

KRISTINA AMMERMAN

PROFESSIONAL SUMMARY

Registered Nurse with 16 years clinical experience, 15 years in labor and delivery, post-partum, newborn nursery/NICU; 4 years experience in the operating room as an RN circulator, PACU RN experience, and recent medical/surgical experience with COVID patients during a pandemic. Looking for a position that offers many challenges, learning opportunities, the potential for career advancement, and a professional staff support system.

CERTIFICATIONS & LICENSES

BLS – Exp 09/2022 ACLS - Exp 06/2022
Michigan RN License #4704299250, Exp 06/13/2024
Florida RN License #RN9574753, Exp 04/30/2023
Hawaii RN License #RN-101883, Exp 06/30/2023
Oregon RN License #202113305RN, Exp 04/27/2023
South Dakota RN License #R055551, Exp 04/27/2023
Washington RN License #RN61278473, Exp 04/27/2023
Wisconsin RN License #259055-30, Exp 02/29/2024

PROFESSIONAL EXPERIENCE

April 2022 – Jul 2022 Overlake Medical Center, Bellevue, WA
Registered Nurse, Travel Position – Operating Room Circulator

- Circulate for general, ortho, neuro, vascular, urology, gyne, and robotics cases

Nov 2021 – Mar 2022 St. Mary's Medical Center, West Palm Beach, FL
Registered Nurse, Travel Position – Operating Room Circulator

- Circulator in the highly specialized orthopedic Kimmel OR performing procedures such as limb lengthening, correction of congenital deformities, scoliosis corrections, clubfoot corrections, and some total joint and arthroscopic procedures

Sept 2021 – Nov 2021 Blake Medical Center Bradenton, FL
Registered Nurse, Travel Position – Operating Room Circulator

- 11 bed trauma level II operating room; ortho, neuro, gyne, heavy robotics

Mar 2021 – August 2021 Marshfield Medical Center Marshfield, WI
Registered Nurse, Travel Position – Operating Room Circulator

- Assess patients in pre-op ensuring questions are answered and paperwork is complete. Prepare operating room with appropriate equipment for procedure in a teaching hospital. Assist anesthesia with sedation. Monitor sterility, anticipate needs, and work collaboratively with other team members in providing safe and efficient patient care. Specialize in areas of general, gynecology, urology, vascular and robotic surgeries.

Dec 2020 – Mar 2021 Sacred Heart Hospital Eau Claire, WI
Registered Nurse, Travel Position – Medical/Surgical Nurse

- Assess and manage needs of patients on busy cardiology and neurology units. Managed patients at a 1:5 ratio, accurately completing physical assessments, administering medications, providing pre- and post-op preparation, education, and care, assessing signs and symptoms indicating changes in patient conditions, documenting in electronic medical records, working in collaboration with physicians, patient care technicians, and other departments to provide excellent patient care.

June 2020 – Dec 2020 Dickinson County Hospital Iron Mountain, MI
Registered Nurse, Travel Position – Operating Room Circulator/ PACU

- Assess patients in pre-op area ensuring questions are answered and paperwork is complete. Prepare operating room with appropriate equipment based on discipline and surgical procedure. Medicate patients in pre-op area prior to procedure. Assist anesthesia with sedation of patient. Monitor sterility during procedures, anticipate supplies needed, collaborate with team to provide safe and efficient care of the patient. Accurate and timely charting in electronic medical record. Perform airway assessment and management, cardiac and pulse oximetry monitoring for the patient in the immediate post-operative period. Manage post operative pain and surgical sites.

April 2020 – May 2020 Roosevelt Island Medical Center New York, NY
Registered Nurse, Crisis Nurse Position - Medical/ Surgical Nurse

- Managed needs of chronic and acutely ill patients, administering medications to treat symptoms and address underlying disease progression. Cared for all COVID positive patients using proper PPE and strong infection control procedures to protect patients. Monitored and reported on assessments, vital signs, and changes in conditions to maintain optimal outcomes. Guided and educated patients on diagnoses, disease management, preventative measures, medication use, and self care.

November 2019- February 2020 Hurley Medical Center Flint, MI
Registered Nurse, Travel Position – Operating Room Circulator in trauma hospital

- Assess patients in pre-op area, ensure questions are answered and paperwork is complete before entering operating room. Maintain patient privacy and act as patient advocate. Prepare operating room with appropriate equipment, monitor sterility during procedures, and anticipate supply needs. Quickly and efficiently prepare for trauma surgical patients arriving for surgery. Work in collaboration with other departments to facilitate the care and transfer of trauma patients.

2018 – present McLaren Northern Michigan Hospital Petoskey, MI
Registered Nurse - Operating Room Circulator

- Address patients in the pre-operative setting ensuring questions are answered and all paperwork is appropriate and complete prior to the patient entering the operating room. Assess the patient's emotional and physical needs and provide comfort, assurance, privacy, and dignity during a vulnerable time for them and act as their advocate. Prepare the operating room with appropriate and anticipated equipment based on each discipline and surgical procedure. Assist anesthesia with sedating the patient. Accurately and timely document in an electronic medical record. Monitor the staff and occurrences in the operating room to ensure sterility

is always maintained. Anticipate and provide supplies needed during surgical procedures. Collaborate with team members to provide safe and effective care of the surgical patient. Handle the disposition of specimens accurately and timely. Hold a strong attention to detail. Account for instruments, sharps, and sponges before, during, and after surgery.

2019 – present McLaren Northern Michigan Hospital Petoskey, MI
Registered Nurse – Labor & Delivery/ Postpartum

- Work closely with Obstetricians caring for women in the intra and postpartum period. Appropriately monitor, interpret, report, and act upon fetal monitoring and contraction patterns. Assist laboring patients with effective breathing techniques and pain control. Perform sterile vaginal exams, initiate IV's, assess mothers and newborn infants, assist with breastfeeding, maintain patient privacy and dignity, and keep patients and families updated. Assess patients in the postpartum period with caring for their newborn, provide teaching and education, perform 24 hour testing on infants, as well as any other duties assigned.

2013 – 2018 St. Mary's Hospital Grand Rapids, MI
Clinical Supervisor/ Charge Nurse/ Staff Nurse – Labor & Delivery

- Effectively manage birth center floor on the pm and overnight shifts. Two eight hour shifts as administration and two twelve hour shifts as charge nurse per week. Plan staffing for day shift and make alterations in staffing depending on unit census; have crucial conversations when appropriate; be fiscally responsible; be an available resource and leader for fellow co-workers; implement and organize new initiatives and educate employees on changes; research for new initiatives; handle assigned duties and projects by manager; involvement on committees in the hospital. Works closely with Obstetricians, residents, and medical students to provide excellent care to ante-, intra-, and post-partum patients and their babies in a level III setting. Responsibilities include: management and support of patients in labor, assisting laboring patients with effective breathing techniques and pain control methods, interpretation of fetal heart rate monitoring and uterine contraction patterns, performing sterile vaginal exams, safe management of high-risk patients, circulating in cesarean sections, initiating IV's and blood draws, assessment of mother and newborn infant, computerized charting, assisting mothers with breastfeeding, delegation of tasks to appropriate personnel, providing excellent and safe customer relations, keeping patients and families updated on plan of care, providing patient education.

2005 - 2013 Rush-Copley Medical Center Aurora, IL
Registered Nurse

- Work closely with Obstetricians to maintain safe and efficient care of ante-, intra-, and post-partum patients and their babies in a level III setting. Responsibilities include: management and support of patients in labor, assisting laboring patients with effective breathing techniques and pain control methods, interpretation of fetal heart rate monitoring and uterine contraction patterns, performing sterile vaginal and speculum exams, management of high-risk patients (pre-term, pre-eclampsia, etc.), assisting anesthesia with administration of epidural care, circulate in O.R. for cesarean deliveries, tubal ligations, and D&C's, initiating IV's and blood draws, assessment of mother and newborn infant, computerized charting in two different systems, assist mothers with breastfeeding, float to NICU when needed caring for infants with NG tubes, IV's, and EKG monitoring, delegating tasks to auxiliary staff as needed, providing

excellent customer relations keeping patients and families updated on plan of care and providing patient education.

EDUCATION

2006-2008 Aurora University Aurora, IL
Bachelor of Science in Nursing

2002 - 2005 Waubensee Community College Sugar Grove, IL
Associate Degree of Applied Science in Nursing

- Member of Phi Theta Kappa; involved in Waubensee Student Nurses Association

REFERENCES

Saundra May – Clinical Supervisor General Surgery
McLaren Northern Michigan Hospital Petoskey, MI
248-854-6278

Nathan Hansen – Operating Room Manager
Blake Medical Center Bradenton, FL
941-792-6611

Katherine Saunders – Operating Room Manager
St. Mary's Medical Center West Palm Beach, FL
561-315-9219

Additional References Available Upon Request