invasive procedures by creating safe and functional operating room environments.
- Performed various tasks, which included assisting with reductions and administering pain injections.
- Assisted surgeon with patient preparation for total joint replacement procedures.
- Maintained reusable surgical instrumentation and equipment, including decontamination, cleaning, sterilizing, storing and distributing.
- Reviewed surgical requirements and prepped operating room with appropriate tools, equipment and instruments.
- Trained [Number] staff members on operating room procedures, infection control and over safety and functionality procedures.
- Effectively supported surgeons in fast-paced healthcare environments, resulting in better patient care and less pain medication post-surgery.
- Adhered to OSHA protocols when sterilizing instruments, discarding medical supplies and disposing of waste.
- Laid out all instruments, supplies and tools as directed by surgeons.
- Adhered to infection control standards and reported any hazards.
- Organized and maintained unobstructed operative fields to foster immediate access to retractors and suctioning and irrigation equipment.
- Organized equipment and instruments in alignment with surgical protocols and surgeon preferences.
- Cleaned and sterilized surgical sites and managed supply inventory and organization.
- Sterilized medical equipment and properly handled contaminated materials.
- Collaborated with vendors and service providers to coordinate required services and equipment.

Lakeside Behavioral Health | Bartlett , Tn
Mental Health Technician
 09/2014 - 11/2016

- Documented patient interactions in compliance with HIPAA requirements.
- Supported patients by identifying and addressing mental health challenges.
- Verified appropriate clinical information is communicated when patients are referred to specialists.
- Verified patient health history and contact information for chart accuracy.
- Conducted 15-minute and unscheduled checks on patients, immediately responding to hazardous incidents or crises to maintain safe milieu.
- Provided excellent service to patients through personable communication.
- Accurately documented all observations, interventions, and concerns in patient charts and electronic systems, sustaining continuum of care from admission through to discharge.
- Communicated with clients and families in professional and respectful manner, effectively building lasting relationships.

Education and Training

Concorde Career College | Memphis , TN
Associate of Applied Science in Nursing
10/2018

Concorde Career College | Memphis , TN
Diploma in Surgical Technology
06/2014